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# Preparation and evaluation of novel galantamine hydrobromide sustained-release capsule

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# **Introduction**

Alzheimer's disease has become one of the most common aging diseases of the highest risk. This chronic neurodegenerative disorder is characterized by the loss of cholinergic neurons and can cause progressive impairment of memory and cognitive function, as well as the resulting behavioral disturbances (Hebert et al., 2003). Although it was suggested that the pathogenesis of Alzheimer's disease may involves oxidative injury induced by free radicals (Lipton et al., 2007; Moreira et al., 2005), cholinergic neurotransmitter system deficits (Oddo and La Ferla, 2006), and the elevated levels of proinflammatory cytokines (Wenk et al., 2002). The exact mechanism remains complicated and unknown. Now-a-days, it has been indicated that many of the memory promoters, such as brain speed shake, brain

speed smoothie, and mocha focus delight etc., have chemical substances mimicking the memory promoting agents, for example, galantamine hydrobromide (Wenk, 2003).

Galantamine hydrobromide is a phenanthridine alkaloid and isolated from several members of the *Amaryllidaceae* family plant, such as snowdrops (de Jong et al., 2006). It can be used to moderate or delay the manifestation of Alzheimer's disease symptoms as one of the selective and reversible acetylcholinesterase (AChE) inhibitors, thus show the memory-enhancing effects (De Bruin and Pouzet, 2006). Further, its concentration-dependent inhibitive effect on AChE activity has anti-oxidative properties, involving decreased superoxide anion and NO overproduction, as well as restoring mitochondrial membrane potential (Ezoulin et al., 2008). Currently, among several drugs available for Alzheimer's disease treatment, galantamine hydrobromide is the latest one recommended to improve the cognitive functions, and subsequently to treat Alzheimer's patients (U.S. National Library of Medicine, 2007). Galantamine hydrobromide has been approved most recently by the FDA for symptomatic treatment for Alzheimer's disease and vascular dementia by oral or injectable administration. However, its pharmacological activities administered by oral method or injection would be likely to cause some severe adverse effects in the gastrointestinal tract, and some organs or systems outside the central nervous system (Scharre et al., 2008; Turiiski et al., 2004). Therefore, a more efficient administration route and pharmaceutical preparation to enhance delivery ability are urgently needed (Kuna and Borra, 2013; Li et al., 2012; Marques et al., 2011).

In the present work, we intended to develop a new galantamine hydrobromide formulation, sustainedrelease capsule. On this basis, a simple, practical and accurate HPLC analysis method was established and validated to determine the drug contents, which was further applied to the *in vitro* release study. Fiber-optic real time dissolution test was applied to investigate the consistent release in batches. Furthermore, pharmacokinetics study was also conducted to verify the correlation and consistency of experimental results *in vivo* and *in vitro*. We also wished to confirm whether the release behavior of drugs could be improved by the developed samples with that of the reference.

# **Materials and Methods**

#### *Chemicals and reagents*

The reference substances of galantamine hydrobromide (purity>99.8%, Figure 1) was obtained from the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China). Potassium dihydrogen phosphate, sodium hydroxide and triethylamine were provided by Qinjiuhong Chemical Reagent Co., Ltd (Zhengzhou, China). Hydroxypropyl methyl cellulose, microcrystalline cellulose and ethyl cellulose were provided by Beijing Huajinsheng Technology Co., Ltd. HPLC-grade methanol was pur-chased from Tedia Company Inc. (Fairfield, USA). The commercial product (Razadyne ER) was purchased from the



Figure 1: The chemical structure of galantamine hydrobromide

market. Other chemicals of analytical grade were provided by Nanjing Chemical Reagent Co., Ltd (China). Water was distilled and purified using a Milli-Q System (Millipore, USA).

# *Animals*

Male and female beagles  $(10.0 \pm 0.5 \text{ kg})$  were supplied by Southeast University Laboratory Animal Center (Nanjing, China). Animals were kept under controlled temperature and relative humidity, and acclimatized to the housing environment for 1 week before the study. The beagles were fasted, but had free access to water overnight before the administration.

