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# Survey on Asteraceae weeds at Bangladesh Agricultural University campus and reviewed their ethno-botanical uses

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#### **ABSTRACT**

The cosmopolitan family Asteraceae is the largest family of flowering plants. As a part of taxonomic investigation on the "Weed flora of Bangladesh Agricultural University Campus", the Asteraceae weed diversity was studied and their ethno-botanical, ethno-medicinal and other uses, and importance were reviewed from published literature. A total of 26 species belongs to 21 genera of this family was collected and identified. In context to the number of species, *Blumea* was the most dominant genus (with 4 species) followed by *Gnaphalium* (with 3 species); while 19 genera were represented by single species each at this campus. Among the species, *Ageratum conyzoides*, *Blumea lacera*, *Mikania cordata*, *Spilanthes calva*, *Vernonia cinerea*, *Xanthium indicum* and *Youngia japonica* were the most population rich and found mostly in the fallow lands, roadsides and levees of crop field. The knowledge of flowering time/period could be helpful for the effective management of the particular weed species. Some of these weed species have ethno-botanical uses e.g., high medicinal value, consumed as vegetable and salad, feed, fodder, etc. The rigorous taxonomic studies would be helpful for the sustainable management of Asteraceae weed species at this campus as well as the country as a whole, which will ensure higher economic returns without disturbing the agro-ecosystems.

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#### Introduction

Family Asteraceae (alternate name Compositae), also known as daisy family, sunflower family or thistle family, is the largest family of the flowering plants with more than 24,000-30,000 species and 1,600-1,700 genera (Funk et al., 2005). It has cosmopolitan distribution and found almost every environment and continent except Antarctica. The greater proportions are herbaceous, although approximately 2% are trees or shrubs (Lawrence, 1973). Although some obnoxious weeds of crop fields belong to this family, plants of this family have a wide ethno-botanical importance, providing products such as food and vegetable, cooking oils, lettuce, sunflower seeds, artichokes, sweetening agents, coffee substitutes and herbal teas. Some of the genera of this family e.g., Tagetes, Aster, Helianthus, Chrysanthemum, etc. are ornamentals and most of them have medicinal values e.g., antibacterial, antifungal, anti-inflammatory, insecticide, antitumor capacities, etc. Many members of Asteraceae are shown to have pharmacological activity which contained important phytochemical compounds such as polyphenols, flavonoids, and diterpenoids (Singh et al., 2002).

In Bangladesh, Asteraceae is the largest family of broadleaf weeds in context to number of species which represented about 22 weed species belong to 19 genera while 16 genera were represented by single species (Karim and Kabir, 1995).

However, the detailed taxonomic study of weeds is being overlooked by both the practising plant (botanists) and/or the agronomists. taxonomists Recently, a survey of members of family Asteraceae have been made by Rahman et al. (2008) in Rajshahi Division and 27 Asteraceae weed species was identified from Rajshahi District (Rahman, 2013). A few studies were carried out on the occurrences of sedges (Sarwar and Prodhan, 2011; Jannat-E-Tajkia et al., 2018), grasses (Sagar et al., 2018), broad-leaf weed (Khatun et al., 2019) and aquatic weeds (Islam et al., 2017) at the Bangladesh Agricultural University (BAU) campus also. Hitherto, the diversity of Asteraceae family weeds has not been studied yet at this campus. Moreover, the knowledge on flowering periods is much more effective for planning and implementation of effective weed control measures below the economic threshold level. Therefore, the present survey was undertaken to know the diversity of Asteraceae weed species and their flowering time/period by an intensive field survey and to understand their alternate uses through ethno-botanical literature review.

