

BJOG yearly CME program

Title of the article:

Outcome of Mucoïd Degeneration of Uterine Fibroid in Elderly in Multigravid women: A case Report
Page no. (47)

1. Following Statements are True or False :
 - a. Mucoïd degeneration of Uterine Fibroids is a common type of degeneration during pregnancy.
 - b. By causing mechanical obstruction of the fallopian tubes, Subserosal Fibroid may impair fertility. T
 - c. Only etiology of the mucoïd degeneration is its ischaemic changes.
 - d. The complications of mucoïd degeneration are more complex than other types of Fibroid degeneration.

Title of the article: knowledge and hygiene practice during menstruation in the adolescents.
Page no. (19)

2. Following statements are true or false (based on study findings)
 - a. Age of menarche was found more in urban area.
 - b. The reuse of cloths without maintaining proper hygiene may increase the risk of RTI.
 - c. In this study mothers and sisters together were the primary sources of menstruation-related information.
 - d. This study reported that menstrual hygiene was satisfactory among adolescent girl.

Title of the article: systemic Lupus erythematosus and pregnancy outcome -in a tertiary hospital.
Page no. (24)

3. Following statements are true or false (based on Study findings):
 - a. Most of the women with systemic Lupus erythematosus in this study needed cesarean section as mode of delivery.
 - b. SLE flares were observed predominantly in the third trimester.
 - c. Most of the mothers with SLE were multiparous.

- d. The prognosis for both mother and child is optimal when the disease has been remission for 2 months before conception.

Title: Primary Amenorrhoea in adolescents: A narrative review:
Page no. (30)

4. Following statements are true or false:
 - a. Mullerian agenesis may be associated with renal anomalies in 80% cases.
 - b. Transverse vaginal septum is a common disorder arising from defects in the vertical fusion of the vaginal elements of the mullerian ducts and the urogenital sinus.
 - c. 5 alpha reductase deficiency is an Autosomal Dominant disorders.
 - d. In androgen insensitivity syndrome; to prevent testicular malignancy, the removal of the testis is recommended after puberty.

Title of the article:
Amniotic fluid index and its impact on mode of delivery and Fetomaternal outcome in term PROM
Page no. (13)

5. Following statements are true or false (based on study findings)
 - a. This is a case-control study.
 - b. Women already in active labour is an inclusion criteria in this study.
 - c. There was a significant association between AFI and mode of delivery.
 - d. AFI measurement at admission in term PROM provides valuable prognostic information for mode of delivery.

Title of the article:
Relationship of serum D-dimer levels with severity of covid-19 infection in term pregnancy and prediction of feto-maternal outcome
Page no. (05)

6. Following statements are true or false (Based on study findings)
 - a. A patient with Covid -19 in "presymptomatic" period, are not contagious .

- b. Among other tests, routine measurements of D-dimers, prothrombin time poses great importance in pregnancy.
- c. There is significant association between the D-dimer levels and clinical category of Covid-19.
- d. Study shown that D dimer on admission > 2.0ig/mL (fourfold increase) could effectively predict in hospital mortality in patients with Covid 19 .

Title of the article: Septicemia with Endotoxic shock following fetoreduction in a Triplet pregnancy: A rare case of Multiorgan failure and Successful Recovery.
Page no. (43)

7. Following statements are true or false (based on study)

- a. Maternal sepsis accounts for maternal death globally in approximately 8% of cases.
- b. Genetic predispositions, especially mutation in genes encoding sarcomeric protein like titin, have

been linked to Peripartum Cardiomyopathy (PPCM).

- c. In above mentioned study, the diagnosis of DIC was supported by thrombocytosis, decreased coagulation times and decreased D -dimer.
- d. This patient's AKI was probably caused by a confluence of DIC - induced microvascular thrombosis and septic shock.

Answer keys

Question No.	A	B	C	D
1	T	F	T	T
2	T	T	F	F
3	T	T	F	F
4	T	F	F	F
5	F	T	T	T
6	T	T	F	F
7	T	F	F	F

Answer Sheet: BJOG yearly CME program: Examination: BJOG 2025: 40(1).**CME on BJOG, 2025, 40(1): 1-60**

Please answer the questions on page by filling in the appropriate boxes below. Please mark the box for true answer and fill in the box until the letter is no longer visible. To process your exam, you must also provide the following information:

Name (in CAPITAL LETTER)..... Designation

Official Address.....

Mailing Address.....

Mobile no.E-mail.....

OGSB Member No.

Q 1	A	B	C	D	E
Q 2	A	B	C	D	E
Q 3	A	B	C	D	E
Q 4	A	B	C	D	E
Q 5	A	B	C	D	E
Q 6	A	B	C	D	E
Q 7	A	B	C	D	E
Q 8	A	B	C	D	E
Q 9	A	B	C	D	E
Q 10	A	B			

Evaluation form

Your completion of these CME activities includes evaluating them. Please respond to the questions below.

1. Please rate these activities (1- minimally, 5- completely)		1	2	3	4	5
1.1	These CME activities are effective in meeting the educational objectives					
1.2	These CME activities are appropriately evidence based					
1.3	These CME activities are relevant to my practice					

2. How many of your patients are likely to be impacted by what you learned from these activities?					
< 20%		20%-40%		40%-60%	
				60%-80%	
				>80%	

3. Do you expect that these activities will help you improve your skill or judgment within the next 6 months? (1-definitely will not change, 5-definitely will change)	1	2	3	4	5

4. How will you apply what you learned from these activities (tick mark all that apply on the right of the statement):	
4.1	In diagnosing patients
4.2	In monitoring patients
4.3	In educating students and colleagues
4.4	As part of a quality or performance improvement project
4.5	For Maintenance of board certification
4.6	In making treatment decisions
4.7	As a foundation to learn more
4.8	In educating patients and their caregivers
4.9	To confirm current practice
4.10	For maintenance of licensure

- Please list at least one (1) change you will make to your practice as a result of this CME activity:

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- How long did it take you to complete these activities?.....hours.....minutes

- What, in your opinion, are the biggest clinical challenges related to obstetrics and gynecology?

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