

## OPTIMIZATION OF CULTURE MEDIA INGREDIENT AND INOCULUM ON THE YIELD OF TUBIFEX WORMS AT PILOT SCALE LEVEL

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### Abstract

While the first experiment evaluated the effect of media ingredient mustard oil cake wetted in cattle blood, rice gruel and subsurface clean water, the second experiment focused on the effects of two doses of media levels 75 and 100 mg cm<sup>-2</sup> and two levels of inoculums 75 and 100 mg cm<sup>-2</sup>, on the yield of tubifex worms. Wet medium did not have significant effect on the yield of tubifex worms harvested after 70-day culture duration. Applying 75 mg cm<sup>-2</sup> mustard oil cake as media ingredient resulted in the significantly higher ( $p < 0.05$ ) yield than that of 100 mg cm<sup>-2</sup>. On the contrary, worms' inoculum at the rate of 100 mg cm<sup>-2</sup> gave significantly higher yield than did the 75 mg cm<sup>-2</sup> inoculum. The results of this study have demonstrated that mustard oil can be used as the only culture media ingredient and the combination of 75 mg cm<sup>-2</sup> media ingredient and 100 mg cm<sup>-2</sup> worm's inoculum is the best combination at pilot scale level culture of tubifex.

### Introduction

Tubifex worms, commonly known as sludge worms, are reddish in color usually found in lakes, sewage canals, drains or ponds enriched with organic detritus with steady or continuous water flow<sup>(1)</sup>. These tiny cosmopolitan freshwater oligochaetes are bilaterally symmetrical with tapering ends<sup>(2)</sup>. The frontal portion of the body settles in the mud or silt while the rest of the body waves vigorously above the ground in a breathing movement to increase aeration<sup>(3)</sup>. However, Mariom *et al.*<sup>(4)</sup> identified three (*Tubifex*, *Limnodrilus*, and *Aulodrilus*) genus of the family Tubificidae whereas Haque *et al.*<sup>(5)</sup> reported two species (*Limnodrilus hoffmeisteri* and *Limnodrilus claparedianus-cervix*) of 'tubifex worms' under the *Limnodrilus* genera. The high food value (5,575 cal·g<sup>-1</sup> on a dry weight basis) of tubifex place them superior quality cheapest live food in intensive aquaculture, particularly for catfishes, climbing perch and murrel, of Bangladesh<sup>(6)</sup>.

Culture of high value catfishes such as stinging catfish *Heteropneustes fossilis* (Bloch 1794) and pabda *Ompok* spp. is increasingly becoming popular because of their high market demand and profit. Additionally, the rearing of walking catfish, *Clarias batrachus*

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(Linnaeus 1758), climbing perch *Anabas testudineus* (Bloch 1792), and murrel *Channa striata* (Bloch 1793) is also a profitable enterprise in the rural Bangladesh. Although farming of striped catfish *Pangasianodon hypophthalmus* (Sauvage 1878) has been dropped drastically due to low market price and high feed cost, it contributes nearly 11% of the total fish production of Bangladesh<sup>(7)</sup>. The commercial culture of these fishes require best quality live food for proper growth and development. The blended tubificid worms are fed by spawn whereas the fry and other advantage stages prefer the whole worms<sup>(8)</sup>. Alam and Mollah<sup>(9)</sup> have demonstrated that walking catfish *Clarias batrachus* larvae had higher survival rate and 10 times more growth over those fed with formulated dry feed.

The continuous and reliable supply of hygienically produced tubifex worms is a pre-requisite to produce good quality hygienic fish seed. However, in Bangladesh, tubifex worms are drawn only from the nature which is undependable and insufficient for the rising pressure<sup>(10)</sup>. In addition, the unhealthy condition prevailing in the collection area cause the wild-caught worms hazardous which may not encounter the hygienic grade of feed for larval stages of fishes. The sustainable and reliable supply of hygienically produced tubifex worms at farm level will enhance the commercial production of catfish seeds. Besides, the chances of the outbreak of typhoid and cholera, caused by *Salmonella* and *Vibrio* spp., among the worm collectors will be minimized by commercial culture of tubifex worms<sup>(11)</sup>.