#### *Preparation of galantamine hydrobromide sustainedrelease capsules*

Sustained-release capsules were prepared by extrusionspheronization method. In brief, an appropriate quantity of galantamine hydrobromide was weighed and mixed with microcrystalline cellulose, after adding a solution of hydroxypropyl methyl cellulose in water; pellets were prepared by extruding and rolling. Spraycoating technique was used to prepare immediaterelease pellets with the solution of hydroxypropyl methyl cellulose on fluidized bed bottom to envelop the sealing coat, followed by taking small samples for spraying to coat with EC water dispersion on fluidized bed bottom similarly, to obtain sustained-release pellets. Finally, encapsulated the immediate-release and sustained-release ones to capsules proportionally and packed, yielded the products (Figure 2).

## *Development of assay method*

#### *Chromatography analysis condition*

The chromatography separation was performed with a diamonsil <sup>TM</sup>C<sub>18</sub> column (200 mm  $\times$  4.6 mm, 5 µm) at a column temperature of 25°C. The mobile phase containing triethylamine phosphate buffer (PBS, pH 6.0)-methanol (75:25) was pumped at a flow rate of 1.0 mL/min, the drug was detected at 289 nm for determining the content of galantamine hydrobromide.

#### *Specificity*

The release medium, PBS (pH 6.5), blank excipients solution including hydroxypropyl methyl cellulose, microcrystalline cellulose and excipients (weighed precisely, mixed and dissolved by release medium), and the reference solution of galantamine hydrobromide were taken and injected for HPLC analysis, respectively.

#### *Linearity*

The different concentrations of galantamine hydrobromide testing solutions were prepared. The calibration curve samples were assayed in triplicate, using concentration (C) as abscissa and peak area (A) as ordinates.



Figure 2: Schematic diagram of the GH sustained-release capsules manufacturing procedure. The immediate-release and sustained -release pellets were placed in a ratio of 1:3 into the capsule coating

#### *Precision and accuracy*

Precision and accuracy were assessed by determining the replicate QC samples (10 μg/mL) on the same day (intra-day precision) and three consecutive days (interday precision). Accuracy was described by relative error and precision was evaluated by intra- and interday relative standard deviation (RSD).

#### *Recovery*

Absolute recovery of analyzes was evaluated by QC samples, and data were determined by comparing the mean amounts obtained from the excipients solution spiked with reference solution with that of the neat standard samples. Three different concentration levels of analyzes were evaluated by analyzing the five samples at each level.

#### *Stability*

The stability of galantamine hydrobromide was evaluated using the samples of 100% concentration level in recovery determination experiment. The samples were analyzed at 0, 2, 4, 8, 10 and 12 hours after conditioning at room temperature, respectively.

#### *Release rate assay method of sustained-release capsules*

The oar method for dissolution test was consulted to determine release rate of galantamine hydrobromide from sustained-release capsules. 900 mL release medium was taken to dissolution glass at predetermined temperature; release medium was agitated by stirring blades at the rotation speed of 50 rpm and sampled at the scheduled time after initiating experiment. 10 mL sample was collected and filtered through a 0.45 μm membrane, filtrate was selected to determine as testing solution.

Galantamine hydrobromide content at each time point was determined by HPLC analysis. Meanwhile, the proper amounts of reference substance was dissolved and diluted quantitatively by release medium to the final concentration of 10  $\mu$ g/mL (8 mg standard) or 30 μg/mL (24 mg standard), which was used as standard solution for the total drug amounts (*W*). The above solutions were analyzed by using HPLC and external standard method, accumulative release amounts and release percent were calculated according to the formula:

$$
Q_{\rm m} = C_{\rm m} V_0 + \sum_{i=0}^{n-1} C_i V_i
$$
 Accuracy *dece* release percent (%) =  $Q_{\rm m} / W \times 100\%$ 

