

ALOPECIA: UPDATED MANAGEMENT

MOHAMMAD TARIQUZZAMAN MIA

Assistant Professor, Department of SKIN & VD, Shaheed Suhrawardy medical college and hospital, Dhaka, Bangladesh. Email: tareqmia_dr@yahoo.com

Hair is of high aesthetic value in human. Loss of hair is called alopecia. It is a common and complex concern causes frustration, negative emotion and lack of confidence. Normal daily hair loss is about 100 to 150. Causes of Alopecia are Non Scarring alopecia, pattern alopecia /Androgenetic Alopecia, Unpattern alopecia - Alopecia areata, Telogen effluvium, anagen effluvium, Traction alopecia due to hair style, hair shaft damage by hot air dryers and by hair Straightening and Other causes:- Alopecia syphilitica, diabetesmellitus, hypothyroidism, anaemia, seborrheic dermatitis, psoriasis. Scarring alopecia are

Lichen planopilaris, pseudopelade, DLE, Folliculitis decalvans, infections. Diagnostic approach to hair loss : step-1 - History of the hair problem , step-2 - obtain a through medical history, step-3 - Examination of scalp and hair and step - 4- Diagnostic tests are Hair pull test, Dermoscopy, scalp biopsy. Lab tests-CBC, Ferritin, TIBC, TSH, Testosterone and step-5: Treatment: - according to the cause of hair loss. Medical treatment. Topical and intralesional steroid, topical Minoxidil, tacrolimus, finasteride, spironolactone. Updated medical treatment: Tofacitinib. Updated procedural treatment(Procedure): - PRP therapy, Microneedling, Low level Laser therapy (LLLT), stem cell therapy, Hair transplant.

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