Spontaneous Biliary Duct Perforation: Uncommon Diagnosis Using Cholescintigraphy

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ABSTRACT

Spontaneous bile duct perforation causing biliary peritonitis in children is an exceedingly rare occurrence. This condition poses an uncommon and potentially hazardous reason for acute abdominal symptoms. A pre-surgical diagnosis remains a rarity. We present a case of a five-month-old infant displaying gradual fever, jaundice, pale-colored stool, and abdominal distension for 12 days who was referred to NINMAS for a ^{99m}Tc-HIDA scan to investigate extrahepatic biliary atresia. The scan unveiled substantial radionuclide activity around the abdominal boundary in 2-hour, 4-hour, and 24-hour views, suggesting abnormal radioactivity in ascitic fluid due to bile leakage. Ultrasonography at NINMAS revealed a contracted gallbladder and moderate ascites. This study reviews and discusses the pathogenesis of this condition.

Keywords: Extrahepatic biliary atresia, 99m Tc- HIDA scan, Bile duct perforation, Bile peritonitis, Biliary ascites.

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INTRODUCTION

Neonatal spontaneous biliary perforation (NSBP), though relatively rare, is a critical cause of infantile jaundice that demands immediate diagnosis and surgical intervention (1). Bile leakage into the peritoneal cavity in infants and children, unrelated to trauma, is not well-documented. Typically, this condition involves the escape of bile from a peritoneal cavity collection, resulting from the rupture of an extrahepatic biliary system component. Since such extrahepatic bile duct perforation causing biliary ascites in infants is uncommon, its recognition usually occurs only during surgery. Ascites and jaundice appearing in an otherwise healthy baby should raise suspicion (2, 3). In many cases, the combined use of abdominal ultrasonography and hepatobiliary scintigraphy aids in diagnosis, often avoiding the need for invasive procedures (4). Conservative surgical intervention with leak correction is the preferred approach, generally resulting in a favorable long-term prognosis (5)

CASE REPORT

A five-month-old baby presented symptoms of fever, jaundice, pale-colored stool, and abdominal distension for 12 days and was referred from Sir Salimullah Medical College Hospital to NINMAS for a Tc-99m HIDA scan to rule out extrahepatic biliary atresia. There was no history of direct or indirect trauma or prior surgical procedures.



Figure 1: Ultrasound image displaying extensive ascites throughout the abdomen.

Serology for HBsAg and HIV was negative. Blood tests revealed elevated direct serum bilirubin, total serum bilirubin, serum alkaline phosphatase, SGPT, serum albumin, LDH, and GAMMA-GT levels. An ultrasound on November 3, 2022, showed a contracted gallbladder and moderate ascites. Subsequent ultrasounds on November 15, 2022, revealed significant ascites and a contracted gallbladder (Figure 1). The Tc-99m HIDA scintigraphy exhibited considerable radionuclide activity around the abdominal boundary in 2-hour, 4-hour, and 24-hour views, suggestive of abnormal radioactivity presence in ascitic fluid, possibly due to bile leakage (Figure 2). Unfortunately, the baby did not survive; severe peritonitis led to the baby's demise before any surgical intervention could be initiated.



AP 24 Hrs 240K Counts

Figure 2: ^{99m}Tc- labeled HIDA scintigraphy scan showing significant radionuclide activity along the boundary of abdomen in 2 hrs, 4 hrs and 24 hrs views.

DISCUSSION

The precise etiology of spontaneous bile duct perforation (SPBD) remains unknown. Possible causes include biliary tract anomalies, trauma, ascariasis, and cholecystitis. The most common site of perforation is where the cystic and common bile ducts converge, often attributed to congenital weakening of the bile duct, possibly from a developmental mural malformation at this juncture. This weakness is likely linked to ischemia of the bile duct's anterior wall due to its limited arterial blood supply, contributing to its vulnerability. Other rare causes include anomalies such as abnormal pancreaticobiliary ductal union, distal blockages, stones, ductal atresia, stenosis, or inspissated bile. Antenatal bile duct perforation, though extremely rare, has been documented. Manifestations often include chronic biliary ascites, pale stools, abdominal distension, and jaundice.

In some cases, acute biliary peritonitis may occur, presenting with pain, nausea, vomiting, fever, and sepsis without jaundice (2, 6). Conjugated bilirubin levels may be normal or elevated with raised alkaline phosphatase and possibly moderate leukocytosis. Although diagnosis often occurs during exploratory surgery, clinical suspicion can lead to a pre-surgical confirmation, commonly aided by an ultrasound examination revealing intraperitoneal fluid alongside healthy ducts. Bile-stained fluid with high bilirubin levels is typically discovered during a paracentesis guided by ultrasound or CT scan. Hepatobiliary scintigraphy aids in identifying the source of fluid, particularly when CT and ultrasound detect fluid collections (7). The method has proven useful in accurately diagnosing extrahepatic bile duct leaks preoperatively. Similar case reports from the USA (2018) and India (2016, 2017) further illustrate instances of spontaneous biliary perforation diagnosed through various imaging modalities (8-10).

CONCLUSION

Spontaneous biliary perforation is an infrequent occurrence in newborns. Previous cases have shown that combining abdominal ultrasonography with a HIDA scan offers superior diagnostic imaging when SPBD is suspected. This combined approach may obviate the necessity for other, more invasive diagnostic procedures. The English literature has only recently documented a small number of SPBD cases in children. For select patients without distal blockage, successful management involves simple drainage with spontaneous closure. However, due to the condition's rarity and the wide array of surgical options available, an accurate preoperative diagnosis remains crucial. Early diagnosis and treatment are pivotal in reducing mortality and morbidity associated with this condition.

CONFLICT OF INTEREST

The authors declare that there is no conflict of interests regarding publication of this paper.

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