Soybean meal (SBM), mustard oil cake (MOC) and wheat bran (WB) currently are not being used for the sustainable production of tubifex worms in Bangladesh. Cow dung enhances fungal growth in the rearing unit whereas mud may provide the habitat of tubifex worms. Although wheat bran contains more than 15% high quality protein, they are covered by a matrix of cell wall polysaccharides which are not easily digested<sup>(12)</sup>. Soybean meal composed of 40-50% crude protein but deficient of amino acid (cystidine, methionine) and some micro nutrients (calcium, phosphorus) and vitamin B complex<sup>(13)</sup>. Mustard oil cake comprises 28-38% crude protein and all commonly found amino acids<sup>(14)</sup>.

Hossain *et al.*<sup>(15-16)</sup> reported that 20% mustard oil cake (MOC), 30% soybean meal (SBM), 20% wheat bran (WB), 20% cow dung (CD) and 10% sand as the appropriate media composition for the sustainable production of tubifex in laboratory condition in which the worms inoculum was 2.5 mg cm<sup>-2</sup> (for optimum harvesting experiment) and 5.0 mg cm<sup>-2</sup> (for ratio optimization study). Similar observation suggested by Mariom and Mollah<sup>(17)</sup>, while developing suitable culture medium for tubificid, where the worms inoculum was 1.25 mg cm<sup>-2</sup>. Mollah *et al.*<sup>(1)</sup> found higher yield of tubifex worms by using a combination of 35% MOC, 20% WB, 25% CD and 20% sand with worms inoculum at the rate of 1.25 mg cm<sup>-2</sup>. Begum *et al.*<sup>(18)</sup> have demonstrated that 70% cow dung and 30% field soil is the suitable food medium for optimal growth of tubifex worms while Mandal *et al.*<sup>(19)</sup> used rice mill sludge, dairy sludge and raw cattle dung as culture media for

tubifex. Hasan *et al.*<sup>(8)</sup> observed that the blood wetted medium produced the highest yield (worms inoculum 50 mg cm<sup>-2</sup>) in 40% MOC, 30% SBM and 30% mud combination where WB was absent. However, all of these studies were carried out without giving the proper habitat of the tubificid worms. In addition, data on the optimum ratio of culture media ingredient and inoculum of tubifex worms is the lacking. Therefore, the current study is designed to optimize the effects of culture media ingredient and inoculum on the yield of tubifex worms.

### Materials and Methods

*Study organisms:* Study animals were wild caught tubifex worms gathered from the local collectors (Jashore, Bangladesh). Upon collection clean water was used to clean the worms. Before inoculation, the worms were acclimated well by detaining in a tray with slow flow-through system over 24-hour period.

*Experimental system:* The experiment was conducted in a Maa Fatema Fish Hatchery, Jashore, Bangladesh. The culture systems were newly constructed twelve cemented culture raceway (72 x 80 x 10 cm) having 1-inch pond mud on the bottom. Each experimental unit received uninterrupted water supply through a 1-inch diameter porous uPVC spray bar.

*Study design:* While experiment 1 was a one factorial study with three replicates in which wet medium was the only experimental variable, the second experiment focused on the determination of proper dose of media application and inoculums in a 2<sup>2</sup> factorial study. While in the first experiment wet mediums included cattle blood, rice gruel and water, the second experiment used only water. In both experiments, worms yield was the only indicator variable.

*Media combination:* Type and quantity of media ingredients was determined through a series of experiments<sup>(8)</sup>. Use of soybean meal (SM) was found to enhance growth of jelly like moulds which if not cleaned twice everyday covered the entire worms. Thus worms were found to die within 3-5 days. Flour used in a previous experiment was also found to remain un-decomposed even after a month. Therefore, SM and flour were not used in these two experiments. Only 50 mg cm<sup>-2</sup> MOC was used as media ingredient by dissolving in cattle blood, rice gruel and water in the first experiment and in water only in the second experiment.

*Assemblage of culture media elements and wet media:* Freshly produced MOC was collected from local market of Jashore, Bangladesh. Blood was harvested from the butchery house and rice gruel was drawn from students' dormitory (Jashore, Bangladesh). Mud was obtained from nearby pond.

*Media supply:* In the first experiment, each culture unit (5760 cm<sup>2</sup>) was given 288 g MOC (50 mg cm<sup>-2</sup>) upon wetting in blood and rice gruel for 7 days. Before application,

media ingredient in each bowl was mixed well by hand twice every day. Each culture unit was filled with water until spill out before inoculation. The effect of 75 and 100 mg cm<sup>-2</sup> media, and 75 and 100 mg cm<sup>-2</sup> worm's inoculums (with three replicates) on the yield of tubifex production was the prime target in the second experiment.

