

## ANTIOXIDANT POTEENTIAL AND ACTIVITY OF AERIAL PARTS OF EIGHT MEDICINAL PLANTS OF UTTARAKHAND, INDIA

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### Abstract

The antioxidant potential of aerial parts of eight medicinal plant species were investigated by 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging, Ferrous ion-chelating (FCA) and ferric reducing antioxidant power assays in five different concentrations and the mean values ranged from 20.39 to 83.01%, 17.21 to 48.62% and 11.70 to 21.65 µg Trolox equivalent/mg extract, respectively. Total phenolic and flavonoid contents ranged from 4.83 to 10.46 µg, gallic acid equivalent/mg extract and 1.12 to 13.11 µg quercetin equivalent/mg extract. Enzymatic antioxidants (Unit/mg fresh weight): superoxide dismutase, catalase and peroxidase values ranged from 14.86 to 49.81, 60.00 to 141.33 and 0.25 to 0.60, respectively. Considering the overall assay *M. Pudica* can be considered as the potent candidate for displaying antioxidant activity among the experimental plants.

### Introduction

The oxidative stress is an imbalance between oxidants and antioxidants in favor of the oxidants potentially leading to damage. Over production of various activated oxygen species are considered to be the main contributor to oxidative stress (Ellnain-Wojtaszek *et al.* 2003). Natural antioxidants obtained from vegetables, fruits and medicinal plants induce the protective action which has been attributed to the presence of polyphenolic compounds and antioxidant vitamins including ascorbic acid, tocopherol, β-carotene, flavonoids, tannins, anthocyanins and other phenolic constituents (Soong and Barlow 2004). In India, many plant species have been investigated for their beneficial source of antioxidants (Surveswaran *et al.* 2007). A comparative, multi-method screening of antioxidant activity of Indian medicinal plant species is needed to select new sources of safe and inexpensive natural antioxidants. The objectives of the present study are to examine the total antioxidant capacity (DPPH, FCA, and FRAP), determining non-enzymatic antioxidants (total phenolic and flavonoid contents) and explore enzymatic antioxidants (SOD, CAT and POD) in aerial parts of eight different medicinal plants.

### Materials and Methods

Aerial parts of plants were collected from MRDC, Pantnagar, India (Table 1) and brought to the laboratory, washed, shade dried, powdered and stored at laboratory conditions. The extracts were prepared by taking 10 g of dried powdered material in 100 ml of aqua-methanol (70%) and kept for ten days. The supernatant was collected by filtration and solvent was evaporated in a water bath and used for further experimentation.

2, 2-diphenyl -1- picrylhydrazyl (DPPH) radical scavenging assay was carried out by using the procedure described by Brand-Williams *et al.* (1995) with modifications and calculated by the formula: DPPH radical scavenging activity (%) =  $[1 - (A_t / A_o)] \times 100$  where  $A_t$  is absorbance

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(517 nm) of the sample and  $A_0$  of control. The  $IC_{50}$  was also calculated and compared with gallic acid and Trolox standard. Ferrous ion-chelating assay (FCA) assay was performed according to Hsu *et al.* (2003). The metal ion chelating activity ( $Fe^{2+}$ ) was calculated as:  $FCA (\%) = [1 - (A_t / A_0)] \times 100$  where  $A_t$  is the absorbance (562 nm) of sample and  $A_0$  of control. The  $IC_{50}$  value was also calculated and compared with  $Na_2EDTA$  standard. Ferric reducing antioxidant power (FRAP) assay was determined by the procedure of Benzie and Strain (1996).

