

Phytochemistry and *In vitro* Antimicrobial Activity of Five Plant Species against Nine Common Human Pathogens

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ABSTRACT: *Momordica charantia*, *Senna podocarpa*, *Senna alata*, *Ocimum gratissimum*, and *Sida acuta* which have reportedly been used in folklore for the treatment of various diseases were studied for their antimicrobial activity. Crude methanolic extracts of the leaves were screened for phytochemicals after which they were tested *in vitro* for activity against clinical isolates of *Staphylococcus aureus*, *Klebsiella oxytoca*, *Pseudomonas aeruginosa*, *Proteus vulgaris*, *Bacillus subtilis*, *Enterobacter aerogenes*, *Aspergillus niger*, *A. flavus* and *Candida albicans*. Phytochemicals present in the extracts included saponins, alkaloids, anthraquinones, tannins, flavonoids and cardiac glycosides. These extracts also showed varying degrees of activity against tested organisms at a concentration range of 15.6 to 500 mg/ml. However, *S. acuta* showed activity against *P. vulgaris*, *E. aerogenes* and *As. flavus* only. The MIC of the extracts against test organisms ranged from 31.25 to 250 mg/ml. The significant antimicrobial susceptibility of the plant extracts against gram positive bacterial pathogens and some pathogenic yeasts, may not be due to the presence and synergistic interactions of secondary metabolites found in these plant extracts. This would have implications in health, particularly in developing countries where a significant percentage of the population are still using traditional plant extracts for health care.

Key words: Phytochemicals, *in vitro*, antimicrobial activity, human pathogens, plant species

INTRODUCTION

Man had from time immemorial, met his medical needs through the use of herbs and herbal products¹ before the advent of orthodox medicine. Hence, plant-derived medicines remain an important resource to combat various illnesses, including infectious diseases²; especially in some parts of primary health care. Plants have been studied and reported to provide sources of inspiration for novel drug compounds. Their extracts are useful alternative antimicrobial substances.³ The current emergence of antimicrobial-resistant strains around the globe has necessitated the return of natural plants products in the treatment of infections caused by microbes.⁴

The World Health Organization (WHO) has put the world population that depends on medicinal plants for their health care needs at about 80% and more than 30% of the pharmaceutical preparations are based on plants.⁵ Also, the WHO has reported cases of changing sensitivities of various bacteria to antibiotics⁶ aside from a global challenge of the emergence of multidrug-resistant pathogens.⁷ Antimicrobial resistance undermines our ability to fight infectious diseases and poses serious health issues in hospitals, care centres and communities such as increased cost of health care and length of stay.⁸ Additionally, many patients prefer herbal remedies to treat diseases due to the side effects and untoward effects of some chemical and orthodox drugs.⁹

M. charantia (Cucurbitaceae) commonly called bitter lemon or wild cucumber has been reported to be an effective therapeutic agent against diabetes,

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menstrual troubles, syphilis, rheumatism, boils and ulcers¹⁰. Anticancer, anti-oxidant, anthelmintic, antimalarial, antiviral and antimicrobial properties of the plant are also found in literature/^{2,11-14} Protein MAP-30, alpha-momorcharin and beta-momorcharin with anti-HIV activity¹⁵ and a steroid, charantin, with proven antidiabetic activity¹⁶ are some compounds that have been isolated from *M. charantia*.