*Culture technology:* Culture technology was batch system in which worms were inoculated at the beginning of the study and the entire worms were harvested over a duration of 70 days.

*Worms inoculation:* After a day of mud application, the worms were inoculated into the culture system at a density of 50 mg cm<sup>-2</sup> by following Hasan *et al.*<sup>(8)</sup>. Each culture unit received worms homogenously over the culture media ingredients. The second experiment determined the optimum density of media application and inoculums.

*Replenishment of the culture unit:* The experimental unit was renewed by 7-day wetted culture media once in every week at 50 mg cm<sup>-2</sup> for the entire culture duration in the first experiment, while 2 doses of culture media (75 and 100 mg cm<sup>-2</sup>) were applied in the second experiment. Before application of media water flow was stopped and restarted after 10 minutes.

*Flow of water:* Water flow speed was maintained to sustain the concentration of dissolved oxygen (DO) at about 4 mg L<sup>-1</sup>. Each experimental unit had an outlet drain.

*Harvest:* The yield of each culture unit was sieved for total harvest. Harvested worms were cleaned by sub-surface clean water. Blotting paper was used to clean the worms and an electronic balance (SHIMADZU, Japan) was used to weigh the worms.

*Data analysis:* Data were analyzed by 1-, and 2-way ANOVA by SPSS version 20.0 with the level of significance at  $p < 0.05$ . Data were presented as mean  $\pm$  1 SEM.

## Results and Discussion

### Experiment 1:

*Yield of tubifex worms when blood, rice gruel and water were used as the wetting media:* While the highest yield ( $5.869 \pm 0.091$  kg m<sup>-2</sup>) was found in the treatment in which media ingredient was wetted in cattle blood, water wetted media treatment yielded the lowest ( $5.562 \pm 0.099$  kg m<sup>-2</sup>; Fig. 1). However, worms found in the media ingredient wetted in rice gruel were not different from other two treatments ( $5.6656 \pm 0.098$  kg m<sup>-2</sup>).

The observed no difference in yields of tubifex worms in three treatments denotes no or less effects of blood and rice gruel in enhancing yield through the absorption of protein and carbohydrate from blood and rice gruel than in the water only. This no or less effects of blood and rice gruel could have resulted due to washing out of blood and rice gruel with flowing water because mustard oil cake could not hold blood and rice gruel for an adequate time that can be useful in absorbing protein from blood and carbohydrate from rice gruel. Hasan *et al.*<sup>(8)</sup> have found significantly higher yield of

tubifex in blood wetted media where uncrushed soybean meal was used as media ingredient including mustard oil cake. Their finding is different from our observation because they used ungrounded soybean meal which have acted as shell to hold the blood and rice gruel which in turned were used by the worms for their faster and better growth and yield.

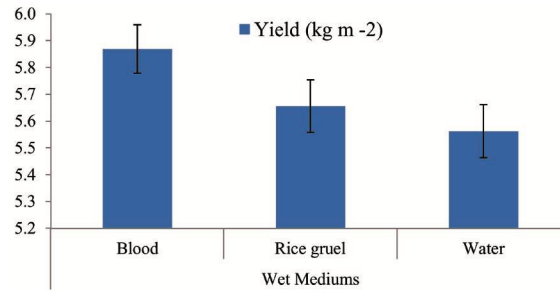


Fig. 1 Yield of tubifex worms (kg m<sup>-2</sup>) harvested from the experiment conducted between 12 May to 21 July 2017. Media ingredient used was only mustard oil cake at 50 mg cm<sup>-2</sup> wetted in blood, rice gruel and subsurface clean water. Values (mean  $\pm$  1 SEM) with no letters are not significantly different (ANOVA, HSD;  $p < 0.05$ ).

### Experiment 2:

*Yield (kg m<sup>-2</sup>) of tubifex worms on media ingredients 75 and 100 (mg cm<sup>-2</sup>) across two worms inoculums 75 and 100 (mg cm<sup>-2</sup>):* The overall effects of applying two doses of culture media ingredients at the rate of 75 and 100 (mg cm<sup>-2</sup>) across two levels of worms inoculums 75 and 100 (mg cm<sup>-2</sup>) yielded nearly 6.65 kg m<sup>-2</sup> worms in the treatment given 75 mg cm<sup>-2</sup> mustard oil cake which is significantly higher ( $p < 0.05$ ) than the yield of 100 mg cm<sup>-2</sup> (6.31 kg m<sup>-2</sup>) treatment (Fig. 2).

