



STUDIES ON THE SUGAR ACCUMULATION AND CARBOHYDRATE SPLITTING ENZYME LEVELS IN POST HARVESTED AND COLD STORED POTATOES

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Abstract

Significant differences were found in sugar content and carbohydrate splitting enzyme activities in tubers of ten indigenous potato varieties at harvesting and after keeping at cold storage. The activities of invertase, amylase, β -galactosidase and cellulase in all varieties were found to be increased by 2-12, 1.2-4, 1.9-4.5, and 1.1-3.7 folds, respectively from harvesting to cold stored potatoes. The amount of starch and sucrose were found to be decreased by 1.15-2.8 and 1.02-1.4 folds, respectively from harvesting to cold stored in all varieties. Total soluble sugar and reducing sugar contents in potatoes were increased by 1.02-1.4 and 4-11 folds, respectively from harvesting to cold stored in all varieties of potatoes. The amount of reducing sugar increased in cold stored potatoes due to the increased activities of carbohydrate splitting enzymes.

Key words: Potatoes, Indigenous, Carbohydrate splitting enzymes, Sugars.

Introduction

Potato (*Solanum tuberosum*) is an important vegetable crop in Bangladesh and occupying third position, after rice and wheat. Potato is not indigenous crop of Bangladesh. It is a staple food in more than 40 countries and it is used for human consumption, animal feed and industrial raw material. It is an excellent source of starch, proteins, iron, phosphorus, calcium, carotene, thiamine, riboflavin and vitamin-c (Bradbury and Holloway 1988, Wheatly *et al.* 1995). The chemical compositions of potatoes are greatly affected by variety, environment and farming conditions (Cargill *et al.* 1986, Forbush 1989). Potato tubers contain 9 to 25% carbohydrate (Cacees and Pedro 1991) and it was reported that the quantity and quality of carbohydrate changes with the changes of temperature. Storing at low temperature can lead to sweetening of potatoes due to the accumulation of reducing sugars (Uppal and Verma 1990, Wismer *et al.* 1995). At low temperature some of the carbohydrate splitting enzymes may get activation and play some important role for the sweetening of potato. This study was carried out to ascertain the relationship of sugar content and some carbohydrate splitting enzymes in ten different indigenous varieties of potato at harvesting (mature) and after keeping in cold storage at 30-35° F for 8 weeks.

Materials and Methods

The varieties Ausha, Challisha, Lal pakri, Lal shil, Patnai, Shada guti, Shil bilati, Jolpai, TPS-67 and TPS-7 were collected from the plant Breeding and Biotechnology Laboratory, Department of Botany, Rajshahi University, Bangladesh.

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Enzyme assay: About 50 g of potato were peeled and cut into small pieces and homogenized well with cold buffer of respective pH (for amylase, invertase, cellulase: 0.1 M sodium acetate buffer, pH 6, pH 5 and pH 5.2, respectively and β -D-galactosidase: sodium citrate buffer, pH 4.1). The extracts were filtered by few layer of cheesecloth and further clarified by centrifugation at 6000 rpm for 15 minutes at 4°C. The clear supernatant was collected and used as crude enzyme extract.

Amylase, invertase and cellulase activities were assayed as described by Mahadevan and Sridhar (1982) using starch (1%), sucrose (2.5%) and carboxymethyl cellulose (0.5%) solution as substrate, respectively. One unit of amylase activity was defined as the amount required for liberating 1 μ g of glucose from starch per minute at 37°C. One unit of invertase activity was defined as the amount required for liberating 1 μ g of glucose and fructose from the breakdown of sucrose per minute at 37°C. Cellulase activity was measured by estimating the reducing sugar released from substrate by cellulase using dinitrosalicylic acid method (Miller 1972). One unit of cellulase activity was defined as the amount of enzyme required for liberating 1 μ g of reducing sugar from CMC per minute at 37°C. β -galactosidase activity was assayed by the method of Lazan *et al.* (1993). Amount of galactose released was estimated by dinitrosalicylic acid method (Miller 1972). One unit of β -galactosidase activity was defined as the amount of enzyme that catalyzed the liberating of 1 μ g of galactose per minute at 37°C.