S. podocarpa (Cesalpiniaceae) is a laxative, having anti-gonorrhoeal, and purgative properties. Additionally, it has been used as guinea-worm and sore-healing remedy among the Igbos of South-East Nigeria.¹⁷ *S. alata*, of the same family, has been used as an anti-fungicidal agent in the treatment of skin disorders caused by dermatocytes.¹⁸ Similarly, *O. gratissimum* (Labiatae) leaf, has been found useful in the treatment of diarrhoea, headache and bronchitis while *S. acuta* (Malvaceae) leaf was reported in the treatment of catarrh, dysentery, nephritis and convulsion.¹⁹

It has been reported in the literature that medicinal plant species have great antimicrobial and antifungal activities on common pathogens.^{20,21} The crude methanol extract of *Allium ascolonicum* has been reported to show significant activity against nosocomial pathogens such as *S. aureus*, *P. aeruginosa*, and *C. albicans*, some of which was used in this study.²² *K. oxytoca*, an opportunistic pathogen that has been implicated in septic shock in humans has also been reported to show susceptibility to crude extract of *Allium ascolonicum*.^{22,23}

B. subtilis plays a primary role in the development of the gut-associated lymphoid tissue (GALT) and the pre-immune antibody repertoire in the rabbit.²⁴ Though not generally considered pathogenic, *B. subtilis* can be leveraged to reach the very pathogenic members of the genus *Bacillus* such as *B. anthracis*, since they share genomic similarities.

Enterobacter cloacae and *E. aerogenes* are often implicated in *bacteraemia* cases.²⁵ *Aspergillus flavus* is second to *A. fumigatus* as the cause of human invasive Aspergillosis and additionally the major species of *Aspergillus* that infect insects.²⁶⁻²⁸

A. niger is one of the most common causes of Otomycosis, which can cause pain, temporary hearing loss, and in severe cases, damage to the ear canal and tympanic membrane.²⁹ Previous evaluation of the antimicrobial properties of the ethanolic extracts of some medicinal plant seeds from South-West Nigeria has been reported³⁰ but the literature on the phytochemicals of the five plant species in our study and antimicrobial activity is scanty. This study is therefore designed to screen the extracts of five plants—species for phytochemical constituents and then evaluate their activities against common human pathogens (six bacterial and three fungal) providing a scientific basis for some of their folkloric uses. This is geared towards advancing our studies to bring into the limelight some lesser-known medicinal plant species that have folkloric uses^{30,31} to discover if these plants could serve as potential sources of new antimicrobial agents.

MATERIALS AND METHODS

Plant collection and processing. Five plants belonging to different families (Table 2) were selected based on their traditional usage for the treatment of infectious diseases. The plant species were collected from various parts of Ogun State, South-West, Nigeria. They were identified and authenticated by Mr Adeyemo at the herbarium in Forest Research Institute of Nigeria (FRIN), Ibadan, Nigeria. Voucher specimens were deposited for reference purposes, with the voucher numbers FHI. 111052, FHI. 111053, FHI. 111054, 111770 and 111805 for *Momordica charantia* (Cucurbitaceae), *Ocimum gratissimum* (Labiatae), *Sida acuta* (Malvaceae), *Senna alata* (Cesalpiniaceae) and *Senna podocarpa* (Cesalpiniaceae), respectively.

The plant materials were processed by air-drying, and pulverization before Soxhlet extraction, allowing for a combination of percolation and immersion techniques. Various yields of extracts were obtained from the plants—materials using methanol as solvent. The extracts were filtered and

concentrated *in vitro*, using a rotary evaporator at 4°C.

Microorganisms. Clinical isolates of six common human pathogenic bacteria and three fungi species were included in this study namely *Pseudomonas aeruginosa*, *Bacillus subtilis*, *Staphylococcus aureus*, *Klebsiella oxytoca*, *Proteus vulgaris*, *Enterobacter aerogenes*, *Aspergillus niger*, *A. flavus* and *Candida albicans* (Table 1). These clinical isolates were identified using standard microbiological and biochemical procedures.

Screening for phytochemicals. Qualitative analysis of the methanolic extracts of the plants for phytochemicals such as alkaloids, saponins, tannins, flavonoids, anthraquinone and cardiac glycosides was carried out in accordance with Trease and Evans³² and Harborne³³ with little modification.