**Table 1. Antioxidant profiling and activity in aerial parts of selected medicinal plant species.**

Family/ species	Vernacular names	Medicinal uses
Acanthaceae: <i>Andrographis paniculata</i> (Burm.f.) Nees	H: Kalmegh E: King of bitters	Antipyretic, anti-inflammatory, expectorant, depurative, anthelmintic, antifungal, antityphoid, hepatoprotective, antibacterial and antihypertensive agent.
Apiaceae <i>Centella asiatica</i> (L.) Urb.	H: Manduk parni E: Indian pennywort	Skin diseases (eczema, ulcers, etc.), brain stimulant, controlling dysentery, wound healing agent and antihypertensive agent. As a remedy against asthma, anaemia and inflammations.
Asteraceae <i>Artemisia annua</i> L.	H: Malaria booti	Used against malaria, curing cough, cold, diarrhoea and fever. Effective against cancer, leishmania, trypanosoma and some viruses.
Asteraceae <i>Eclipta alba</i> (L.) Hassk.	H: Bhringaraj E: Trailing eclipta	Anti-inflammatory, anthelmintic, carminative and diuretic. Fresh juice of leaves for treating oedema, fever, lever disorders and rheumatic joint pains; improve appetite and to stimulate digestion.
Euphorbiaceae <i>Phyllanthus niruri</i> L.	H: Bhoomi amla E: Country gooseberry	Useful in ailments like dysentery, influenza, vaginitis, diabetes, jaundice, kidney stone, dyspepsia. Plant is antihepatotoxic, antihepatitis-B, antihyperglycemic, antiviral, antibacterial and diuretic.
Mimosaceae <i>Mimosa pudica</i> L.	H: Lajwanti E: Touch me not	Antiseptic, carminative, in burning sensation of dysentery and morbid condition of vagina.
Scrophulariaceae <i>Bacopa monnieri</i> (L.) Wettst.	H: Brahmi E: Thyme leaved gratiola	Anticancerous, memory enhancer and tranquilliser. The plant is anodyne, carminative, digestive, anti-inflammatory, anticonvulsant, depurative, cardio-tonic and bronchodialator.
Solanaceae <i>Solanum nigrum</i> L.	H: Makoi E: Black night shade	Useful in vitiated conditions of tridosha, rheumatism, swellings, cough, asthma, bronchitis, wounds, ulcers, flatulence, dyspepsia, strangury, hepatomegaly, otalgia and hiccough (Paithankar <i>et al.</i> 2011, Srivastava <i>et al.</i> 2012 and Umadevi <i>et al.</i> 2013).

H = Hindi and E = English common name(s).

Total phenolic content was determined by procedure of Johnson and Schaal (1957) and expressed as gallic acid equivalent. Total flavonoid content was quantified by the method of Djeridane *et al.* (2006), with some modifications. Superoxide dismutase (SOD) activity was determined using the method used by Giannopolitis and Ries (1977). One unit of SOD activity was defined as the amount of enzyme which could cause 50% inhibition of NBT photoreduction.

Catalase (CAT) activity was determined by the titrimetric method described by Kato and Shimizu (1987). One unit of activity is expressed as  $\mu\text{moles}$  of  $\text{H}_2\text{O}_2$  consumed/min/g tissue. Peroxidase (POD) activity was determined using the method of Kar and Mishra (1976). One unit of peroxidase activity is expressed as one mole of pyrogallol oxidized/min/g tissue.

All the experiments were performed in triplicates and the results of five concentrations were expressed as mean. The data were subjected to two-way analysis of variance (ANOVA) using statistical software *SPSS* and differences were considered significant at CD 5%.

### Results and Discussion

In case of DPPH assay lowest activity (%) was found in *A. paniculata* and highest activity was noticed in *M. pudica* at different concentrations (Table 2). The mean values > 50% were found in *M. pudica* followed by *P. niruri*, *E. alba* and *B. monnieri*. The potential of *M. pudica* was also supported by the  $\text{IC}_{50}$  values displaying the value 17  $\mu\text{g}/\text{ml}$ . It was followed by *E. alba*, *P. niruri* and *B. monnieri* indicating higher DPPH free radical scavenging activity (Fig. 1).

**Table 2. Antioxidant activity (DPPH, FCA and FRAP) and total phenolic content (TPC) of aerial parts of different medicinal plants.**

Species	DPPH (%)	FCA (%)	FRAP $\mu\text{g}$ trolox equivalent (TE)/mg extract	TPC $\mu\text{g}$ gallic acid equivalent (GAE)/mg extract
<i>A. annua</i>	47.29 <sup>H</sup>	33.01 <sup>C</sup>	16.00 <sup>C</sup>	8.13 <sup>C</sup>
<i>A. paniculata</i>	20.39 <sup>J</sup>	48.62 <sup>A</sup>	11.70 <sup>D</sup>	7.42 <sup>D</sup>
<i>B. monnieri</i>	59.48 <sup>F</sup>	47.35 <sup>A</sup>	17.98 <sup>B</sup>	6.92 <sup>E</sup>
<i>C. asiatica</i>	57.19 <sup>G</sup>	31.63 <sup>D</sup>	17.56 <sup>B</sup>	7.92 <sup>C</sup>
<i>E. alba</i>	63.19 <sup>E</sup>	46.11 <sup>A</sup>	21.65 <sup>A</sup>	4.83 <sup>F</sup>
<i>M. pudica</i>	83.01 <sup>C</sup>	17.21 <sup>F</sup>	19.58 <sup>B</sup>	8.76 <sup>B</sup>
<i>P. niruri</i>	69.28 <sup>D</sup>	41.43 <sup>B</sup>	18.35 <sup>B</sup>	10.46 <sup>A</sup>
<i>S. nigrum</i>	31.56 <sup>I</sup>	22.56 <sup>E</sup>	15.06 <sup>C</sup>	7.56 <sup>C</sup>
Gallic acid	97.55 <sup>B</sup>	NT	NT	NT
Trolox	98.58 <sup>A</sup>	NT	NT	NT

Results are means values of five different concentrations, values of the same column, followed by the same letter (A - F) are not statistically different at CD at 5%, as measured by two way ANNOVA using *SPSS*.

