

PICTURE PRESENTATION

Eruptive Xanthoma in an Obese, Type 2 DM Patient with Hypertriglyceridemia

HOSSAIN T



Figure 1: Eruptive Xanthoma

A 32 year old patient came with newly diagnosed Diabetes Mellitus and Hypertension. He was obese (BMI 34) with acanthosis nigricans and complained of papular rash (Figure 1) appearing on both arms.

The lesions were firm, light red papules distributed over both arms, not itchy. A fasting lipid profile was done and it

showed Serum Triglyceride 879 mg/dl, Total cholesterol 231 mg/dl, HDL 32 mg/dl, LDL was not calculated due to high TG. His fasting blood glucose was 13.2 mmol/L, HbA1c 9.2%, Blood pressure 150/90 mmhg. Renal and Liver function tests were normal, Thyroid function test was normal, USG of whole abdomen showed grade II Fatty Liver.

Address of Correspondence: Tanjina Hossain, Professor, Department of Endocrinology, Green Life Medical College, Dhaka, Bangladesh. E-mail: tanjina75@gmail.com