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Abstract

Vicia sativa is traditionally used medicinal plant in skin infections, asthma, bronchitis, urinary diseases and also used as antiseptic, anti-poison, aphrodisiac, anti rheumatic and antipyretic. In the present study *n*-hexane extract of *V. sativa* was evaluated for the antibacterial activity against pathogenic bacteria *Staphylococcus aureus*, *Bacillus atrophaeus*, *Escherichia coli* and *S. epidermidis* by disc diffusion method. Minimum inhibitory concentration of the *n*-hexane extract against all bacteria was determined by broth dilution method. Preliminary phytochemical analysis and HPLC analysis showed the presence of a number of bioactive constituents which exhibits antibacterial activity. So the current study showed that *V. sativa* possesses the significant antibacterial activity.

Introduction

Plants and their active constituents have a diverse history as clinical source of chemotherapeutic agents (Cushnie and Lamb, 2005). Many thousands of plant species have been evaluated for the antimicrobial activity but very less was found to be active (Meng et al., 1998) and non toxic to human beings (Izzo, 2004). There are many researches in the literature which shows the antimicrobial activity of the crude extracts obtained from the plants (El-seedi et al., 2002; Rojas et al., 2003). From the past two decades, antibacterial activity have been reported from various plant parts like leaves, root, stem, flower, fruits, seeds of some of the medicinal plants (Levan et al., 1979; Erturis and Demirbag, 2003; Sudharameshwari and Radhika, 2007). Since from 1940s, many bacteria are now becoming resistant due to the emergence of the problem of resistance. The speed of antibiotic resistance development is increasing as the frequency of antibiotic use increases. Thus the effectiveness of antibiotics becomes reduced (Livermore, 2004). Antibiotic resistance is now a days the greatest problem to the proper treatment of

infections globally. Resistance adversely affects both clinical and financial therapeutic outcomes, with effects results in the failure of an individual patient to respond to therapy and the need for expensive alternative drugs increases, longer duration of hospitalization, and the need for changes in empirical therapy.

Materials and Methods

Collection of the plant material

The plant of *Vicia sativa* was collected from the botanical garden of University of Agriculture Faisalabad in April 2013. The plant was thoroughly washed, dried and identified by Dr. Mubashir Niaz, Department of Botany, G.C University Faisalabad, Pakistan. Voucher specimen was kept in the herbarium as future reference.

Extraction

Plant was shade dried and grinded into fine powder. Powdered plant material was soaked in *n*-hexane for 3 to 5 days with occasional shaking. Then plant material



was filtered and the filtrate was evaporated in rotary evaporator until the solid mass extract was obtained which was stored at 4°C.

Test microorganisms

Antibacterial activity of *n*-hexane extract of *V. sativa* was evaluated against pathogenic bacteria *Staphylococcus aureus*, *Bacillus atrophaeus*, *Escherichia coli* and *S. epidermidis*. These strains were obtained from the Department of Microbiology, Saffron Pharmaceuticals Pvt Ltd.

Antibacterial assay of plant extracts

Antibacterial activity was determined by standard agar disc diffusion method (Heatley, 1944). Sterile filter paper discs were loaded with different concentrations of extract (300, 200 and 100 mg/mL) and placed on the surface of inoculated agar plates of bacteria *S. aureus*, *E. coli*, *S. epidermidis* and *B. atrophaeus* by using sterile forceps. A standard disc of tetracycline was also placed along with extract discs to check the comparison of inhibition of bacterial growth. These plates for antibacterial assay were incubated in incubator at 37°C for 24 hours. After 24 hours, the plates were observed for zones of inhibitions, the diameters of zone of inhibition were determined by digital vernier caliper in mm.

Determination of minimum inhibitory concentration

Minimum inhibitory concentration of extract against *S. aureus*, *E. coli*, *S. epidermidis* and *B. atrophaeus* was determined by broth dilution method using 96 microwell plate (Mothana et al., 2009).

Preliminary phytochemical analysis

The phytochemical screening of the plant extracts were performed by standard procedures as given below:

Test for alkaloids

0.2 g of the extract was added in 2N HCl (5 mL) then heated on the boiling water bath. The mixture was filtered after cooling and the filtrate was divided in the two equal halves. Few drops of Mayer's reagent were added in one portion and the Dragendoeff's reagent was added in other portion. Turbidity of the formed precipitate in the both reagents indicates the presence of alkaloids (Mojab et al., 2003; Sharma et al., 2010)

Test for tannins

0.2 g extracts was dissolved in 10 mL of distilled water and warm on water bath. The mixture was filtered and 5% solution of ferric chloride was added to filtrate. The formation of dark green solution indicates the presence of tannins (Mojab et al., 2003).

