

EFFECT OF CURING ON THE QUALITY OF BEEF AND BUFFEN

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Abstract

The study was conducted to investigate the effect of curing on the quality of beef and buffen and also to find out the relationship between the quality of beef and buffen with their storage time. Six treatments of which three from beef were taken as dry salt cured beef (A₁), dry sugar cured beef (A₂), brine cured beef (A₃) and three from buffen as dry salt cured buffen (A₄), dry sugar cured buffen (A₅) and brine cured buffen (A₆). These samples were cured at room temperature for 10 days and then dried. The dried sample was stored for 120 days and analyzed on first day, 30th day, 60th day and 120th day. The quality of cured meat samples were studied by chemical analysis. All the samples were acceptable up to the end of the storage time. Dry matter, ash, crude protein and ether extract of all the samples decreased gradually with elapse of storage time. The initial (0 day) dry matter, ash, crude protein and ether extract content of the samples were ranged from 98.00-99.10%, 13.07-15.33%, 75.01-81.07% and 3.70-5.50%, respectively and at the end of 120 days of storage the dry matter, ash, crude protein and ether extract content of the samples ranged from 89.50-90.50%, 12.80-14.802%, 73.68-74.97% and 3.35-4.25%, respectively. Statistical analysis indicated that with the elapse of storage time quality parameters of meat samples decreased significantly (P<0.01). Quality parameters also varied among the samples. A significant difference exists in species when considering the value of fat. The relationship between the quality of beef and buffen shows that dry matter and crude protein are highly significant (P<0.01), ether extract is significant (P<0.05) and ash was statistically not significant with their storage times. Although the values are non significant, the loss of protein was lower in brine cured meat than other sample. It may be concluded that, brine curing could be a useful technique for beef and buffen preservation.

Key words: Curing, Beef, Buffen, Preservation

Introduction

Curing is one of the suitable methods of meat preservation. It is simply to preserve meats using salt or a salt brine, with or without spices, sugar, nitrates, and other ingredients. In Bangladesh, the process of curing can easily perform by the village women who are mostly illiterate and have no scientific knowledge about its quality. Water inside the meat spells trouble, it spoils everything and eliminating it by salting and drying allows meat to be stored for longer periods of time. In its simplest form is adding

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salt in the right concentration to meat and drawing moisture out of it what subsequently destroys or inactivates the growth of microorganisms (FAO, 1994). Briefly, curing results from the combined actions of salt, sugar, and nitrate (sodium nitrate or saltpeter) on the meat. Salt inhibits the growth of bacteria and, in some meat products, works best with nitrate. Sugar adds flavor and helps reduce the harshness of salt in cured meat. Sugar also acts as an energy source for useful bacteria in making some cured products. Potassium nitrate (salt peter) or sodium nitrate kills dangerous bacteria in the cured meat, gives cured meat its characteristic flavor and reddish-pink color, and helps prevent rancidity. So, the proper curing techniques are essential considering the environmental condition and places in our country, which will provide the nutrient contents and other factors that are associated with the quality of meat in a good amount and proportion. Using proper curing method of preservation it would be possible to control spoilage of meat, to preserve surplus meat and to increase shelf life of meat (Akbar, 2008). Curing is the suitable method for preservation for future use, unfortunately there is no baseline information on the suitable method of meat preservation of Bangladesh. Based on the present need of the country, study is needed to determine the relationship between storage time and different parameters of cured beef and buffen. The present study was, therefore, undertaken to find out the effect of curing on the quality of beef and buffen.

Materials and Methods

Collection and sample preparation

Raw and boneless buffen and fresh and boneless beef was bought from the butcher shop and then brought into the laboratory for processing. Then Six samples of beef and buffen were prepared for this experiment. All visible fat, bone and connective tissue were trimmed off as far as possible with the help of knife and the sample was cut into small pieces. Buffalo meat and cattle meat were divided into two parts each differently which were equal in amount. For the preparation of treatment, one part of beef as well as one part of buffen was washed properly with clean water and made water free by pressing with hand. Meat piece of all parts of animal were mixed thoroughly for sample preparation. For this purpose six treatments of which three from beef were taken as dry salt cured beef (A_1), dry sugar cured beef (A_2), brine cured beef (A_3) and three from buffen as dry salt cured buffen (A_4), dry sugar cured buffen (A_5) and brine cured buffen (A_6).