#### **Materials and Methods**

A field survey for taxonomic investigation on the weed species of the family Asteraceae growing throughout BAU campus was carried out during the period from August 2018 to July 2019. The campus was divided into five subunits viz. research fields, farm areas, office area/premises, roadsides & fallow lands, and residential areas, on the basis of area coverage to make a complete survey of the whole campus and was visited frequently (once a week) to study the phenology of the Asteraceae weed species. During the survey, fresh flowering samples were collected when available. Relevant information e.g., collection location & date, habitat, crop/plant association, etc., were recorded during field collection. Field photographs of live specimens were also taken during collection (Fig. 1, Fig. 2, and Fig. 3). Herbarium specimens were prepared as vouchers by drying the fresh samples properly. The dried specimens were mounted on the herbarium sheet and preserved in Prof. Dr. Arshad Ali Herbarium at the Botanical Garden, Department of Crop Botany, Bangladesh Agricultural University. The collected fresh (or dried) specimens were identified in the field or by comparing with herbarium specimens or published literature or consulting with experienced taxonomist at the Bangladesh National Herbarium, Dhaka. The ethnobotanical, viz. ethno-medicinal and other uses, importance of the identified species were included after thorough review of published literature. The major literature consulted was "Encyclopedia of Flora and Fauna of Bangladesh" (Ahmed et al., 2008) and other taxonomy related books (BrindhaDevi and Amutha, 2011; GuhaBakshi et al., 1999; Sarwar and Prodhan, 2011 for detail).

#### **Results and Discussion**

A total 26 Asteraceae weed species under 21 genera and were found in BAU campus (Table 1). The number of Asteraceae weed taxa reported in recent studies (this article; Rahman, 2013) is larger compared to Karim and Kabir (1995); it might due to introduction or invasion of new taxon as a weed. Anthropogenic activities may act as a vector to introduce new weeds from other location (country) with various crop seeds. For example, the Parthenium (P. hysterophorus L.) weed was introduced from the USA via India or Australia through wheat (https://www.apwss.org/documents/ newsletters/parthenium/Parthenium\_News\_Jan\_2010.pd f). The misidentification of taxon (pl. taxa) might be another possibility of lower weed number reported in the previous study (Karim and Kabir, 1995). Among these 21 genera, the most dominant genera were *Blumea* with 4 species followed by Gnaphalium having 3 species; and these two genera together account for 26.9% of total weed species of this family in the BAU campus (Table 1). Nineteen genera were represented by single species each at BAU campus, of which 14 genera viz. Ageratum, Chromolaena, Cotula, Crassocephalum,

Eclipta, Enhydra, Grangea, Hemistepta, Ixeris, Mikania, Syndrella, Tridax, Xanthium and Youngia, were represented by single species only in Bangladesh as well (Ahmed et al., 2008). Among the reported weed species, population density of Ageratum conyzoides, Blumea lacera, Mikania cordata, Spilanthes calva, Vernonia cinerea, Xanthium indicum and Youngia japonica was higher at BAU campus. Some of these weed species are common and major weeds in the wheat, boro rice and other crop fields (Huda et al., 2017; Salam and Begum, 2017). Weed species found in the study area occupy diverse habitat including roadsides, fallow lands, various crop fields, open fields, levees of crop field, nursery beds, bushy areas, dry lands, shallow water bodies, etc. (Table 1). Most of the weeds are very common in roadsides, crop fields, levees of the crop field, fallow lands especially the species of the genus Ageratum, Vernonia, Blumea, Gnaphalium, Eclipta, Mikania, Youngia, Xanthium, etc. Only three aquatic species viz. Enhydra fluctuans, Eclipta alba and Spilanthes calva, were found in this habitat, drying-up of the area could be used as a means of physical control of these weeds. Rest of the twenty three species were reported to occur in more or less dry habitat that can be submerged by irrigation as a method of physical control.

The effective management activities for Asteraceae weeds have a wide range of variation. Proper control of weeds requires persistence and vigilance as well as an understanding of weed management principles and the weed's life cycle. Different cultural methods such as mowing, rogueing, hoeing, tillage, different mulches or cover crop, draft ploughing, etc. are still used in the world to manage weeds including grasses, sedges and many broadleaf weeds (Shear, 1985). The knowledge of phenology (flowering period) may play a very important role for the management of weeds (Jannat-E-Tajkia et al., 2018; Sagar et al., 2018; Khatun et al., 2019). It is also essential to understand the flowering period of Asteraceae weeds to select the time of roughing and other management practices. The flowering periods of most of the collected weed species were throughout the experimental period i.e. from the month of August-July (Table 1). Population of Asteraceae weeds can be maintained below the economic threshold level, if these weeds can be managed before flowering. Plants (weeds) of the family Asteraceae have much diversified ethnomedicinal and other uses (Ahmed et al., 2008; Table 2). Out of 26 species, about 19 species have high ethnomedicinal uses. Interestingly some plants (/plant parts) are used to cure different diseases; on contrary, different plants (/plant parts) are also used for the same disease. For example, Ageratum conyzoides, Blumea lacera, Blumea mollis, Crassocephalum crepidiodes, Eclipta alba, Emilia sonchifolia, Enhydra fluctuans, Spilanthes calva, Xanthium indicum have higher ethno-medicinal value and different plant parts and its derivatives are being used for the treatment of multiple diseases (Table 2). Leaf juice of Ageratum conyzoides, leaf paste of Chromolaena odorata, leaf sap of Crassocephalum