Estimation of starch, total soluble sugar, sucrose and reducing sugar: Total soluble sugar and starch in potato were determined colorimetrically by the anthrone method (Jayaraman 1985). Reducing sugar content was determined by dinitrosalicylic acid method (Miller 1972).

Results and Discussion

The activities of different enzymes, amount of starch, total soluble sugar, sucrose and reducing sugar in ten different indigenous potato varieties (IPVs) at harvesting and in cold stored condition are shown in Table 1. Invertase, a carbohydrate splitting enzyme, plays an important role in the hydrolysis of sucrose to glucose and fructose. Invertase activities in different varieties of potato at harvesting stage were ranged from 6.66 to 24 U/ml and from 34 to 116 U/ml at cold stored conditions. Among the varieties, the invertase activity was found to be highest in Shil bilati (24 U/ml) and lowest in Ausha (6.66 U/ml) at harvesting stage. After cold stored, Jolpai and Shada guti contained the highest (116 U/ml) and lowest (34 U/ml) amount of invertase activities, respectively. The activities of invertase in all varieties were found to be increased about 2 to 12 folds from harvesting to cold stored conditions. Similar trends were also reported by Illeperuma *et al.* (1998), Geracimo and John (1990), Uppal and Verma (1990) and Richardson *et al.* (1990).

Amylase is a carbohydrate splitting enzyme, which hydrolyzes starch to yield monomeric carbohydrates. Amylase activities in different varieties were varied between 22 to 67 U/ml in harvesting and 26 to 210 U/ml after keeping at cold stored conditions (Table 1). Of the varieties, TPS-67 contained the highest (67 U/ml) and TPS-7 contained lowest (22 U/ml) amylase activities at harvesting stage. After cold stored, Lal pakri contained the highest amount (210 U/ml) of amylase activities followed by Ausha (161 U/ml), Shada guti (139 U/ml), Shil bilati (117 U/ml) and so forth. The lowest activity (26 U/ml) was found in cold stored TPS-7 potato variety. The activities of amylase were found to be increased 1.2 to 4 folds from harvesting to cold stored conditions in different varieties. Similar activities pattern in potatoes were also reported by Nielsen *et al.* (1997), Cochrane *et al.* (1991) and Hill *et al.* (1996).

β -galactosidase, a carbohydrate splitting enzyme, plays a significant role in plant tissues especially after maturation of fruits. The activities of β -galactosidase in different varieties were found to be ranged from 5.74

U/ml to 14.66 U/ml and 13.6 U/ml to 37 U/ml in harvesting and cold stored conditions, respectively (Table 1). Among the varieties, the activity β -galactosidase was present to be highest in Patnai (14.66 U/ml) and lowest in Lal pakri variety (5.74 U/ml) at harvesting stage. After cold stored, the maximum amount of β -galactosidase activity was found in Jolpai (37 U/ml) followed by Ausha (32.8 U/ml), Patnai (31 U/ml), Shada guti (27 U/ml) and so forth. The activities of β -galactosidase in all varieties of potatoes were found to be increased by 1.9 to 4.5 folds from harvesting to cold stored conditions.

Table 1. Activities of amylase, invertase, cellulase, β -D-galactosidase and its relation to sugar accumulation in potato at harvesting and after keeping at cold storage (within parenthesis) conditions.

