

College News

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CPD Programme

Continuing professional development is the process of life-long learning in practice. It helps the medical professionals to keep them up-to-date to meet the needs of the patient and health care services and to improve their knowledge, skill and attitude. In Enam Medical College total 7 (seven) seminars were held during the period of January 2020 to April 2020. Around 300 students, doctors and teachers attended each of these seminars.

CME Programme

To enhance communication skill in teaching and learning and efficiency of judgment of teachers, especially the freshly appointed teachers in the assessment in examinations and to improve medical teaching standard of teachers by refreshing knowledge, skill and attitude, continued medical education (CME) programmes are very much needed. It is also essential to make them oriented with the updating of education system, teaching and research methodology and to share experience and views of senior faculties. In these perspectives, Medical Education Unit of Enam Medical College is arranging teaching and learning sessions for all teachers of the college every two months. All the teachers of the college actively participate in these sessions.

Psychiatric Sex Clinic at Enam Medical College and Hospital: A Time Demanded Service has been started

Sexuality is a hidden topic which has not been talked much in Bangladesh where there is strong cultural myths and misconception. Moreover, people are used to visiting traditional healers for sexual problems. Specialized services are scanty in comparison to the overall burden. Moreover, health literacy is a neglected aspect in the country and people visit primary care with different abnormal health believes. Patients with sexual dysfunctions are in a grave situation as they are not oriented regarding whom to approach and how to start. They are being maltreated by non-scientific approaches such as herbal, kabiraz, shaman treatments, etc. With a scientific approach department of psychiatry, Enam Medical College & Hospital has started a psychiatric sex clinic since November 2019. Enam Medical College & Hospital is the first private medical college setting to open such a specialized sex clinic in Bangladesh. Dr. S M Yasir Arafat, Assistant Professor of Psychiatry initially thought to start the service and the authority approved it subsequently. He availed a scholarship from the International Society for Sexual Medicine (ISSM) in 2017 to attend a special training on sexual medicine at the European School of Sexual Medicine held in Budapest, Hungary from 27 October to 5 November 2017. Services are being provided as per the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5) classification of sexual dysfunctions along with few cultural issues such as Dhat syndrome and sex education.

DSM-5 Disorders

Male Sexual Dysfunction

- Delayed Ejaculation
- Erectile disorder
- Male Hypoactive Sexual Desire Disorder
- Premature (Early) Ejaculation

Female Sexual Dysfunction

- Female Orgasmic Disorder
- Female Sexual Interest/Arousal Disorder
- Genito-Pelvic Pain/Penetration Disorder

Others

- Substance/Medication-Induced Sexual Dysfunction
- Other Specified Sexual Dysfunction
- Unspecified Sexual Dysfunction
- Sex Education
- Sexual Misconception such as Dhat Syndrome

As sex is a complex human behavior, multi-disciplinary coordination is mandatory among other specialties such as Skin and Venerology, Endocrinology, Urology, General Practitioners and other related disciplines. Hope the newly opened service can serve a larger number of patients with a scientific approach.