Curing agents and duration

Sodium chloride, sugar, potassium nitrate and distilled water were used as curing agents. The reagents weighed at different level as 8% salt and 0.125% potassium nitrate for dry salt curing; 8% salt, 2% sugar and 0.125% potassium nitrate for dry sugar curing and 8% salt, 2% sugar, 0.125% KNO_3 and 59.5% water for brine curing. All the samples were subjected to curing in the month of summer when relative humidity was

65-70 % for 10 days at normal room temperature. Stored samples were observed at 0, 30, 60 and 120 days at 120 days of total storage period.

Dry salt, sugar and brine curing

Salt, sugar, KNO_3 and water were mixed with the meat samples. After proper mixing the samples were taken into 6 separate jars for beef and buffen. Daily intercultural practices such as moving, enclosing and opening the cover, stirring of meat pieces were done everyday. At 10th day, all samples were removed from the jar and dried them into the oven at 55°C until the moisture was completely removed.

Storage of the sample

The samples were stored in polyethylene bags separately. Then the samples were stored at room temperature during 120 days of experimental period for further analysis.

Proximate composition

Proximate composition analysis such as moisture, ether extract, crude protein and ash were carried out according to the methods (AOAC, 2003) with certain modifications.

pH measurement

The pH value of meat was measured once daily by using pH meter (Corning model 250) from meat homogenate. The homogenate was prepared by blending 2 g of meat with 10 ml distilled water. The pH value of brine cured sample was recorded day by day during the time of curing (10 days).

Statistical analysis

Data were analyzed statistically using the analysis of variance technique in a computer using MSTAT statistical computer package programme in accordance with the principle of Completely Randomized Design (CRD) Duncan's new Multiple Range Test (DMRT) was done to compare variations between treatments where ANOVA showed significant differences. SEM values were calculated to identify differences between means. The effect among treatments and levels was done by factorial experiment.

Results and Discussion

Proximate composition of meat

Dry matter

The initial dry matter value was in the range of 98.00 ± 2.0 to $99.10 \pm 0.1\%$ and at the end of 120 days of storage the dry matter value ranged from 89.50 ± 2.0 to $90.50 \pm 0.8\%$. Dry matter content decreased with the increase of storage time in all samples. The loss of moisture probably associated to decreased dry matter. The same trend was also observed by Konieczny *et al.* (2007) and they reported that dry matter content decreased during storage period. Dry matter may be decreased for the passes of water with the increase of storage time.

Ash

The initial value of ash ranged from 13.07 ± 1.02 to $15.33 \pm 2.2\%$ and at the final value was 12.80 ± 2.2 to $14.80 \pm 1.72\%$. The ash value decreased with the storage time. The value was comparatively higher in the sugar cured meat and may be due to the penetration of sugar in meat tissue and diffusion of moisture from the tissue was higher. The value was comparatively lower in the brine cured meat and may be due to the penetration of salt in meat and absorption of moisture from the tissue.

Crude protein

The initial protein content was in the range of 75.01 ± 1.01 to $81.07 \pm 1.0\%$ and at the end of 120 days of storage protein values were in the range of 73.68 ± 1.2 to $74.97 \pm 0.98\%$. The protein content decreased with the increase of storage time. The loss of protein during storage in those samples may be related with loss of sarcoplasmic protein and poor water holding capacity. Sarcoplasmic protein may be lost during storage in the form of drip loss. The result was supported by Wang *et al.* (1997). Konieczny *et al.* (2007) investigated that protein content of beef decreased during storage that support the present result. The increases in crude protein content in salt and brine cured meat compared to sugar cured meat may be due to increases NPN content with the elapse of storage time. The above results indicate that salt and brine cured product may be better than sugar cured product when their protein content was considered.

Ether extract

The initial EE content was in the range of 3.70 ± 0.2 to $5.50 \pm 0.5\%$ and EE value gradually decreased with the elapse of storage time. At the end of 120 days of storage, the values were in the range of 3.35 ± 0.2 to $4.25 \pm 0.2\%$. According to Kleveran *et al.* (1965) incorporation of salt, sugar and brine in the meat led to increase oxidation. They observed that lipolysis takes place during curing which decreases the ether extract content in meat. The rapid decrease of EE content probably associated with the presence of potassium nitrate.