Varieties	Enzyme (unit/ml)				Composition (g%)			
	Invertase	Amylase	β -D-galactosidase	Cellulase	Starch	Soluble sugar	Reducing Sugar	Sucrose
Ausha	6.66±0.002 (55.5±0.01)	54.66±0.01 (161±0.008)	12.26±0.0015 (32.8±0.002)	2.66±0.001 (6.77±0.002)	8.5±0.05 (5.82±0.03)	4.44±0.1 (4.73±0.1)	0.17±0.04 (1.45±0.11)	4.22±0.1 (3.12±0.12)
Lal pakri	20.66±0.004 (62±0.008)	60.13±0.02 (210±0.08)	5.74±0.003 (13.6±0.001)	5.95±0.0025 (6.33±0.002)	11.48±0.03 (4.63±0.07)	2.5±0.2 (2.65±0.1)	0.05±0.01 (0.20±0.10)	2.38±0.2 (2.32±0.1)
Lal shil	17.2±0.002 (64±0.004)	27.66±0.006 (108±0.02)	8.52±0.007 (18.6±0.003)	0.95±0.003 (3.5±0.001)	12.43±0.06 (4.47±0.05)	6.95±0.4 (7.53±0.6)	0.14±0.02 (1.31±0.08)	6.65±0.4 (5.91±0.55)
Patnai	16.33±0.01 (64±0.005)	56±0.0015 (84±0.007)	14.66±0.004 (31±0.005)	3.75±0.002 (3.93±0.001)	8.2±0.08 (7.15±0.06)	2.63±0.3 (3.5±0.2)	0.12±0.02 (0.91±0.09)	2.5±0.3 (2.46±0.15)
Shada guti	19.33±0.008 (34±0.007)	62±0.03 (139±0.02)	12.26±0.003 (27±0.001)	4.14±0.003 (7.33±0.008)	9.03±0.09 (5.93±0.01)	5.05±0.4 (5.15±0.1)	0.09±0.01 (0.75±0.07)	4.8±0.4 (4.18±0.11)
Shil bilati	24±0.005 (87±0.02)	58±0.006 (117±0.01)	6.12±0.003 (20.4±0.004)	5.05±0.006 (5.44±0.002)	9.41±0.06 (7.76±0.02)	4.25±0.09 (4.75±0.2)	0.08±0.01 (0.87±0.11)	4.03±0.09 (3.68±0.19)
Challisha	8.78±0.003 (80±0.002)	63.3±0.02 (93.5±0.006)	13.6±0.003 (25.2±0.008)	3.4±0.001 (4.3±0.002)	8.2±0.07 (6.86±0.02)	2.79±0.1 (3.21±0.05)	0.19±0.01 (1.21±0.12)	2.66±0.16 (1.9±0.12)
Jolpai	9.35±0.01 (116±0.04)	45.8±0.02 (61±0.02)	8.2±0.008 (37±0.002)	2.8±0.002 (3.85±0.003)	10.2±0.07 (8.82±0.09)	4.35±0.09 (5.76±0.06)	0.21±0.03 (1.48±0.09)	4.13±0.2 (4.07±0.35)
TPS-67	10.5±0.009 (75±0.006)	67±0.008 (105.66±0.06)	7.8±0.003 (16±0.02)	3.8±0.004 (5.2±0.001)	7.8±0.01 (5.88±0.04)	2.27±0.1 (2.74±0.1)	0.09±0.001 (0.85±0.09)	2.15±0.06 (1.79±0.12)
TPS-7	7.2±0.005 (56±0.02)	22±0.003 (26±0.02)	9.2±0.002 (21.6±0.03)	2.3±0.002 (4.66±0.003)	7.05±0.07 (5.53±0.02)	2.9±0.2 (3.6±0.3)	0.12±0.01 (1.15±0.11)	2.75±0.3 (2.32±0.23)

Cellulase is also a carbohydrate splitting enzyme, which is responsible for release of glucose from cellulose. The cellulase activities of the different indigenous potato varieties at harvesting and cold stored are given in the Table 1. Of the varieties, the activities of cellulase were highest in Lal pakri (5.95 U/ml) and lowest in Lal shil (0.95 U/ml) at harvesting stage. After cold stored, Shada guti contained the highest amount (7.33 U/ml) of cellulase activities followed by Ausha (6.77 U/ml), Lal pakri (6.33 U/ml), Shil bilati (5.44 U/ml) and so forth. The lowest activity was found in Lal shil (3.5 U/ml) after keeping at cold storage. Although the amount of cellulase activity was low compare to other, activities of cellulase were found to be increased by 1.1 to 3.7 folds from harvesting to cold stored in all varieties of potatoes.