Susceptibility testing. The agar diffusion method was used for the antimicrobial susceptibility testing of the plant extracts³⁴. Only 0.2 ml of one in hundred dilutions of a fresh overnight culture of the respective test organisms were seeded into 20 ml of molten Mueller-Hinton agar at 45°C for bacterial species and Saboraud dextrose agar (SDA), for fungal species. These were properly blended while still molten in a universal bottle and poured aseptically into Petri dishes. The plates were allowed to set before using a sterile 6 mm diameter cork borer to bore equidistant wells on the dry agar plates. Various concentrations, ranging between 7.8 to 500 mg/ml of the extracts, were introduced into their respective wells as labelled. For positive control, ciprofloxacin and clotrimazole were placed in their

respective wells. The plates were allowed to stand on the bench for 1 hour to allow for the extracts to diffuse into the agar, before incubation at 37°C for 24 hours for bacterial species and 25°C for 48 hours for fungal species. After incubation, the zones of inhibition were measured with a transparent metre rule.

Determination of minimum inhibitory concentration (MIC). MIC of the extracts was determined by a previous method.³⁵ An aliquot of 1 ml of different concentrations of each extract (500, 250, 125, 62.5, 31.2, 15.6 and 7.8 mg/ml) was added to 19 ml of molten Mueller-Hinton agar. The mixture was properly homogenized before pouring into sterile Petri-dishes. The Petri-dishes were then allowed to set and dried before streaking with an overnight culture of the test organisms. The Petri-dishes were incubated for 24 to 48 hours at 37 °C and 25 °C for bacterial and fungal species, respectively. All the tests were performed in duplicates.

RESULTS AND DISCUSSION

Extraction yield of plants and organisms.

Five plants from various sources (Table 1) belonged to different families were selected based on their traditional usage for the treatment of infectious diseases. Each of the plants was extracted with methanol and gave a percentage yield of 24.6, 45.5, 35.6, 43.7 and 33.0 % w/v for *M. charantia*, *S. podocarpa*, *S. alata*, *S. acuta* and *O. Gratissimum*, respectively. The five plants were investigated against

Table 1. Clinical sources of isolates and diagnosis.

Isolates	Clinical source	Diagnosis
<i>Pseudomonas aeruginosa</i>	Biopsy	Folliculitis
<i>Bacillus subtilis</i>	Wound	Allergy
<i>Staphylococcus aureus</i>	Wound	Cellulitis
<i>Klebsiella oxytoca</i>	Urine	Urethritis
<i>Proteus vulgaris</i>	Stool	Diarrhoea
<i>Enterobacter aerogenes</i>	Urine	Urethritis
<i>Aspergillus niger</i>	Ear discharge	Otomycosis
<i>Aspergillus flavus</i>	Sputum	Pulmonary fibrosis
<i>Candida albicans</i>	Vaginal discharge	Candidiasis

nine clinical isolates, including two Gram-positive bacteria (*Bacillus subtilis* and *Staphylococcus aureus*), four Gram-negative bacteria (*Pseudomonas aeruginosa*, *Klebsiella oxytoca*, *Proteus vulgaris*, and *Enterobacter aerogenes*), and three fungi species (*Aspergillus niger*, *A. flavus*, *Candida albicans*). All

the isolates were identified using standard microbiological and biochemical procedures.

Phytochemical screening. Screening for phytochemicals in the plant extracts revealed the presence of bioactive constituents such as saponins, tannins (polyphenols) and flavonoids in *S. alata* and *S. podocarpa* extracts as shown in Table 2.

Table 2. Screening for phytochemicals in the plant extracts.