Effect of curing methods on treated samples on different parameters

The Table 1 reveals that the DM percentage of all the samples were statistically not significant similar with each other. The ash percentage of the sample A₁, A₂, A₃, A₄, A₅ and M₆ differ significantly ($P < 0.01$). Percentage of crude protein content was maximum (77.23%) in A₃ and minimum (74.67%) in A₅. Crude protein percentage of all the sample was non-significant ($P > 0.01$). Maximum fat content was found 4.76% in A₅ and minimum 3.50% in A₄. Fat content of all the samples were statistically significant to each other ($P < 0.01$).

Effect of curing time on different parameters

The initial dry matter was 98.60%. After 120 days this value reached up to 90.00%. This lower value may be due to post mortem drip loss after thawing. The results support the findings of Szmanko *et al.* (1997) who found similar result in pork. The dry matter

percentage was also significantly different ($P < 0.01$). The initial ash was 14.47%. At the end of storage this value changed to 13.96%. The ash content of the meat sample was non-significant ($P > 0.01$) from each other at different time. The initial fat was 4.48%. After 120 days this value changed to 3.80% (Table 2). The fat content of the meat sample was significant ($P > 0.01$) from each other at different time. The initial crude protein was 78.40%. At the end of 120 days this value reached to 74.33%. The crude protein content of the meat sample significantly differed ($P < 0.01$) from each other at different time. Protein content may be lost during curing period. The results obtained from the present study are supported by Sarma *et al.* (1994) and Wang *et al.* (1997).

Table 1. Effect of curing methods on treated samples on different parameters (%)

Parameters (g/100g)	Treatments [#]						SEM	Level of sig.
	A ₁	A ₂	A ₃	A ₄	A ₅	A ₆		
DM	93.93	93.20	93.53	94.03	94.25	93.83	0.71	NS
Ash	14.63 ^b	14.74 ^{ab}	13.04 ^c	14.69 ^{ab}	15.03 ^a	13.00 ^c	0.18	**
CP	76.88	76.40	77.23	76.02	74.67	76.17	0.40	NS
EE	3.56 ^b	4.00 ^b	4.64 ^a	3.50 ^b	4.76 ^a	4.09 ^b	0.12	**

[#] A₁ = Dry salt cured beef, A₂ = Dry sugar cured beef, A₃ = Brine cured beef, A₄ = Dry salt cured buffen, A₅ = Dry sugar cured buffen, A₆ = Brine cured buffen

NS = means not significant

** Significant at 1% level

^{abc} Mean with different superscripts within same row differ significantly, $P < 0.01$

Table 2. Effect of curing time on different parameters (%)

Parameters (g/100g)	Days				SEM	Level of sig.
	0	30	60	120		
DM	98.60 ^a	95.18 ^b	91.38 ^c	90.00 ^d	0.707	**
Ash	14.47	14.23	14.10	13.96	0.180	NS
CP	78.40 ^a	77.04 ^a	75.15 ^b	74.33 ^b	0.399	**
EE	4.48	4.21	3.88	3.80	0.121	NS

NS = means not significant

** Significant at 1% level

^{abc} Mean with different superscripts within same row differ significantly, $P < 0.01$

The interaction effect of storage time and meat sample

The results indicated that with the increase of storage time the quality parameters of meat sample decreased.

Effect of species on different parameters

The dry matter content of beef (A₁) and buffen (A₄) were 93.93 and 94.03, respectively irrespective of storage times and showed non significant difference ($P > 0.01$) (Table 4). In some cases dry matter, crude protein and ash are significant and in some cases

insignificant (Akbar, 2008). It may be due to experimental error and random sampling. Dry matter content was more in salt and brine cured samples than that in sugar cured beef and buffen. Sugar cured beef and buffen showed that the loss of dry matter was more. In case of fat and protein, it was observed that less loss of nutrient was in beef than that of buffen. In every cases of sugar cured beef and buffen, both beef and buffen are significant ($P < 0.01$). Highly significant difference exists in species when considering fat ($P < 0.01$). Although the values are statistically insignificant, protein content was higher in beef rather than buffen. Therefore, beef is high quality than buffen showed after curing by maintaining its quality up to 120 days of storage.

