

## Antibody Titer and Sex Difference After Recombinant Hepatitis B Vaccination

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### Abstract

Hepatitis B virus infection is an important public health problem with significant morbidity and mortality. Recombinant hepatitis B vaccine for the prevention of hepatitis B virus infection is in practice in different parts of the world since its availability in 1986. Government of Bangladesh has also included hepatitis B vaccine in EPI schedule since 2005. This study was carried out to assess the seroconversion status among hepatitis B vaccinated individuals. A total of 190 individuals including 150 vaccinated persons and 40 non-vaccinated apparently healthy individuals were included as study population. Sources of vaccinated persons were from both EPI and non-EPI schedule of vaccination. Age and sex matched non-vaccinated individuals served as controls for the study. All individuals constituting the study population were screened for HBsAg by Immunochromatographic strip test and only HBsAg-negative persons were included for estimation of their anti-HBs titer. Out of 150 vaccinated individuals, 133(88.67%) were found to have anti-HBs titer in the protective level ( $\geq 10$  IU/L), while 17(11.33%) individuals had anti-HBs titer below the protective level ( $< 10$  IU/L). All non-vaccinated controls had anti-HBs titers below the protective level. Regarding immune response developed among vaccinated individuals, 67.78%, 23.33% and 8.89% were good-responders, hypo-responders and non-responders respectively. Mean titer of anti-HBs was found significantly higher among recipients who received booster dose than those who received 3 doses schedule (863.39 IU/L vs. 262.40 IU/L), indicating high antibody titer develops after booster dose. Vaccinated individuals from lower socioeconomic condition have had comparatively low rate of protective antibody than people from middle and upper classes. Vaccinated group included 85 (56.67%) men and 65 (43.33%) women with protective level of anti-HBs titer found in 85.88% male and 92.31% female individuals. There was no significant difference of anti-HBs titer between male and female ( $p > 0.05$ ).

### Introduction

Viral hepatitis refers to the inflammation of the liver caused by viral agents. Hepatitis B virus infection is one of the most prevalent public health problems worldwide. It is estimated that one third of world population have already been infected with this virus<sup>1</sup>. Globally there are more than 350 million carriers of hepatitis B virus and 0.5 to 1.2 million people die of hepatitis B infection annually<sup>2,3</sup>. The prevalence of HBV infection varies markedly among different geographical regions and chronic HBV infection can be categorized as high, intermediate and low endemicity. The age at the time of infection is associated with the endemicity<sup>4</sup>. In highly endemic areas (carriage rate 8% or more), infection in infancy and childhood accounts for most of the chronic carriage<sup>5</sup>, whereas in moderately endemic areas (carriage rate 2-7%), significant number of infections occur in adolescents and adults<sup>6</sup>. Most developed countries fall under low endemic areas (carrier rate 0.5-2%) and infections mostly found among the adolescents and adults of relatively well defined high risk groups including injectable drug users, homosexuals, health care workers, patients receiving frequent blood transfusions and or on haemodialysis<sup>7</sup>.

Seroprevalence surveys among men and women in both Bangladesh and India were found to be similar in facts and figures in terms of the rate of exposure and chronic carriage<sup>8</sup>. In a community-based surveys carried out in Bangladesh, the carriage rate was found to be 5.7% and 9% among urban and rural male population respectively and slightly lower rates were reported among women in the same locations<sup>9</sup>. Another study conducted in rural Bangladesh showed that overall seroprevalence of HBsAg was 6.4%<sup>10</sup>. Around 3.5% of the pregnant mothers in Bangladesh are reported to be carriers of HBV<sup>11</sup>. Further, 33.3% patients of hepatocellular carcinoma were found HBsAg positive in their sera in Bangladesh<sup>12</sup>. HBV spreads through contact with infected body fluids and human is the only natural host. Blood is the most important vehicle for its transmission but other body fluids including semen and saliva have also been implicated<sup>13,14</sup>. Currently, three modes of HBV transmission have been recognized: perinatal, sexual and parenteral transmission. There is no reliable evidence that airborne infections occur and feces are not a source of infection. HBV is not transmitted by contaminated food or water, insects or other vectors. Two types of vaccine are currently available, one is plasma derived and another is recombinant hepatitis B vaccine. Both of the vaccines were proven to be safe and efficacious in preventing HBV infection. The most licensed recombinant DNA hepatitis vaccine is a product of S gene consists of 226 amino acids. The efficacy of recombinant vaccine is claimed to be more than 95% among children and 90% among normal healthy individual<sup>15</sup>. In 1991, the World Health Organization recommended that hepatitis B vaccination should be included in national immunization program for all countries with a hepatitis B carrier prevalence of 8% or greater by 1995 and in all other countries by 1997.