crepidiodes, leaves of Gnaphalium luteoalbum, leaf paste of Gnaphalium polycaulon and leaves of Mikania cordata are being practiced for curing different kind of wounds. For the remedy of fever, leaf juice of Blumea lacera, decoction of Eclipta alba and Emilia sonchifolia plant, plant juice of Ixeris polycephala and Youngia japonica plant are consumed. Stomach pain is relieved by the use of plant juice of Ageratum conyzoides, leaf sap of Crassocephalum crepidiodes, leaves of Grangea maderaspatana, Senecio vulgaris plant and leaf juice of Syndrella nodiflora. Whole plant decoction of Ageratum conyzoides, leaf of Blumea mollis and Enhydra fluctuans are utilized for the treatment of skin diseases. Diarrhoea is recovered by the swallowing of plant juice of

Ageratum conyzoides, boiled herb of Blumea mollis and roots of Emilia sonchifolia. About 7 species are consumed as vegetable and 3 species as salad by the ethnic peoples (Table 2). Young shoot of Blumea lacera, tender leaves of Crassocephalum crepidiodes, leaves of Enhydra fluctuans and Mikania cordata, leaves and young stem of Ixeris polycephala, shoot of Vernonia cinerea and young leaves of Youngia japonica are eaten as vegetable. Tender leaves of Crassocephalum crepidiodes, leaves of Emilia sonchifolia and young leaves of Senecio vulgaris are consumed as salad. Some of them are used as food, fodder, feed, head hair restorer, repellent and weed suppressor.

Table 1. Weeds from the family Asteraceae recorded in the Bangladesh Agricultural University campus

Sl.	Botanical Name	Local Name	English Name	Flowering Period	Habitat	Fig.
1	Ageratum conyzoides (L.) L.	Fulkuri	Billy Goat Weed	November-February	Open fields, roadsides	1A
2	Blumea lacera (Burm. f.) DC.	Barokukshim	Not known	November-February	Wastelands like roadsides, fallow lands	1B
3	Blumea laciniata (Roxb.) DC.	Not known	Cutleaf False Oxtongue	Throughout the year	Roadsides, Wastelands, levees of crop field	1C
4	Blumea mollis (D. Don) Merr.	Not known	Soft Blumea	December-February	Roadsides, fallow lands, levees of crop field	1D
5	Blumea oxyodonta DC.	Not known	Spiny Leaved Blumea	February-March	Open fields, dry lands	1E
6	Chromolaena odorata (L.) King & Robinson	Bara shialmuti	Paraffin Weed	•	Roadsides, bushy areas	1F
7	Cotula hemisphaerica Wall. ex Benth. & Hook.f.	Babuni	Not known	December-February	Dry sandy soil, fallow lands, roadsides	1G
8	Crassocephalum crepidiodes (Benth.) S. Moore	Not known	Red flower Rag leaf	September- February	Dry soil, sandy soil, shady lands, roadsides	1H
9	Eclipta alba (L.) Hassk.	Kesuti/ Kalokeshi	False Daisy	Throughout the year	Damp wastelands, cultivated fields, roadsides and drains	1I
10	Emilia sonchifolia (L.) DC.	Mechitra/ Sadimudi	Lilac Tassel flower	Throughout the year	Uncultivated open fields, edges of fallow lands, loose soil and sandy moist places.	2A
11	Enhydra fluctuans Lour.	Helencha	Water Cress	January-February	Aquatic in ponds, shallow water bodies	2B
12	Gnaphalium luteoalbum L.	Bara Kamra	Weedy Cudweed	August-February	Moist fallow lands, roadsides, open fields, sides of the rice field, levee of crop field	2C
13	Gnaphalium pensylvanicum Willd.	Not known	Pennsylvania Cudweed	January-February	Roadsides and cultivated fields and nursery beds	2D
14	Gnaphalium polycaulon Pers.	Not known	Many-stem Cudweed	December-February	Shady moist soils, fallow lands and dry sandy soils	2E
15	Grangea maderaspatana (L.) Poir.	Nemuti	Madras worm-wood	January-February	Moist and loose soil, levees of crop fields	2F
16	Hemistepta lyrata Bunge ex Fischer et Mey.	Not known	Not known	February	Cultivated beds, levees of crop field	2G
17	Ixeris polycephala Cass.	Not known	Not known	November-February	Agricultural fields, levees of the crop fields and roadsides	2H
18	Mikania cordata (Burm.) Robinson	Assam-lata	Heartleaf Hemp vine	October-February	Roadsides, bank of ponds, fallow lands	2I
19	Senecio vulgaris L.	Tasneirinha	Common Groundsel	December-February	Crop fields, levees of crop fields, wastelands and road sides	
20	Spilanthes calva DC.	HoludNakful	Toothache plant	Throughout the year	Fields, wastelands, damp locations, fallows lands, semi-aquatic areas and roadsides.	3B
21	Syndrella nodiflora (L.) Gaert.	Not known	Cinderella weed	Throughout the year	Dry soils, roadsides, near hedges	3C
22	Tridax procumbens L.	Tridhara	Coat Button	April-July	Dry soils, roadsides	3D
23	Vernonia cinerea (L.) Less.	Kuksim	Little Ironweed	Throughout the year	Sandy soil, roadsides, dry areas, waste places, open fields	3E
24		Not known	Creeping Daisy	Throughout the year	Roadsides and gardens	3F
25	Xanthium indicum Koen.	Ghagra	Rough Cocklebur	Throughout the year	Shady places, fallow lands, roadsides, and cultivated fields	3G
26	Youngia japonica (L.) DC.	Not known	Oriental False Hawks beard	August-February	Fallow lands, moist soil, open fields, roadsides	3H

