**Steps of giving subcutaneous insulin**

**(Pre- and post-test)**

1. Which route is preferred routinely for giving insulin injection?
2. Intravenous
3. Subcutaneous
4. Intramuscular
5. Intradermal
6. What amount of air you need to inject in insulin vial before drawing insulin?
   1. Same as the required dose of insulin
   2. Any amount
   3. Less than the required dose of insulin
   4. More than the required dose of insulin
7. What should be done if air bubbles are found in the syringe after drawing insulin?
   1. Push back insulin into insulin vial and draw insulin again
   2. It is not a problem
   3. Tap the syringe with your finger to move air bubbles to the top and push back air bubbles to the vial
   4. Throw away the content of the syringe
8. What should be the angle of needle for giving insulin using insulin syringe?
   1. 30°
   2. 45°
   3. 60°
   4. 90°
9. What should be the angle of needle while giving insulin with insulin pen?
   1. 90°
   2. 60°
   3. 45°
   4. 30°
10. Which of the following are the components of a glucometer?
    1. Blood glucose meter
    2. Lancet
    3. Test strip
    4. Syringe
11. How can you ensure that the glucometer is functioning correctly?
    1. Checking level with control strip/solution
    2. Checking blood glucose level in laboratory
    3. Checking blood glucose of other diabetic persons in same glucometer
    4. Checking blood sugar of a non-diabetic person
12. What is the suitable site of finger prick to check blood glucose level?
    1. Finger tip
    2. Lateral sides of finger
    3. Middle of the finger
    4. All of the above
13. Checking insulin vial for observing any change in its content is an important step of taking insulin injection. T/F
14. Reuse of insulin syringe is usually discouraged. T/F