

Assessment of Quality of Sexual Life in Male Patients with Psoriasis

Sexual activity remains important for all men-women throughout their lives; erectile dysfunction usually leads to a worsening of their sexual activity and can cause significant personal and interpersonal distress at any age¹. According to the World Health Organization, sexual health is a state of physical, mental and social well-being in relation to sexuality; it is not merely the absence of disease, dysfunction or infirmity. Sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of discrimination and violence. For sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled². Sexuality is a basic demand and an aspect of human beings that cannot be separated from other needs and is extremely important in maintaining good mental health³. Chronic systemic diseases may cause psychosocial problems and may affect the quality of life and sexual functioning of patients⁴.

The decrease in sexual function in many chronic diseases has recently attracted attention owing to its impact on the quality of life. Many studies focused on erectile dysfunction specialties of medicine, but only a few studies on dermatological diseases. Chronic and common dermatological diseases such as Psoriasis, Vitiligo, Fungal diseases may impact sexual activities on both males and females in our country⁵. "Assessment of quality of sexual life in male patients with Psoriasis" is a very good start to opening new windows in dermatology as well as sexual medicine. Hoping in the

near future we will see good articles about the impact of chronic skin diseases on the sexual function of both males and females.

(J Bangladesh Coll Phys Surg 2022; 40: 216)
DOI: <https://doi.org/10.3329/jbcps.v40i4.61875>

Prof. Dr. Md. Rokon Uddin

Allergy Skin-Vd, Sexual Medicine Specialist & Laser Dermatologist
Bangladesh Specialized Hospital
Mobile: 01711392013
E-mail: drrokon47@gmail.com

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