NT - Not Tested.

The FCA (%) exhibited a dose-response relationship as it increased with increasing concentration in each species (Table 2). Similar relation was also reported in *C. sativum* and *P. crispum* by Mirzaei and Khatami (2013). In the present study, lowest and highest FCA (%) was noticed in *M. pudica* and *A. paniculata* respectively, which are in close agreement with results of Goncalves (2013). The  $\text{IC}_{50}$  value of FCA assay was found highest in *S. nigrum* and lowest in *A. paniculata* (a lower  $\text{IC}_{50}$  value corresponds to a higher chelating ability) (Fig. 2). FRAP assay values were expressed in terms of Trolox equivalent (TE). A dose-response relationship was found in FRAP activity (Table 2).

In TPC assay a dose-response relationship was found among different species (Table 2). The TPC value ( $\mu\text{g}$  gallic acid equivalent/mg extract) was lowest in *E. alba* and highest in *P. niruri*. Among

the species, the TPC values followed the order: *P. niruri* > *M. Pudica* > *A. annua* > *C. asiatica* > *S. nigrum* > *A. paniculata* > *B. monnieri* and > *E. alba*. Total flavonoid content ( $\mu\text{g}$  quercetin equivalent/mg extract) was lowest in *A. paniculata* and highest in *A. annua* as presented in Fig. 3. In the present study, the TFC values in different species followed the order: *A. annua* > *M. pudica* > *P. niruri* > *E. alba* > *B. monnieri* > *S. nigrum* > *C. asiatica* and > *A. paniculata*.

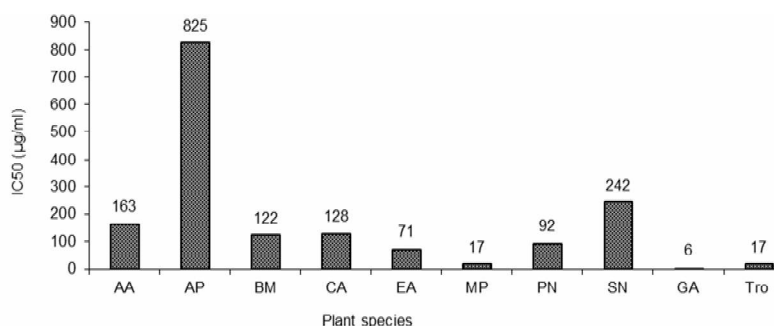


Fig. 1. DPPH free radical scavenging assay (IC<sub>50</sub>).

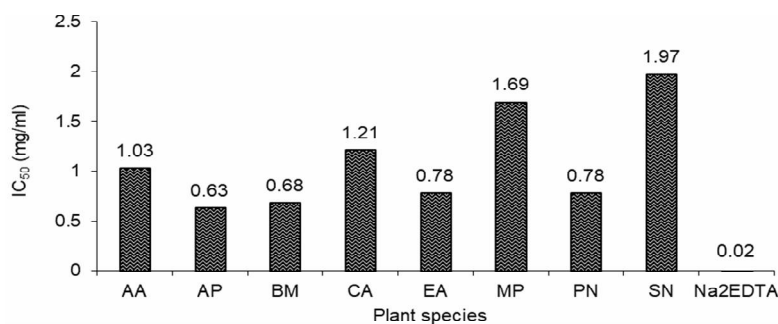


Fig. 2. Ferrous ion-chelating assay FCA (IC<sub>50</sub>).

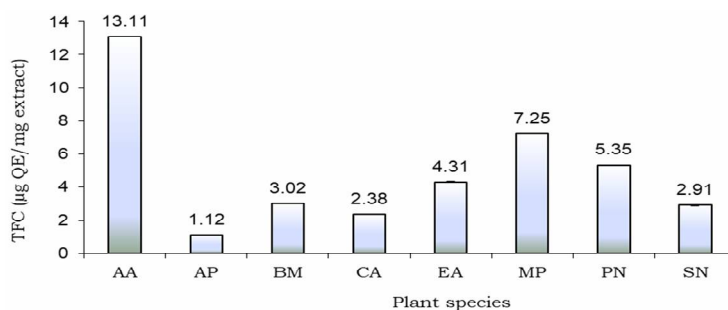


Fig. 3. Total flavonoid content ( $\mu\text{g}$  QE/mg extract). \* For Figs 1, 2, 3 (AA) *A. annua*; (AP) *A. paniculata*; (BM) *B. monnieri*; (CA) *C. asiatica*; (EA) *E. alba*; (MP) *M. pudica*; (PN) *P. niruri*; (SN) *S. nigrum*; (GA) gallic acid and (Tro) Trolox.