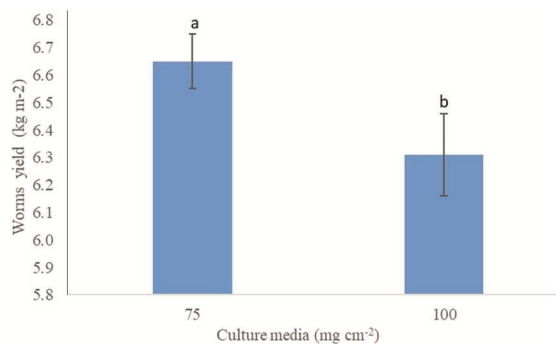


Fig. 2 Overall effects of culture media ingredient mustard oil cake (mg cm<sup>-2</sup>) on the yield of worms (kg m<sup>-2</sup>). Scale bars (mean  $\pm$  1 SEM) with different superscripts are significantly different (ANOVA, HSD;  $p < 0.05$ ).

Significantly higher yield in the treatment given 75 mg cm<sup>-2</sup> mustard oil cake across two levels of worms inoculums 75 and 100 (mg cm<sup>-2</sup>) might have resulted because of easy initial adaptation to the mud where mustard oil cake was applied one day later. Because the inoculation day and later period before applying the culture media ingredient mustard oil cake, the worms got enough time to settle into the mud of the frontal part of the body and leaving the posterior part above the mud to respire. In addition, evenly distribution of worms over the mud confirmed the maximum utilization of the media<sup>(8)</sup>.

### Experiment 2.1:

*Overall effects of inoculums 75 and 100 (mg cm<sup>-2</sup>) on the yield of tubifex worms (kg m<sup>-2</sup>) across two media ingredient 75 and 100 (mg cm<sup>-2</sup>) treatments:* The overall effects of applying two doses of worms inocula at the rate of 75 and 100 (mg cm<sup>-2</sup>) across two levels of culture media ingredients 75 and 100 (mg cm<sup>-2</sup>) yielded nearly 6.68 kg m<sup>-2</sup> worms in the treatment given 100 mg cm<sup>-2</sup> of worms inocula which is significantly higher than the yield of 75 mg cm<sup>-2</sup> (6.28 kg m<sup>-2</sup>) treatment (Fig. 3).

Tubifex worm's inoculum at 100 mg cm<sup>-2</sup> have yielded significantly higher ( $p < 0.05$ ) yield than did the 75 mg cm<sup>-2</sup> is expected<sup>(8)</sup>. Because the higher the inoculum size the greater the absorption of the nutrients which might enhance maturation and reproduction of the worms to grow and propagate quickly.

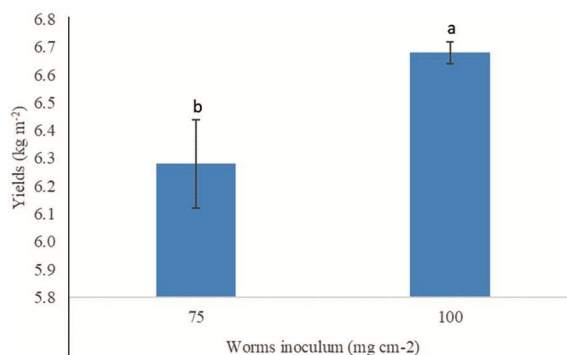


Fig. 3. Overall effects of tubifex worms' inoculum (mg cm<sup>-2</sup>) on the yield of worms (kg m<sup>-2</sup>). Bars (mean  $\pm$  1 SEM) with different superscripts denote significant difference (ANOVA, HSD;  $p < 0.05$ ).

### Experiment 2.2:

*Effects of two inoculums 75 and 100 (mg cm<sup>-2</sup>) in 75 (mg cm<sup>-2</sup>) mustard oil cake treatment:* In 75 mg cm<sup>-2</sup> media treatment, 100 mg cm<sup>-2</sup> inoculum treatment had the significantly ( $p < 0.05$ ) higher yield of worms (6.72 kg m<sup>-2</sup>) than did the 75 mg cm<sup>-2</sup> (6.58 kg m<sup>-2</sup>) treatment (Fig. 4).