S/N	Secondary metabolites	<i>Momordica charantia</i>	<i>Senna podocarpa</i>	<i>Senna alata</i>	<i>Sida acuta</i>	<i>Ocimum gratissimum</i>
1.	Alkaloids	+	-	-	-	+
2.	Anthraquinone	-	-	+	-	-
3.	Saponins	-	+	+	+	+
4.	Tannins	-	+	+	-	-
5.	Cardiac Glycosides	-	-	-	+	-
6.	Cyanogenetic glycosides	-	-	-	-	-
7.	Flavonoids	-	+	+	-	-

Note: + = Present; - = Absent

Antibacterial and antifungal activities of five plant species. The extracts of *M. charantia*, *S. alata*, and *O. gratissimum* exhibited a broad antibacterial and antifungal spectrum against the bacterial and fungal species tested. Extracts of *S. podocarpa*, and *O. gratissimum* only displayed antibacterial activity against *P. aeruginosa* with an MIC value of 31.25 mg/ml each but that of *M. charantia* was active against *P. aeruginosa* and also *B. subtilis*, *S. aureus* and *K. oxytoca* with a MIC values of 31.25, 15.625, 62.5 and 125 mg/ml, respectively. This made *B. subtilis* the most susceptible, while organisms such as *P. vulgaris* and *E. aerogenes* were resistant to the tested plant extracts. However, there was slight activity against the fungal species.

Tannins are generally defined as naturally occurring polyphenolic compounds, which have been implicated in playing an important role in tissue protection for plants³⁶. They are known antioxidants that reduce oxidative damage to cells due to their strong free radicals quenching property³⁷ aside from providing protection from a number of immune/autoimmune, cardiovascular and other diseases.³⁸ In addition, *S. alata* extract also contained

anthraquinones; a chemical group that has been implicated as a purgative and laxative. This result tends to correlate with the local usage of *S. alata* plant species in the treatment of gastrointestinal disorders. *Senna alata* belongs to the family Fabaceae,—which have shown anti-tumors, laxative, emetic, astringent, antipyretic and antioxidant properties.³⁹

S. alata is distributed in many South American countries such as northern Brazil, Colombia, Venezuela, and the Guyanas. The antimicrobial activity of the plants has been linked with the presence of some chemical components such as tannins, saponins, phenols, alkaloids, steroids, flavonoids and carbohydrates.⁴⁰ Chrysophanic acid, which is reported to have activity against skin pathogens have been identified in the leaf of this plant; hence its use in the treatment of skin infections⁴¹. The secondary metabolites that were discovered in *S. acuta* is saponins and cardiac glycosides while *O. gratissimum* contained alkaloids and saponins but alkaloids were the only bioactive constituent that was present in *M. charantia*. These phytochemicals possibly account for the

antimicrobial activity of the plants against some of the tested pathogens.

Our observations are slightly different from those of Costa *et al.*⁴² where phytochemical analysis of the fresh and dried leaves extracts of *M. charantia* showed the presence of flavonoids, alkaloids and tannins that were reported to demonstrate antimicrobial action. Extracts in their study showed significant antimicrobial activity against all bacterial strains tested, especially *Escherichia coli* and *Bacillus cereus*⁴². Omoregbe *et al.*⁴³ had also reported the antimicrobial activity of aqueous, ethanolic and methanolic extracts of *M. charantia* leaves against *E. coli*, *Salmonella paratyphi*, *Shigella dysenteriae*, *Streptomyces griseus* and *Mycobacterium tuberculosis*; organisms different from those used in this study. The activity of *M. charantia* may be due to the presence of alkaloids. Its broad-spectrum antimicrobial activity justifies its use in the treatment of a good number of infections as well as a laxative, and appetite stimulant. It is also used in the treatment of gastrointestinal infections and to lower blood sugar in diabetics. Additionally, it has been found to be effective in the treatment of certain types of cancer and viral infections.⁴⁴