Test for saponins

0.2 g of extract was mixed in test tube with 5 mL of distilled water and warm on water bath until it begins

to boil. Formation of foam that persists for 10 min indicates the presence of saponins (Mojab et al., 2003; Sofowora, 1993).

Test for terpenoids

0.2 g of extract was shaken separately with 2 mL of chloroform (CHCl₃), and then 3 mL of concentrated H₂SO₄ was added carefully to form a layer. The formation of reddish brown color at inert face of the solution indicates the presence of terpenoids (Sofowora, 1993; Sharma et al., 2010).

Test for flavonoids

0.2 g of extract was taken separately and dissolved in 5 mL diluted NaOH then 1M of 5 mL HCl was added. A yellow color solution that changes into colorless solution indicates the presence of flavonoids (Sofowora, 1993).

Test for anthraquinones

0.5 g of extract was boiled with 10% of HCl in water bath for few min and then filtered. The filtrate was cooled and then equal amount of CHCl₃ was added in the filtrate. Few drops of 10% NH₃ was added in the mixture and heated. The formation of rose-pink coloration indicates the presence of anthraquinones (Mojab et al., 2003; Sharma et al., 2010).

Test for glycosides

1.2 g of extract was hydrolyzed with 10 mL of 1% HCl and then neutralized by 10% of NaOH solution. Few drops of Fehling's solution A and B were poured in it. Formation of red color precipitates shows the presence of glycosides (Mojab et al., 2003; Sharma et al., 2010).

HPLC of the plant extracts

Flavonoids and phenolics present in *n*-hexane extract of *V. sativa* was determined by some modification in procedure as determined by (Sultana et al., 2008). Sample of plant extract (*n*-hexane) was prepared by adding small amount of extract in 5 mL distilled water, mix it well then 12 mL methanol was added in it, shake it well then stay for 5 min. 6 mL distilled water was added and again stay for 5 min. 10 mL of 15 M HCl was added to it and place this in digital drying oven for 2 hours. Filter this with syringe filter and analyze it by HPLC. Kaempferol and phenolics were separated using a shim-pack CLC-ODS (C-18) column, 25 cm × 4.6 mm, 5 μm. mobile phase used was acetonitrile and acetic acid at a flow rate of 1 mL/min. Detector used was gradient HPLC detector, range was bipolar, 1250 mV, 10 samples per sec. Threshold was set at 0.005 Mv. Length of column used was 100 mm. Width of peak was 0.2 min. Ethanol was used for calibration. Samples were analyzed by UV-visible detector at 280 nm for phenolics at 248 nm for kaempferol at room temperature.

Pathogen	Conc. of <i>n</i> -hexane extract (mg/mL)	Mean zone of inhibition (mm)	Positive control tetracycline (mm)	Negative control	p value	MIC (mg/mL)
<i>Staphylococcus aureus</i>	300	21.9 \pm 0.1	24.7 \pm 0.2	0	0.000	6.3
	200	25.6 \pm 0.2			0.014	
	100	25.8 \pm 0.2			0.002	
<i>Bacillus atrophaeus</i>	300	15.2 \pm 0.1	18.7 \pm 0.2	0	0.000	3.1
	200	26.7 \pm 0.1			0.000	
	100	32.2 \pm 0.2			0.000	
<i>Escherichia coli</i>	300	23.6 \pm 0.1	23.3 \pm 0.5	0	0.010	1.6
	200	31.2 \pm 0.1			0.000	
	100	40.4 \pm 0.8			0.000	
<i>Staphylococcus epidermidis</i>	300	20.7 \pm 0.1	23.0 \pm 0.2	0	0.000	6.3
	200	25.4 \pm 0.3			0.001	
	100	31.3 \pm 0.6			0.0001	