Table 2. Ethno-botanical uses of Asteraceae weeds recorded at the BAU campus

Sl.	Botanical Name	Ethno-botanical uses	References
1	Ageratum conyzoides	Medicinal uses – wounds, sores and cuts, liver pain, skin diseases	Ahmed et al., 2008
		particularly in leprosy, diarrhoea, stomach pain, eye troubles,	
		chronic ulcers, uterine troubles, anal propulsion, dysentery, child	
		pneumonia and ague; harmful effects of perceived evil spirit in	
		children.	
2	Blumea lacera	Vegetable; Medicinal uses - bronchitis, blood diseases, fever,	Ahmed <i>et al.</i> , 2008
		burning sensation, anti-helmintic, astringent, stimulant, diuretic,	
		febrifuge, bleeding piles; repellent of flies and other insects.	
3	B. laciniata	Not known	
4	B. mollis	Medicinal uses - anti-inflammatory and anti-pyretic; skin	BrindhaDevi and Amutha,
		diseases; diarrhoea.	2011; GuhaBakshi et al.,
			1999
5	B. oxyodonta	Not known	
6	Chromolaena odorata	Fish poison; Medicinal uses – cuts/wound healing	Ahmed et al., 2008
7	Cotula hemisphaerica	Not known	
8	Crassocephalum	Vegetable and salad; Medicinal uses – indigestion, stomach upset,	Tropical Plants Database
	crepidiodes	headaches, epilepsy, fresh wounds, sleeping sickness and swollen	•
	· · · · · · · · · · · · · · · · · · ·	lips.	
9	Eclipta alba	Hair growth and turning hair black; Medicinal uses –fever, eye	Ahmed et al., 2008
	<b>r</b>	troubles, suppuration, elephantiasis; laxative, tonic, deobstruent,	, , , , , , , , , , , , , , , , , , , ,
		astringent, emetic, purgative and antiseptic; cooling agent and	
		purify blood	
10	Emilia sonchifolia	Traditional salad; Medicinal uses – febrifuge, infantile timpanists	Ahmed et al. 2008
10	Emilia sonenijolia	and bowel complaints; astringent, anti-asthmatic, antipyretic and	7 milica et at., 2000
		vulnerary; eye inflammation, night blindness and ear-sores;	
		diarrhoea.	
11	Enhydra fluctuans	Vegetable; cooling agent; Medicinal uses – laxative and diseases	Ahmed et al. 2008
11	Ennyara jiuciuans	of skin and nervous system; gonorrhoea; torpidity of liver.	Annied et at., 2008
12	Gnaphalium	Medicinal uses – astringent and wounds healing; gout.	Ahmed et al., 2008
12	luteoalbum	Medicinal uses – astringent and wounds hearing, gout.	Affilled et at., 2008
13	G. pensylvanicum	Not known	
14			Daion at al. 2005
14	G. polycaulon	Medicinal uses – healing of nerve related injuries and burns wounds.	Rajan et at., 2003
15	Cumanananalan		Ahmad at al. 2009
15	Grangeamader	, , , , , , , , , , , , , , , , , , , ,	Ahmed et al., 2008
	aspatana	antispasmodic, earache and emmenagogue; Prescribed in infusion	
1.0	TT 1 1	and electuary.	
16	Hemistepta lyrata	Not known	T 1 1076 M II
17	Ixeris polycephala	Vegetables; Medicinal uses – fever; scabies	Tanaka, 1976; Manandhar,
1.0	1.01	37 (11 36 11 1 1 1 1 1 1 1 1 1 1 1	2002