M. charantia, *S. alata*, *O. gratissimum* and *S. acuta* were the only plant extracts that exhibited activity against fungal species with varied degree of MIC values while *S. podocarpa* extract showed activity against bacterial strains only with MIC values of 31.25 mg/ml for *P. aeruginosa* and 500 mg/ml for *S. aureus*. The alkaloids, saponins, tannins (polyphenols) in *S. podocarpa* are suspected to be responsible for the antimicrobial activity of the plant.⁴⁵ Phenolic compounds exist naturally in plants and vegetables and have the ability to scavenge free radicals directly by donating a hydrogen atom and chelate metal ions or indirectly by upregulating antioxidant enzymes through their effects on the pathways of cell-signalling and gene expression.⁴⁶⁻⁴⁸ Pharmacologically, this mechanism might also support the antimicrobial activity of this class of compounds since polyphenols also possess antimicrobial activity.⁴⁹ They are known to form

heavy soluble complexes with protein. Polyphenols react with the protein moiety of the enzyme and cause inhibition of cAMP-dependent protein kinase activity. These substances also attack the bacterial cell wall, binding to it by adhesion and consequently disrupting the availability of receptors on the cell surface. This plausibly explains the observed broad-spectrum activity of this plant extract against the tested organisms. The stereoelectronic effect of the phenyl group is a major contributing factor for antimicrobial activity.⁵⁰

Our observations are in agreement with some previous studies which reported that various plant extracts such as that of *Sideritis ozturk* and *S. caesarea* possesses significant antimicrobial activity⁵¹, while good activity against *S. aureus* was shown for hexane extract of *S. scardica*⁵² With the exception of *S. acuta*, all the plant extracts tested demonstrated impressive anti-bacterial efficacies against Gram-positive strains with MIC values \leq 250mg/ml. In particular, the extract of *M. charantia* against *B. subtilis* showed potent antibacterial activity with a MIC value of 15.625 mg/ml. Similarly, high activity was recorded for the extract of *S. alata* against *S. aureus* with the same MIC value of 15.625 mg/ml. However, it is worthy of note that *S. alata* showed the strongest antifungal activity against fungi species tested with a MIC value of 7.8125 mg/ml. *Senna alata* belongs to the family, Fabaceae. Many species of *Senna* have shown anti-tumor, laxative, emetic, astringent, antipyretic and antioxidant properties.³⁹

The antimicrobial activity of the plant has been linked with the presence of some chemical components such as tannins, saponins, phenols, alkaloids, steroids, flavonoids and carbohydrates.⁴⁰ On the other hand, ciprofloxacin and clotrimazole used as positive control showed preferential activity; whereas ciprofloxacin demonstrated activity against bacteria strains, clotrimazole showed activity against fungi species.

In contrast, the antibacterial activity against Gram-negative bacteria strains were exhibited only by some of the extracts. Results obtained in this study

showed that the Gram-negative strains were more resistant to the plant extracts than the Gram-positive strains. For instance, strains such as *P. vulgaris* and *E. aerogenes* were resistant to *M. charantia* extract at a MIC of 500 mg/ml. Similarly, high resistance was

recorded also for *P. aeruginosa* against *S. alata* and *S. acuta* extracts at MIC of 500 mg/ml. On the contrary, *S. acuta* extract showed activity against *P. vulgaris* and *E. aerogenes* at MIC of 15.625 and 125 mg/ml, respectively.

Table 3. Results of the antimicrobial screening of methanol extracts of plant species.