 $Q_n$  was the accumulative release amounts at each time point,  $C_n$  was the measured concentration at each time point,  $V_0$  was the bulk volume of release medium,  $V_i$  was the sampling volume, *C<sup>i</sup>* was the measured concentration at time point *i*, *W*  was the total drug amounts in capsules

#### *Release in different medium*

The *in vitro* release feature of galantamine hydrobromide was assessed using PBS (pH 6.5), hydrochloric acid solution (0.1M HCl), pH 4.5 buffer solution and purified water as release solvent, respectively. Release characteristics were determined at 0.5, 1, 2, 4, 6, 8, 10 and 12 hours following the assay procedures described above. Filtrate was taken for HPLC analysis to determine the accumulative release amounts at each time point and draw the release curve.

#### *Determination for release rate*

The developed formulations and reference ones (Razadyne ER, 8 mg standard in galanthamine) were both taken for release rate assessment, drug contents as well as accumulative release rate in release medium

were determined. According to the guiding principles of quality standards for sustained-release, controlled release and delayed release preparations, 1, 4, and 12 hours were selected as sampling time points, the total release amounts for each capsule should attain 20-40%, 50-70% and higher than 90% corresponding to the three time points, respectively.

#### *Drug release mechanism and statistical analysis for release data*

Drug release data were analyzed by various mathematical models. The *in vitro* release data of galantamine hydrobromide both in developed formulations and reference products was processed by using zero-order kinetics, first-order kinetics, Higuchi, Ritger-Peppas and Weibull equations (Pradhan et al., 2014), and the data obtained from all the time points was selected to simulate. The optimum values for the parameters present in each equation were determined by linear or non-linear least-squares fitting methods. Regression analysis was performed and the best fittings were calculated on the basis of correlation coefficient as *r*.

According to the guideline for bioavailability and bioequiavailability of orally administered solid drugs, similarity (*f2*) and difference factors (*f1*) measuring was applied to evaluate the closeness between the two dissolution profiles (Liu et al., 2012). The *f2* and *f1* was calculated according to the equations given below:

$$
f_2 = 50 \times 1 \text{ g} [(1 + Q/n)^{-1/2} \times 100] \quad Q = \sum_{i=1}^{\frac{n}{2}} (R_i - T_i)^2
$$

$$
f_1 = \begin{bmatrix} \sum_{i=1}^{n} (R_i - T_i)^2 / \sum_{i=1}^{n} R_i \end{bmatrix} \times 100
$$

where *n* is the number of time points,  $R_t$  and  $T_t$  are the percentages of the reference and testing drug release at each time point *t*, respectively

In order to consider the release profiles similar, the *f<sup>2</sup>* values should be close to 100 and the *f1* values should be close to 0. In general, *f<sup>2</sup>* values of the two drug release profiles is between 50 and 100, and then these two drug release characteristics are similar, whereas values below 50 indicates differences between the release profiles, similarly, *f1* values within 0 and 15 show the similarity of the dissolution profiles.

#### *Release rate determination by fiber-optic real time dissolution detection*

To investigate the drug release in real-time, fiber-optic real time dissolution tester was used to determine the release rate of our developed formulations. Release assay was carried out as following: Six samples from different batches were taken into the automatism device, with PBS (pH 6.5) as release medium at the rotation speed of 50 rpm and detection wavelength was set at 289 nm. Absorbance and dissolution were assessed for 24 hours at least every 5 min and real time release rates were recorded (Li et al., 2000).

#### *Pharmacokinetic study*

The beagle dogs were randomly divided into two groups and the testing and reference preparations were orally administered to beagle dogs (24 mg), respectively. About 1 mL of blood was collected via anterior limb vein from dogs into heparinized tubes at 0.5, 1, 2, 3, 4, 6, 8, 10, 14, 18, 24, 30, 33 and 36 hours after administration (Qiu et al., 2013). Plasma was separated by centrifuging at 3,000 rpm for 10 min and stored at -70°C until analysis. The drug concentrations in plasma were determined by HPLC.