Relationship between storage time and different parameters

This section deals with the relationship among the different parameter and the storage time. Each of the parameter constituted an independent variable while time was the dependent variable of the study. Coefficient of Determination (R^2) has been used to test the hypothesis concerning the, relationship between two variables and 0.05 level of significance carts rued as the basis for acceptance or rejection of a hypothesis. The summary of the results of' the coefficient of determination regarding relationship between the different parameter and time has been presented in Table 3.

Table 3. Interaction effect of storage time and meat sample

Parameter (%)	Periods	Treatments [#]						SEM	Level of sig.
		A1	A2	A3	A4	A5	A6		
DM	0	98.4	98.4	98	99	99.1	98.7	0.294	NS
	30	95.2	94.8	94.9	95.7	95.4	95.1	0.366	NS
	60	91.8	90.1	91.4	91.2	92.0	91.8	0.279	NS
	120	90.3	89.5	89.8	90.2	90.5	89.7	0.338	NS
Ash	0	14.84	15.14	13.37	15.05	15.33	13.07	0.343	NS
	30	14.7	14.66	13.07	14.83	15.09	13.03	0.381	NS
	60	14.59	14.76	12.91	14.47	14.89	12.96	0.328	NS
	120	14.39	14.41	12.8	14.41	14.8	12.93	0.372	NS
CP	0	79.81 ^{ab}	77.67 ^b	81.07 ^a	78.13 ^{ab}	75.01 ^c	78.69 ^{ab}	0.537	**
	30	77.43	77.37	77.4	77.29	75.36	77.37	0.427	NS
	60	75.44	75.59	75.74	74.7	74.62	74.78	0.336	NS
	120	74.84	74.97	74.72	73.96	73.68	73.83	0.288	NS
Fat	0	3.75 ^c	4.1a ^b	5.3 ^a	3.7 ^c	5.5 ^a	4.5 ^b	0.180	**
	30	3.65 ^c	4.05 ^b	4.96 ^a	3.6 ^c	4.95 ^a	4.04 ^b	0.136	**
	60	3.45 ^c	3.95 ^b	4.25 ^a	3.35 ^c	4.35 ^a	3.95 ^b	0.095	**
	120	3.4 ^c	3.9 ^b	4.05 ^{ab}	3.35 ^c	4.25 ^a	3.85 ^b	0.086	**

[#] A₁ = Dry salt cured beef, A₂ = Dry sugar cured beef, A₃ = Brine cured beef, A₄ = Dry salt cured buffen, A₅ = Dry sugar cured buffen, A₆ = Brine cured buffen

NS = Not significant

** Significant at 1% level

^{abc} Mean with different superscripts within same row differ significantly

Relationship between dry mater and storage time

The relationship between dry mater and storage time was examined. The result revealed that the computed “R²” value for the storage time was 0.8588** indicating that the relationship between dry mater and storage time were highly significant at 0.01 level of probability (Fig. 1). Therefore, it was concluded that dry mater had highly significant positive relationship with the storage time (Malek, 2008).

Relationship between ash and storage time

The relationship between ash and storage time was examined. The result revealed that computed “R²” value for the storage time was 0.0434^{NS} (Fig. 2). The relationship between ash and storage time were statistically insignificant. Therefore, it was concluded that the ash had insignificant positive relationship with the storage time (Malek, 2008).

Table 4. Effect of species on different parameters

Parameters (%)	Samples	Beef	Buffen	P-Value	Level of sig.
DM	A ₁ and A ₄	93.93	94.03	0.745	NS
	A ₂ and A ₅	93.20	94.25	0.038	*
	A ₃ and A ₆	93.53	93.83	0.173	NS
Ash	A ₁ and A ₄	14.63	14.69	0.463	NS
	A ₂ and A ₅	14.74	15.03	0.031	*
	A ₃ and A ₆	13.04	12.99	0.697	NS
CP	A ₁ and A ₄	76.88	76.02	0.073	NS
	A ₂ and A ₅	76.40	74.67	0.020	*
	A ₃ and A ₆	77.23	76.17	0.116	NS
EE	A ₁ and A ₄	3.56	3.50	0.015	*
	A ₂ and A ₅	4.00	4.76	0.053	*
	A ₃ and A ₆	4.64	4.09	0.053	*

Significant at 5% level, NS = means not significant

Relationship between crude protein and storage time

The relationship between crude protein and storage time was examined. The result shows that the computed value of “R²” for the storage time were 0.6202** (Fig. 3). The relationship between crude protein and storage time were highly significant at 0.01 level of probability. Therefore, it was concluded that crude protein had a highly significant positive relationship with storage time (Malek, 2008).