Extracts	Conc. (mg/ml)	Diameter zone of inhibition (in mm) \pm SEM								
		<i>P. aeruginosa</i>	<i>B. subtilis</i>	<i>S. aureus</i>	<i>K. oxytoca</i>	<i>P. vulgaris</i>	<i>E. aerogenes</i>	<i>C. albicans</i>	<i>A. niger</i>	<i>A. flavus</i>
<i>M. charantia</i>	500	16.5 \pm 0.2	18.2 \pm 0.0	17.1 \pm 0.5	19.2 \pm 0.2	-	-	18.0 \pm 0.5	25.0 \pm 0.4	-
	250	13.2 \pm 0.0	18.0 \pm 0.2	16.0 \pm 0.2	17.1 \pm 0.2	-	-	15.0 \pm 0.2	22.0 \pm 0.2	-
	125	12.3 \pm 0.1	16.7 \pm 0.0	15.2 \pm 0.0	16.4 \pm 0.4	-	-	10.0 \pm 0.0	19.0 \pm 0.2	-
	62.5	10.4 \pm 0.1	14.1 \pm 0.4	10.7 \pm 0.2	-	-	-	-	10.0 \pm 0.2	-
	31.25	10.0 \pm 0.2	13.6 \pm 0.0	-	-	-	-	-	-	-
	15.625	-	12.4 \pm 0.0	-	-	-	-	-	-	-
	7.8125	-	-	-	-	-	-	-	-	-
	500	21.5 \pm 0.4	22.5 \pm 0.2	30.02 \pm 0.4	-	12.0 \pm 0.2	15.6 \pm 0.2	-	-	-
<i>S. podocarpa</i>	250	12.0 \pm 0.2	18.5 \pm 0.3	26.5 \pm 0.2	-	10.0 \pm 0.0	14.2 \pm 0.0	-	-	-
	125	11.0 \pm 0.0	17.0 \pm 0.2	21.0 \pm 0.2	-	-	12.0 \pm 0.0	-	-	-
	62.5	10.0 \pm 0.0	11.0 \pm 0.2	18.5 \pm 0.2	-	-	10.2 \pm 0.0	-	-	-
	31.25	10.0 \pm 0.0	-	15.0 \pm 0.0	-	-	-	-	-	-
	15.625	-	-	-	-	-	-	-	-	-
	7.8125	-	-	-	-	-	-	-	-	-
	500	-	17.9 \pm 0.0	16.3 \pm 0.0	-	16.4 \pm 0.2	14.8 \pm 0.0	40.0 \pm 0.2	74.0 \pm 0.0	69.0 \pm 0.2
	<i>S. alata</i>	250	-	17.0 \pm 0.0	15.7 \pm 0.0	-	15.9 \pm 0.4	14.2 \pm 0.0	30.0 \pm 0.4	50.0 \pm 0.0
125		-	16.5 \pm 0.0	15.2 \pm 0.0	-	14.1 \pm 0.2	13.0 \pm 0.0	26.0 \pm 0.2	40.0 \pm 0.2	44.0 \pm 0.4
62.5		-	15.8 \pm 0.0	14.8 \pm 0.0	-	12.0 \pm 0.0	12.8 \pm 0.0	20.0 \pm 0.2	38.0 \pm 0.2	40.0 \pm 0.2
31.25		-	15.0 \pm 0.0	14.2 \pm 0.0	-	11.8 \pm 0.0	-	18.0 \pm 0.4	36.0 \pm 0.0	30.0 \pm 0.0
15.625		-	-	13.0 \pm 0.0	-	-	-	15.0 \pm 0.2	30.0 \pm 0.0	28.0 \pm 0.2