Starch is the principal storage carbohydrate in plant cells. The amount of starch in different varieties of potato was found to be varied between 7.05% - 12.43% and 4.47% - 8.82% in harvesting and cold stored, respectively (Table 1). Lal shil contained highest amount of starch (12.43%) and TPS-7 contained lowest (7.05%) at harvesting stage. After cold stored, Jolpai contained the highest amount of starch (8.82%) followed by Shil bilati (7.76%), Patnai (7.15%), Challisha (6.86%) and so forth. The amounts of starch were found to be decreased (1.15 – 2.8 folds) from harvesting to cold stored conditions in all the varieties. Prolonged exposure to low temperature can result in potato starch conversion to reducing sugar. The amount of starch is reduced due to the hydrolysis of starch by starch degrading enzymes. Similar finding were reported by Nielsen *et al.* (1997), Cochrane *et al.* (1991).

The total soluble sugar contents of ten indigenous potato varieties were analyzed and the results are summarized in Table 1. Total soluble sugar contents were increased moderately in cold stored potato. Of the varieties examined, Lal shil contained the highest amount of total soluble sugar (6.95%) while TPS-67 contained the lowest amount (2.27%) at harvesting stage. Among the varieties, Lal shil contained the highest amount of total soluble sugar in both stages (6.95% and 7.53% in harvesting and cold stored, respectively). After cold stored, the amount of total soluble sugar varied between 2.65% (Lal Pakri) to 7.53% (Lal shil). The amount of total soluble sugar in all the varieties was found to be increased (1.02 – 1.4 folds) from harvesting to cold stored conditions. Increased total soluble sugar content might be due to enzymatic hydrolysis of starch to sugar at low temperature (Cochrane *et al.* 1991, Nielsen *et al.* 1997).

The reducing sugar content of the potato is affected by several factors, including variety, growing conditions, maturity at harvest, post harvest handling stress and the storage environment (Cargill *et al.* 1986, Forbush 1989, Uppal and Verma 1990). As shown in Table 1, the reducing sugar contents were found to be varied between 0.05-0.21% and 0.20-1.48% at harvesting and cold stored potatoes. After cold stored conditions, Jolpai cultivar contained the highest amount of reducing sugar (1.48%) followed by Ausha (1.45%), Lal shil (1.31%), Challisha (1.21%), TPS-7 (1.15%) and so forth. Of the varieties, Jolpai contained the highest amount (0.21%) and the Lal pakri contained the lowest amount (0.05%) of reducing sugar at harvesting stage. The amount of reducing sugar in all the varieties of potato was found to be increased (4–11 folds) from harvesting to cold stored. The amount of reducing sugar increased in cold stored potato due to the enzymatic conversion of starch and sucrose to reducing sugar (Illeperuma *et al.* 1998, Uppal and Verma 1990, Nielsen *et al.* 1997).

Sucrose is an early product of photosynthetic reaction and is the most abundant transportable free carbohydrate in the plant kingdom. It was found that Lal shil contained the highest amount of sucrose (6.65%) and TPS-67 contained the lowest amount (2.15%) at harvesting stage. After keeping at cold storage, the amount of sucrose varied between 1.79% (TPS-67) to 5.91% (Lal shail). The amount of sucrose was found to be decreased (1.02–1.4 folds) from harvesting to cold stored in all varieties. The result was correlated well with the increased activities of invertase from harvesting to cold stored potatoes. The increased activity of invertase is associated with the decreased amount of sucrose content in potato reported by Uppal and Verma (1990) and Richardson *et al.* (1990).

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