18	Mikania cordata	Vegetable; Medicinal uses – snake bite and scorpion sting;	Ahmed <i>et al.</i> , 2008
		poulticing the wound of circumcision; suppressing weeds.	3.5.1. 200.5
19	Senecio vulgaris	Salad; toxic to mammals, food for cage birds and poultry;	Mahr, 2006
		Medicinal uses – stomach sickness, purgative, topical gout,	
		menstrual disorders and nose bleeds.	
20	Spilanthes calva	Alien invasive species; Medicinal uses - toothache, pain and	Ahmed <i>et al.</i> , 2008
		swelling; headache, paralysis of the tongue and affection of	
		throat; vulnerary, diuretic, resolves stones in the bladder and anti-	
		scorbutic.	
21	Syndrella nodiflora	Medicinal uses – sore-legs, headache, ear-ache and rheumatism;	Ahmed et al., 2008
		stomach-ache.	
22	Tridax procumbens	Head hair restorer, fish poison.	Ahmed et al., 2008
23	Vernonia cinerea	Vegetable; fodder.	Ahmed et al., 2008
24	Wedelia trilobata	Ground cover; Medicinal uses – chest colds and cough	DeFilipps, 2004
25	Xanthium indicum	Food; poisonous plant, acting on the heart; fruits lightly narcotic;	
		Medicinal uses – hernia and ulcers; tonic, diuretic, diaphoretic,	
		segative and drilg.	
26	Youngia japonica	sedative and drug.  Vegetable; Medicinal uses – anti-tussive and febrifuge; treatment	Manandhar 2002: Duke a



Fig. 1. Photographs of Asteraceae weeds in natural habitat. A. Ageratum conyzoides; B. Blumea lacera; C. Blumea laciniata; D. Blumea mollis, E. Blumea oxyodonta; F. Chromolaena odorata; G. Cotula hemisphaerica; H. Crassocephalum crepidiodes; I. Eclipta alba.



Fig. 2. Photographs of Asteraceae weeds in natural habitat. A. Emilia sonchifolia; B. Enhydra fluctuans; C. Gnaphalium luteoalbum; D. Gnaphalium pensylvanicum; E. Gnaphalium polycaulon; F. Grangea maderaspatana; G. Hemistepta lyrata; H. Ixeris polycephala; I. Mikania cordata.



Fig. 3. Photographs of Asteraceae weeds in natural habitat. A. Senecio vulgaris; B. Spilanthes calva; C. Syndrella nodiflora; D. Tridax procumbens; E. Vernonia cinerea; F. Wedelia trilobata; G. Xanthium indicum; H. Youngia japonica.

#### Conclusion

The result revealed that the BAU campus is rich in Asteraceae genetic resources. Ageratum conyzoides, Vernonia cinerea, Spilanthes calva, Blumea lacera, Youngia japonica, Xanthium indicum and Mikania cordata were the most dominant weed species in context to its abundance. Although some species are major and common obnoxious weeds of different crop fields, many of these species have diversified uses such as medicinal values, vegetables and salad, feed and fodder, etc. The knowledge generated from the present research would be helpful for the sustainable management of Asteraceae weeds at this campus as well as the country as a whole,

which will ensure higher economic returns without affecting the agro-ecosystems.

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