7.8125		-	-	-	-	-	-	14.0 \pm 0.2	28.0 \pm 0.0	20.0 \pm 0.2
500		15.8 \pm 0.0	15.5 \pm 0.0	10.6 \pm 0.0	14.2 \pm 0.0	-	-	35.0 \pm 0.0	-	38.0 \pm 0.2
<i>O. gratissimum</i>		250	15.6 \pm 0.0	14.9 \pm 0.0	10.0 \pm 0.0	12.8 \pm 0.0	-	-	30.0 \pm 0.0	-
	125	15.0 \pm 0.0	14.2 \pm 0.0	-	12.6 \pm 0.0	-	-	25.0 \pm 0.0	-	26.0 \pm 0.0
	62.5	14.9 \pm 0.0	12.7 \pm 0.0	-	12.0 \pm 0.0	-	-	22.0 \pm 0.0	-	20.0 \pm 0.0
	31.25	14.0 \pm 0.0	-	-	-	-	-	18.0 \pm 0.0	-	15.0 \pm 0.0
	15.625	-	-	-	-	-	-	12.0 \pm 0.0	-	12.0 \pm 0.0
	7.8125	-	-	-	-	-	-	-	-	-
	500	-	-	-	-	17.6 \pm 0.2	15.9 \pm 0.50	-	-	18.1 \pm 0.2
	<i>S. acuta</i>	250	-	-	-	-	17.2 \pm 0.00	15.4 \pm 0.20	-	-
125		-	-	-	-	16.8 \pm 0.3	15.0 \pm 0.00	-	-	10.0 \pm 0.2
62.5		-	-	-	-	15.0 \pm 0.2	-	-	-	-
31.25		-	-	-	-	14.0 \pm 0.0	-	-	-	-
15.625		-	-	-	-	12.0 \pm 0.0	-	-	-	-
7.8125		-	-	-	-	-	-	-	-	-
50		22.0 \pm 0.0	19.0 \pm 0.0	23.0 \pm 0.2	20.0 \pm 0.0	25.0 \pm 0.0	20.0 \pm 0.0	-	-	-
<i>Ciprofloxacin (USP)</i>		25	21.0 \pm 0.0	15.0 \pm 0.0	22.0 \pm 0.0	18.0 \pm 0.0	22.0 \pm 0.0	15.0 \pm 0.0	-	-
	12.5	19.0 \pm 0.1	12.0 \pm 0.0	15.0 \pm 0.0	15.0 \pm 0.0	21.0 \pm 0.0	12.0 \pm 0.0	-	-	-
	6.25	16.0 \pm 0.2	-	12.0 \pm 0.0	12.0 \pm 0.0	20.0 \pm 0.0	10.0 \pm 0.0	-	-	-
	3.125	12.0 \pm 0.2	-	-	-	17.0 \pm 0.0	-	-	-	-
	1.5625	-	-	-	-	12.0 \pm 0.0	-	-	-	-
	50	-	-	-	-	-	-	26.0 \pm 0.0	22.0 \pm 0.0	24.0 \pm 0.0
<i>Clotrimazole (BP)</i>	25	-	-	-	-	-	-	20.0 \pm 0.0	18.0 \pm 0.0	20.0 \pm 0.0
	12.5	-	-	-	-	-	-	18.0 \pm 0.0	12.0 \pm 0.0	18.0 \pm 0.0
	6.25	-	-	-	-	-	-	16.0 \pm 0.0	-	17.0 \pm 0.0
	3.125	-	-	-	-	-	-	14.0 \pm 0.0	-	10.0 \pm 0.0
	1.5625	-	-	-	-	-	-	10.0 \pm 0.0	-	-