The antioxidant enzymes (SOD, CAT and POD) activities are presented in Figs 4, 5 and 6, respectively. Superoxide dismutase activity (Unit/mg fresh weight) was maximum in *M. pudica* followed by *B. monnieri* and minimum in *S. nigrum*. Interestingly, the highest SOD activity of *M. pudica* was more than three times higher than the minimum in *S. nigrum*. Among different species, the highest activity (U/mg FW) of catalase was observed in *B. monnieri* and lowest in *M. pudica* and the former species was found to contain 2.83 times higher than the latter species. The peroxidase activity among the species was maximum in *A. paniculata* and it is 2.4 times higher than the minimum in *C. asiatica*. Higher SOD (49.8 units/mg protein) and CAT (180.3  $\mu\text{M H}_2\text{O}_2$ ) activity were also reported in *E. alsinoides* by Gomathi *et al.* (2012). The present results of SOD and CAT were found to be higher than the values reported in whole aerial parts of *T. pauciflora* by Stralin *et al.* (2012).

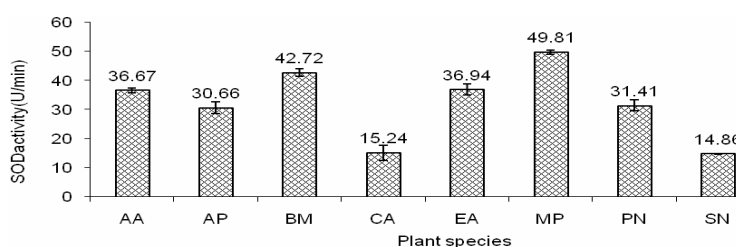


Fig. 4. Superoxide dismutase activity (SOD).

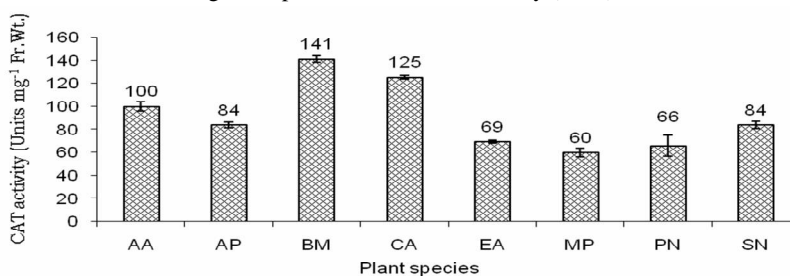


Fig. 5. Catalase activity (CAT)

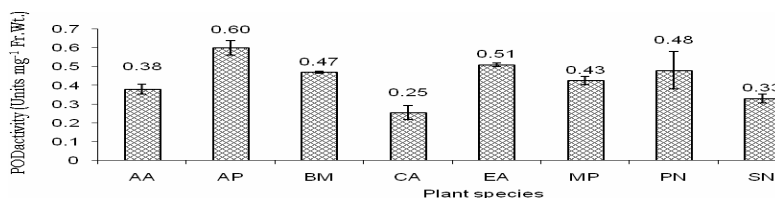


Fig. 6. Peroxidase activity (POD). \* For Figs. 4, 5, 6 (AA) *A. Annuua*, (AP) *A. Paniculata*, (BM) *B. monnieri*; (CA) *C. asiatica*; (EA) *E. alba*; (MP) *M. pudica*; (PN) *P. niruri*; (SN) *S. Nigrum*.

Considering the overall assays of DPPH, FCA and FRAP *M. pudica*, *E. alba*, *P. niruri* and *B. monnieri* may be considered noticeably potent for displaying antioxidant activity. On the other hand, TPC and TFC assays indicated *P. niruri*, *M. pudica* and *A. annua* rich in polyphenol and flavonoid. Interestingly, *M. pudica* showed maximum SOD, minimum CAT and intermediate

POD activities. However, *A. paniculata* displayed intermediate SOD and CAT and maximum POD activities. Considering all these, *M. pudica* can be considered relatively potent for displaying antioxidant activity. Further phytochemical investigations are required for isolating bioactive metabolites from it.

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