Data were processed and pharmacokinetic parameters were estimated by a non-compartmental model analysis using the Win Nonlin computer program (Version 4.0, Pharsight). Two one-sided t-test was used to compare the  $C_{\text{max}}$  and  $T_{\text{max}}$  of both the testing and reference preparations. Furthermore, the relative bioavailability (*F*) of the developed testing formulation was calculated as follows:

*F* =*AUCt* /*AUCr*×100%

where *F* is the relative bioavailability, *AUCt* and *AUC<sup>r</sup>* are the area under the concentration-time curve of developed testing formulation and marketed product (reference), respectively

# **Results**

#### *Method validation*

#### *Specificity*

It was indicated by the HPLC chromatograms of galantamine hydrobromide that the retention time (RT) was about 7.6 min, and no significant interferences from pharmaceutical necessities were observed in the RT of galantamine hydrobromide. Thus this method showed good specificity and selectivity for the following study under the selected conditions.

#### *Linearity*

The calibration curves were prepared at the concentration levels of 2.5-50 µg/mL and constructed with a weight of  $1/x^2$ , the typical curve equation obtained was  $A = 32986C-17970$  with the correlation coefficient  $(r)$ 0.9999.

#### *Precision and accuracy*

The results of precision and accuracy were assessed at low, median and high levels. The RSD values of intraand inter-day precision were within 2%, and accuracy results extended from 95 to 105%.

#### *Recovery*

Absolute recovery of galantamine hydrobromide was determined by comparing the contents of three-level

QC samples incorporated with excipients to that of the standard solutions which were directly diluted by mobile phase. The recovery were 99.8  $\pm$  0.3%, 99.6  $\pm$ 0.3% and 99.9  $\pm$  0.3% at low, middle and high QC concentrations, respectively, showing that the absolute recovery was high enough for the analysis of in preparation.

#### *Stability*

The room temperature stability results of galantamine hydrobromide showed that the testing samples were stable under storage conditions and routine analysis for release study.

#### *Release characteristic in different medium*

The release curve of galantamine hydrobromide in four medium were shown in Figure 3. It can be drawn that the accumulative release percents calculated in different medium all reached over 90% at the last time point, suggesting that our sustained-release preparation have favorable release characteristics and the drugs can be fully released. However, it should be noted that the release of galantamine hydrobromide was affected by the medium to some extent; galantamine hydrobromide was released more rapidly within 6 hours in pH 4.5 buffer and HCl solution. The release profiles in PBS and purified water were more closed to each other and drug release in PBS was relatively more adequately in the later stages.

#### *Release results*

The release curve of the testing and reference formulations were shown in Figure 4, contrast results of release rates were summarized in Table I. We can conclude that galantamine hydrobromide in different batches of samples was released with nearly the same property, and release rates increased continuously

along with the time. Although the total release amounts were almost the same, somewhat differently, the drugs in reference samples were released more rapidly within 2 hours and reached the highest value at about 8 hours. Therefore, the results indicated that our testing capsules were of better sustained-release property comparing with the marketed product.

#### *Mathematical model fitting*

The release patterns of drugs from coating pellets formulations can generally be described as: The aqueous medium is absorbed by membrane that cover the drugs, thus the water permeates through the film and drugs inside the core are dissolved. With the osmotic pressure varying, water permeates into the pellets continually until the saturated condition is reached, leading to the transport processes over the membrane are transferred to diffusion in both directions. Finally, water influx and the resulting pellets swelling will induce the capsules network to expand largely, by this means, the further permeability into the film coating is promoted. As shown in Table II, through regression model parameters analysis, the drug release from testing capsules were with closest agreement with the Higuchi release kinetics (*r* = 0.9966), whereas Ritger-Peppas model had the best regression fitting degree for reference preparations (*r* = 0.9989). Furthermore, the release exponent values, "*n*", for both the testing and marketed samples, were between 0.45 and 0.89, indicating that the drug release mechanism followed the non-Fick diffusion, which was affected by the drug diffusion and matrix corrosion.