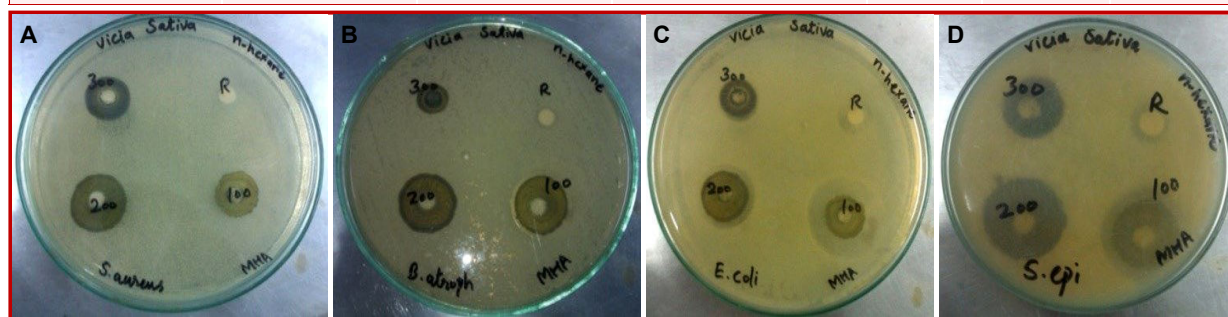


Figure 1: Zones of inhibitions of *Vicia sativa* (*n*-hexane extract) against (A) *Staphylococcus aureus*, (B) *Bacillus atrophaeus*, (C) *Escherichia coli* and (D) *Staphylococcus epidermidis*

Compound name	Retention time	Quantity (ppm)
Chromatotropic acid	1.9	47.9
Quercitin	2.6	59.9
Gallic acid	5.1	4.5
Vanillic acid	13.1	25.8
Syringic acid	16.6	15.9
Vitamin C	23.4	32.2
Trans-4-hydroxy-3-methoxy cinamic acid	24.8	11.5
Kaempferol	2.0	92.0

Results

The results of antibacterial activity of *n*-hexane extracts of *V. sativa* are tabulated in Table I, and zones of inhibitions are shown in Figure 1. *n*-Hexane extract of *V. sativa* showed maximum antibacterial activity at 100 mg/mL concentration against *E. coli* (40.7 mm \pm 0.8) while tetracycline positive control showed zone of (23.3 \pm 0.5) and MIC was 1.6 mg/mL. *V. sativa* showed maximum antibacterial activity against other bacteria at

100 mg/mL concentration; *B. atrophaeus* (32.2 mm \pm 0.2), *S. epidermidis* (31.3 mm \pm 0.6), *S. aureus* (25.8 mm \pm 0.2) and their MIC were 3.1 mg/mL, 6.3 mg/mL, 6.3 mg/mL respectively.

HPLC analysis of *V. sativa* (*n*-hexane) extract was carried out and HPLC chromatograms obtained is shown in Figure 2 and Figure 3. HPLC chromatogram indicated the peaks of constituents which are present in extract, peaks of chromatotropic acid, gallic acid, quercitin, vanillic acid, syringic acid, vitamin C, trans-4-hydroxy-3-methoxy cinamic acid and kaempferol were observed. These constituents with their retention time and quantity are given in Table II.

Discussion

V. sativa traditionally used as antiseptic (Dwivedi et al., 2008), and as an antipoison (Shinwari and Khan, 2000). *V. sativa* is used against asthma, bronchitis, in urinary diseases and skin infections. In the present research, antibacterial activity of *n*-hexane extract of *V. sativa* was determined against four bacteria and their zones of inhibition and MIC were observed. It has been observed that *n*-hexane extract showed the maximum antibacterial activity at 100 mg/mL concentration. Previous