Diameter of cork borer = 6mm ; Results are average of duplicate experiments.

Table 4. Minimum inhibitory concentration (mic) of the plant extracts on test organisms.

Extracts	MIC values in mg/ml of the organisms								
	<i>P. aeruginosa</i>	<i>B. subtilis</i>	<i>S. aureus</i>	<i>K. oxytoca</i>	<i>P. vulgaris</i>	<i>E. aerogenes</i>	<i>C. albicans</i>	<i>A. niger</i>	<i>A. flavus</i>
<i>M. charantia</i>	31.25	15.63	62.50	125.00	NA	NA	ND	ND	ND
<i>S. podocarpa</i>	31.25	62.50	31.25	NA	250.00	31.25	ND	ND	ND
<i>S. alata</i>	NA	31.25	15.63	NA	31.25	62.5	ND	ND	ND
<i>O. gratissimum</i>	31.25	62.50	250.00	31.25	NA	NA	ND	ND	ND
<i>S. acuta</i>	NA	NA	NA	NA	15.63	125.00	ND	ND	ND

NA=Not Active; ND=Not determined.

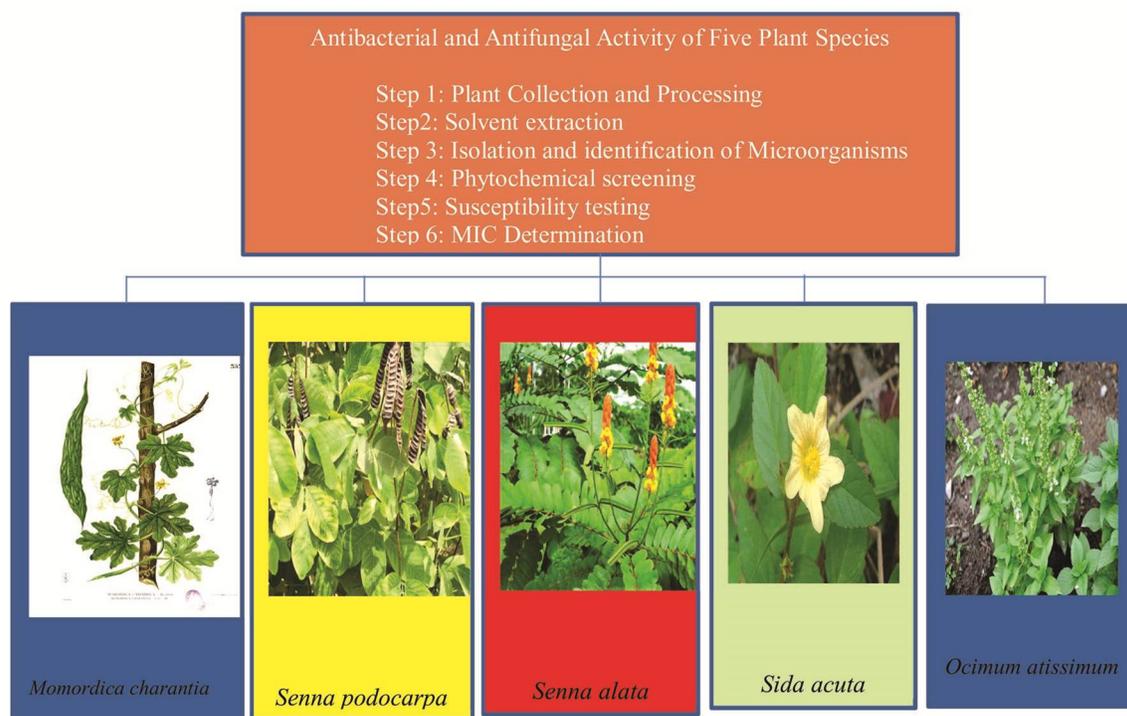


Figure 1. Study steps and pictures of five plant species [55] (pictures used with permission)

Previous studies have also demonstrated that medicinal plant species have great antimicrobial and antifungal activities on common pathogens.^{20,21} Most reports from previous studies used different methods or bacterial species, which plausibly explain the differences observed in our study when compared with the data found in existing literature. Similarly, such contrasting results where they exist might be largely attributed to the different locations where the plants were collected from and the solvent used in the extraction. However, this study has shown that plant derived extracts have antimicrobial effects with the potential to curb current instances of antimicrobial

resistance to orthodox medicines. Consequently, more emphasis should be placed on further investigation of these plants to derive natural sources of antimicrobials, compounds that could potentially replace or augment synthetic antimicrobial agents.^{53,54} Graphical figure 1 shows the stepwise organogram of the study.⁵⁵

CONCLUSION

The findings from this research support the use of these plant species in folk medicine. These are confirmed by the in-vivo antimicrobial studies on the

plant extracts corroborating their usage as part of the treatment for infectious diseases caused by these pathogens. Further research needs to be carried out to isolate and purify the biologically active components from these extracts.

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CONFLICTS OF INTEREST

The authors declare no conflict of interest.

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