#### *Data statistical analysis*

The similarity factors (*f2*) and difference factors (*f1*) were calculated for evaluating the dissolution characteristic of all the formulations using the marketed product as



Figure 3: Effects of different mediums on the release of GH in sustained-release capsules. Each point represents average ± standard deviation  $(n = 6)$ 



Figure 4: The release curves of the developed testing and marketed reference sustained-release samples, with PBS (pH 6.5) as the release medium at the rotation speed of 50 rpm



Data are mean ± SD



reference. The *f2* values of six batches were all higher than 50 (90.4, 92.3, 89.8, 83.9, 83.6 and 82.5, respectively), and *f1* values were all lower than 15 (5.98, 1.14, 8.35, 7.85, 5.55 and 7.12, respectively), indicating that their release profiles were quite similar to that of the reference. Based on the *in vitro* dissolution performances, it was expected that our testing formulation

and reference product may be bioequivalent, which needed further bioequivalence verification.

#### *Release rate determination by real time dissolution detection*

I*n situ* process analysis of dissolution of galantamine hydrobromide sustained-release capsules was established by fiber-optic dissolution test system automatically. As shown in Figure 5, the dissolution curves of the six batches of samples were relatively concordant during the whole experiment; drugs were released from testing formulations steadily and the difference among batches was not significant (p>0.05). The above result showed that our developed samples had the uniform release behavior, quality stability and reliable preparation technique.

#### *Pharmacokinetic study*

The plasma concentration-time distribution profiles of galantamine hydrobromide in beagle dogs were shown in Figure 6, the pharmacokinetic parameters calculated

by a non-compartmental analysis using the Win Nonlin software were presented in Table III. The results showed that the pharmacokinetics of galantamine hydrobromide conformed to the two-compartment noninjective open model by program fitting. The plasma pharmacokinetic characteristics of galantamine hydrobromide in testing and reference capsules were similar,  $AUC_{0-t}$  and  $T_{max}$  were relatively closed to each other in both the preparations. However, the half-lives  $(T_{1/2})$  estimated in testing formulations was 6.1  $\pm$  0.8 hours, apparently longer than that in reference ones. Similarly, mean residence time  $(MRT<sub>0-t</sub>)$  was also higher in testing capsules  $(7.9 \pm 1.3 \text{ versus } 4.6 \pm 0.6)$ , indicating that the drugs in our testing capsules can be released



Figure 5: A comparison of the real time dissolution curve of GH sustained-release capsules of different batches. The detection was conducted automatically and real-time in six lines simultaneously, with line 1, 2, 3, 4, 5 and 6 were used for determining the samples from batch 1 to 6, respectively



Figure 6: Concentration–time profiles in plasma of GH following oral administration of sustained-release capsules at 24 mg to beagles. Each point represents average  $\pm$  standard deviation (n = 5)



Data are mean ± SD; n=5

lasting longer *in vivo*. Besides, C<sub>max</sub> estimated in testing ones was lower than their counterparts  $(364.8 \pm 61.4)$ versus  $524.5 \pm 41.7$ , which may be suggest that our pharmacy formulation for sustained-release capsules will potentially reduce the concentration fluctuate in blood levels and the following peak-valley effect. Moreover, the *F* value of galantamine hydrobromide from developed formulation compared with the reference calculated from AUC<sub>0-∞</sub> was 101.1%, which indicated that the two preparations were bioequivalent. Therefore, pharmacokinetic study demonstrated that the *in vitro* release results can be well used to predict the *in vivo* bioavailability of the new formulation.