### Experiment 2.3:

*Effects of 75 and 100 mg cm<sup>-2</sup> inoculums in 100 mg cm<sup>-2</sup> mustard oil cake treatment:* Similarly, in 100 mg cm<sup>-2</sup> media treatment, 100 mg cm<sup>-2</sup> inoculum treatment resulted in the significantly higher ( $p < 0.05$ ) yield of worms 6.64 kg m<sup>-2</sup> than in the 75 mg cm<sup>-2</sup> (5.98 kg m<sup>-2</sup>; Fig. 5).

Hossain *et al.*<sup>(15)</sup> and Mollah *et al.*<sup>(1)</sup> have found highest yield of worms 5.18 and 5.03 kg m<sup>-2</sup>, respectively, in which 250 mg cm<sup>-2</sup> water wetted media was used in a 10-days interval. In addition, 3.53 kg m<sup>-2</sup> yield of tubifex worms were reported when the media ingredients applied at the rate of 200 mg cm<sup>-2</sup> per 7-days break<sup>(16)</sup>.

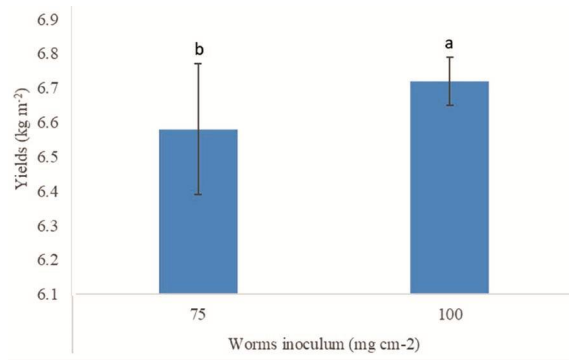


Fig. 4. Effects of tubifex inoculum 75 and 100 (mg cm<sup>-2</sup>) in the treatment 75 (mg cm<sup>-2</sup>) on culture media ingredient on the yield of worms (kg m<sup>-2</sup>). Bars (mean  $\pm$  1 SEM) with different superscripts indicate significant difference (ANOVA, HSD;  $p < 0.05$ ).

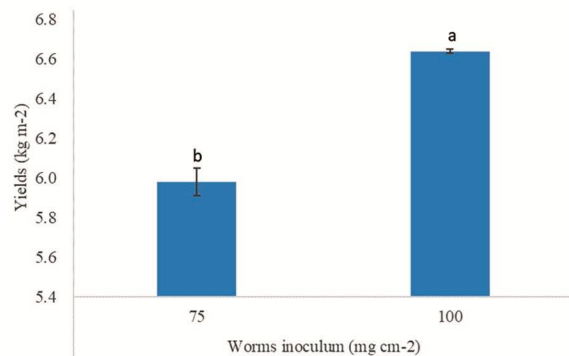


Fig. 4. Effects of tubifex culture media ingredients 100 (mg cm<sup>-2</sup>) on the yield of worms (kg m<sup>-2</sup>). Bars (mean  $\pm$  1 SEM) with different superscripts indicate significant difference (ANOVA, HSD;  $p < 0.05$ ).

Furthermore, Hasan *et al.*<sup>(8)</sup> observed 5.84 kg m<sup>-2</sup> worms yield when water wetted media application was of 250 mg cm<sup>-2</sup> over a 7-days intermission. All of these experiments used two or more media ingredients including cow dung and sand as the

substrate whereas the current study suggests that only mustard oil cake (75 mg cm<sup>-2</sup>) with 100 mg cm<sup>-2</sup> worm's inoculum might be the suitable combination of water media ingredient and inoculum size for significantly higher production of tubifex.

### Conclusions

Wet media does not affect tubifex worms yield significantly. Mustard oil cake can be used to culture worms to avoid jelly like moulds. Use of MOC at 75 mg cm<sup>-2</sup> can be used at the starting dose of MOC. Renewal may also be done at 75 mg cm<sup>-2</sup> with 7 days interval. The combination of 75 mg cm<sup>-2</sup> media (MOC) and 100 mg cm<sup>-2</sup> inoculums (worms) is the best combination of pilot scale culture of fish live food tubifex worms.

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