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# **EDITORIAL**

# Measuring medical education environment in Bangladesh

Bangladesh is facing many challenges in health care that are similar to other developing countries. Challenges faced by medical education in Bangladesh are mainly pedagogical, structural and policy related.<sup>1-4</sup> High population density, rapid urbanization, aging population, emigration of qualified health care personnel, changing disease pattern, financial constraints, corruption, and inefficiency constantly pressurizes overburdened health care delivery system. This is compounded by a significant shortage and mal-distribution of qualified doctors in the country. It has to be ensured that the medical education meet the highest standards to keep pace with the changing needs of patients and the nation's health care system. In recent years many medical colleges have been established Bangladesh in public (29), semi-public (6) and private (54) sectors, in total 89, for undergraduate course leading to Bachelor of Medicine and Bachelor of Surgery (MBBS) degree in allopathic (modern) medicine.<sup>5</sup> The situation poses the country's medical education environment vulnerable raising a question- 'Is the medical education environment in Bangladesh healthy?'

The medical educational environment is becoming increasingly the focus of research around the world and the literature detailing findings of this research is rapidly growing. The students in a medical institution apart from the formal and informal curriculum become aware of the environment of the education. Whereas the curriculum may remain the same, the environment may change from region to region, from one institution to the other and from academic

year to another academic year. This climate of education can be stressed or relaxed, student-centered or teacher-centered, strict or lenient etc and moulds the students into its own <sup>8-9</sup>

Hutchinson provides a good overview of Educational Environment (ABC of learning and teaching in medicine. 10 Others have also highlighted the importance of understanding the environment for effective management of the learning development and change within the health professions. 11-12 Stimulated by their suggestions for action research, 13 the 50-item Dundee Ready Education Environment Measure (DREEM) developed as an instrument for measuring the Medical Education Environment of medical institutions by the Department of Medical Education at the Dundee University Medical College in Dundee, Scotland. 14 They used a panel of 100 medical educators from around the world. The inventory was validated by over 1000 students world-wide and is now being used widely in order to measure and 'diagnose' undergraduate climates the educational in professions, having been translated into different languages and is currently being used in many countries. 15-16 The DREEM gives a global score (out of 200) for the 50 items, and has five sub-scales relating to Students' Perceptions of Learning; Students Perceptions of Teachers; Students' Academic Self-Perceptions; Students' Perceptions of Atmosphere; Students' Social Self-Perceptions. It has a consistently high reliability and data can be collected and analyzed according to variables such as year of study; gender; courses/attachments.

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Since its inception it has proven to be a valuable instrument, that has been found to be multicultural and generic with consistent reliability and has been invaluable in studies conducted worldwide in profiling the strengths and weaknesses of institutions against a range of variables, including gender, age, course level, mode of entry, ethnicity, learning styles, grade point averages, teaching methodologies, etc.<sup>3</sup>

In Bangladesh, Directorate General Health Services under the Ministry of Health and Family Welfare, Bangladesh, a university and Bangladesh Medical & Dental Council jointly responsible for regulating Medical Education given by the above mentioned public, semi-public and private medical colleges. Studies are needed to measure the educational environment in these institutions. This should allow the stakeholders to take steps in enhancing the environment in order to improve the quality of its product i.e. the medical graduates.

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