# **Discussion**

Nowadays, the most frequently used preparative methods for sustained-release pellets formation include rolling method, centrifugalization-fluidization method, spraying-congelation method, spray drying and liquid medium method, and so on. However, extrusionspheronization method is the most best one with the advantage of convenient operation, having the rounded, smooth and complete resulting samples of comparable size and proper rigidity (Su et al., 2012; Wang et al., 2010; Dong et al., 2013). For the postmarketing drug sample in USA, which used as control in this study, it was prepared by coating impermeable liner after fluidization dressing into the blank pellets with agent. Considering the longer dressing time is required for this method and the large drug loss resulted from spraying process, and the high cost of raw material drugs, galantamine hydrobromide, to further save the drugs, the extrusion-spheronization method was adopted by comprehensive evaluating the relative merits of all the methods (Peng et al., 2015; Lin et al., 2015).

In our previous study, preparative processes of pellets were screened to optimize with the shape, friability, content and release rate as assessment [index.](http://www.iciba.com/index/) On the basis of these results, the trial-manufacture products were prepared in three successive batches to validate its feasibility and stability (Shibata et al., 2010; Ishida et al., 2008). The results showed that the pharmaceutical

preparation technique was reasonable, convenient and controllable, thus final formulated constituents and preparation process was selected to manufacture galantamine hydrobromide immediate-release and sustained-release pellets (Ito et al., 2010; Wu et al., 2013). It should be noted that the fillings of marketed control samples consisted of immediate-release and sustained-release ones of the equal amounts for both the 8 mg and 24 mg standards, the drug loading proportion for each immediate-release to sustainedrelease pellet was 1:3. By contrast, we produced with immediate-release and sustained-release ones in the proportions of 1:3, which enveloped the same amounts of drugs in each small pellet, to pack and obtain our capsules within different specifications. The testing results proved that the new formulation design would result in improved sustained property.

According to the sustained-release capsule assay provided by Dissolution Methods for Drug Products and the characteristic of product, phosphate buffer (PBS, pH 6.5) was selected for release evaluation and the dissolution methodology was studied. The release rates limit values were defined based on release curve of the control samples and the guidelines for sustained and controlled-release preparation study (Pradhan et al., 2014). The experimental results indicated that 216.2 mg galantamine hydrobromide could well be dissolved in 900 mL release medium, completely matching the sink condition for release rate determination (3-7-fold of raw material drug amounts equivalent to standard amount be dissolved in the same volume of release medium) (Liu et al., 2012). The maximum specification of our test samples was 30.7 mg calculating by galantamine hydrobromide, therefore, pH 6.5 PBS can entirely meet the release determination requirement of galantamine hydrobromide in sustained-release capsules.

Generally speaking, it is somewhat difficult to characterize the dissolution rate; control the release performance and inherent quality of sustained-release preparations by a single-point dissolution test, the most frequently used *in vitro* release assay method (Ge et al., 2015; Lin et al., 2015). As a new-developed detection technique, the fiber-optic dissolution/release test system can monitor the real dissolution process and provide in-situ, real-time information and complete, accurate details during dissolution, through avoiding the procedure of sampling, filtering and diluting, et al, and reducing the artificial error (El-Malah et al., 2007). The automatic determining of dissolution could be accomplished simultaneously and release parameters can be directly obtained from the dissolution curves, by using real-time test system by the aid of corresponding software. Therefore, this process analysis can supply valid reference for improving preparation technology and evaluating the inherent quality of orally administered solid preparations.

# **Conclusion**

The results indicated that the produced capsules may have better sustained-release performance, which released their contents sustaining over a longer term. On the other hand, drugs could be fully released from sustained-release carriers within the specified time limit, and there was no difference in release property between batches, being confirmed further by real-time dissolution test. Furthermore, pharmacokinetic study conducted in beagle dogs showed our developed testing capsules had better sustained-release characteristics *in vivo*. Comparing with the reference products, galantamine hydrobromide enveloped in testing capsules sustained above the effective plasma concentration lasting longer, were absorbed and eliminated steadier.

# **Ethical Issue**

All studies were in compliance with the guidelines for the care and use of laboratory animals and approved by the Animal Ethics Committee of China Pharmaceutical University.

# **Conflict of Interest**

No conflicts of interest exist.

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