Relationship between ether extract and storage time

The relationship between Ether Extract and storage time was examined. The result

revealed that computed “R²” value for the storage time was 0.1831* (Fig. 4). The relationship between Ether Extract and storage time were significant of 0.05 level of probability. Therefore, it was concluded that the Ether Extract had a significant positive relationship with storage time.

pH measurement of brine cured meat

The pH value of beef and buffen is shown in Table 5. The initial pH value of beef and buffen (as fresh sample) was 5.82 and 5.56, respectively like as Hamid *et al.*, 2008. The results showed that rapidly declines the pH value just after mixing the curing agents as 3.93 and 3.81 and showing a continuous increase in pH as 5.23 and 4.69 for beef and buffen, respectively which was similar to Xu *et al.*, 2006. They showed that the initial pH value was more than 6 and after mixing the curing agent its declines to 4.89 and then increase up to 5.79 which is similar to beef and slightly higher than buffen.

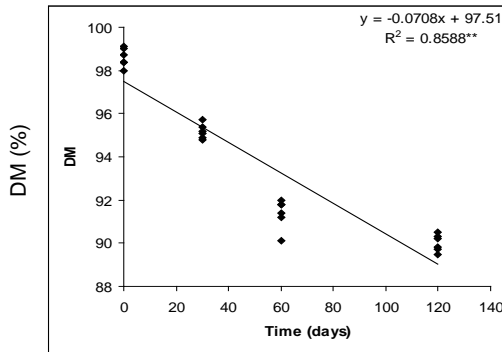


Fig. 1. Relationship between dry mater and storage time

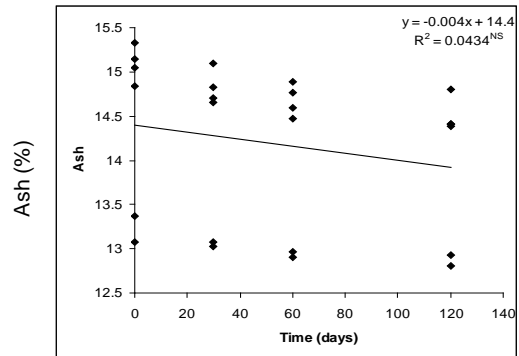


Fig. 2. Relationship between ash and storage time

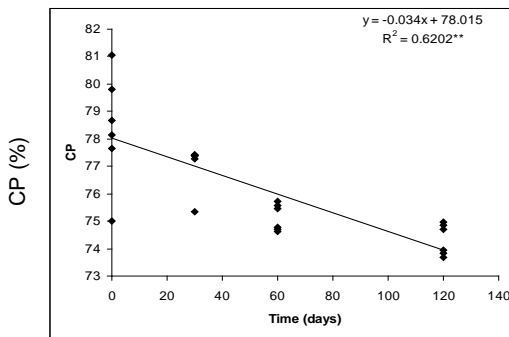


Fig. 3. Relationship between crude protein and storage time

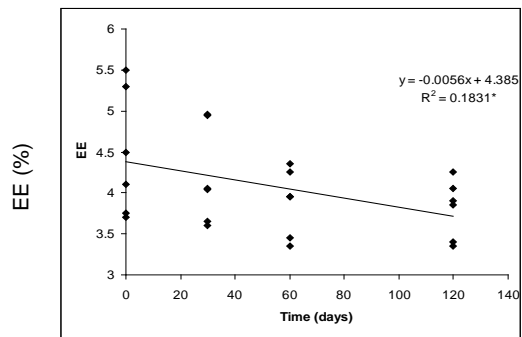


Fig. 4. Relationship between ether extract and storage time

Table 5. pH of brine cured meat

Days	Beef	Buffen
1	5.82++	5.56++
2	3.93+	3.81+
3	4.10+	3.96+
4	4.25+	4.10+
5	4.41+	4.22+
6	4.56+	4.32+
7	4.63+	4.40+
8	4.92+	4.58+
9	5.10+	4.66+
10	5.23+	4.69+

++ pH of fresh beef and buffen sample (First day pH reading before curing)

+ pH reading after curing of beef and buffen

Conclusion

From the present study it can be concluded that nutrient content of meat is closely related with the storage time and brine curing is the best method of beef and buffen preservation.

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