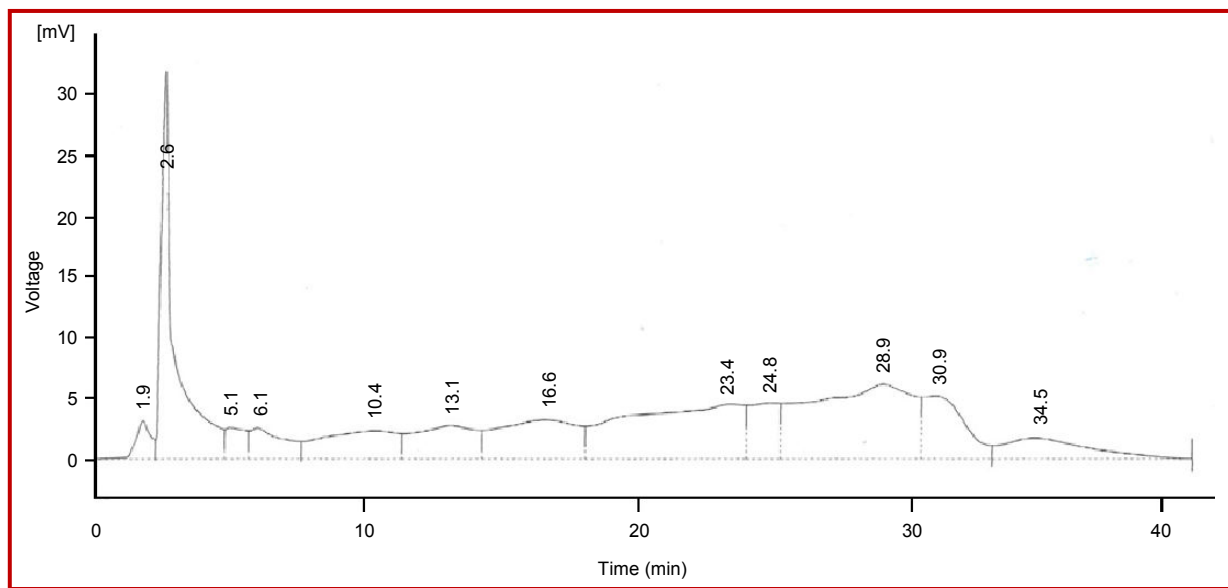


Figure 2: HPLC chromatogram of phenolics present in *Vicia sativa* (n-hexane)

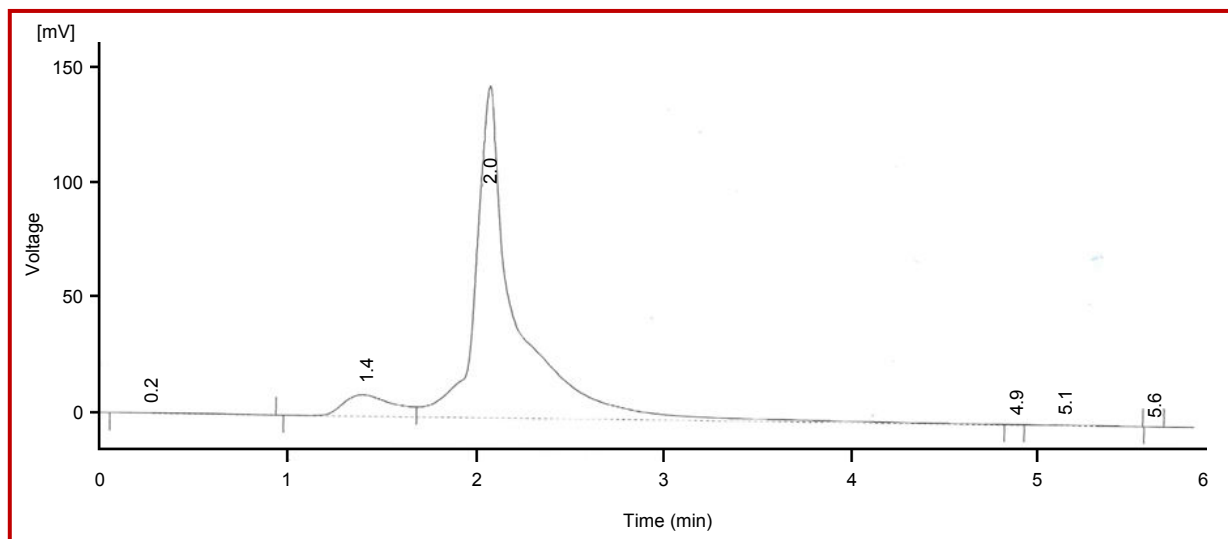


Figure 3: HPLC chromatogram of kaempferol in *Vicia sativa* (n-hexane)

phytochemical studies showed that *V. sativa* contains various constituents e.g, apigenin (Boulos, 1995), kaempferol (Tschiersch and Hanelt, 1966), Luteolin (Seabra et al., 2001), quercetin (Roy et al., 1996), these compounds are identified by NMR-spectroscopy (Agrawal, 1989). Lectin also has been isolated from the plant (Gebauer et al., 1979).

Various studies showed the antimicrobial activity of apigenin (Khanna et al., 1980; Palacios et al., 1983), kaempferol and its derivatives (Rauha et al., 2000; Khanna et al., 1980), luteolin and luteolin-7-glucoside (Bashir et al., 1994), quercetin, 3-*O*-methylquercetin and various quercetin glycosides (Rauha et al., 2000; Khanna et al., 1980). Some phenolic acid also showed the antibacterial effect e.g, caffeic acid, coumeric acid, p-

coumeric acid, ferrulic acid (Nowak et al., 1998; Chiang et al., 2002). Furthermore in the current study the presence of important constituents like chromatotropic acid, gallic acid, quercitin, vanillic acid, syringic acid, vitamin C, trans-4-hydroxy-3-methoxy cinamic acid and kaempferol was confirmed by HPLC analysis. The peaks of these constituents were compared with standard as these gave the same retention time as standard. So it is concluded that the antibacterial activity of *V. sativa* due to these active constituents present in this plant.

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