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The immunity of HB vaccination is directly related to the development of anti-HBs antibodies with a minimum level of 10 IU/L is considered as protective immunity<sup>3</sup>. Most people develop antibody titer >100 IU/L within 6-8 weeks after completing vaccination<sup>16</sup>. Some apparently healthy individual do not show an anti-HBs antibody response or respond poorly to the surface antigen component (HBsAg) and they are labeled as non-responders or hypo-responder with antibody titer <10 IU/L and 10-100 IU/L respectively<sup>17</sup>. It is estimated that about 5-15% of the vaccinees may be non responder<sup>18</sup>. However dose, storage, site and route of administration, male sex, genetic factor, obesity, diabetes, and immunosuppression can all adversely affect the immune response. Post vaccination testing for antibody titer within 1 to 6 months after completion of vaccination series is recommended to detect non-responder or hypo-responder<sup>19</sup>. Although antibody titer declines with time but it should be reasonably  $\geq 10$  IU/L at any time for ensuring immunoprotection among vaccinated individuals<sup>3</sup>. Although the practice of vaccination against HBV has been started in our country for quite a few years but up till now there is no published data regarding the immunity level among the recipients of HB vaccines of different commercial brands available. This present study has been undertaken to evaluate the status of seroconversion by measuring anti-HBs antibody titer among the recipients of recombinant hepatitis B vaccine among both EPI and non-EPI vaccinated individuals after completion of their vaccine schedule.

## Materials And Methods

This was a case control study where study cases included 150 recipients of recombinant HB vaccine of different age and sex who completed their vaccination either in Expanded Program on immunization (EPI) or non-EPI schedule. The study cases were divided into 5 groups designated as A, B, C, D and E. Each group included 30 cases. Groups are as follows.

Group A: EPI vaccinated children within 1 to 6 months of their 3rd dose.

Group B: EPI vaccinated children after 6 months of their 3rd dose.

Group C: Vaccinated adults after 1 month of their 3rd dose.

Group D: Vaccinated adults after 1 month of their booster dose.

Group E: Vaccinated adults after 6 months of their 3rd and booster dose.

Forty apparently healthy non-vaccinated individuals of age and sex match were included as control. Written consent was taken from each case and control or from their legal guardians before venipuncture for blood collection. The persons who were negative for HBsAg screening test were selected as study population. Blood were aseptically collected from both cases and controls. A single sample of 5ml venous blood was collected using disposable syringe and needle from both cases and control after disinfecting the selected venipuncture site with 70% alcohol. Collected blood samples were taken in sterile test tubes and labeled with patient's identification number and date. It was kept upright for half an hour and then centrifuged at 3000 rpm for 10 minutes. After centrifugation, the supernatant serum was pipetted into a labeled eppendorf tube with sterile pipette. All samples were stored at -20°C and transported to the department of Virology, BSMMU, Dhaka

in an ice box. Immunochromatographic tests were done for all 150 cases and 40 controls to detect HBsAg in serum. The lowest protective value was considered as 10 IU/L according to the WHO reference value. Therefore, the kit cut-off value was defined as 10 IU/L. So the test sample with an antibody titer below 10 IU/L was considered as non-responder to hepatitis B vaccination. Antibody titer between 10-100 IU/L was considered as hypo-responder and antibody titer above 100 IU/L was taken as good-responder. Chi square test was used for analysis of data. Mean titer was calculated by Microsoft Excel software. All relevant information of the study population was recorded in a pre-designed data sheet. The study was carried out from July, 2007 to June, 2008. Laboratory works were performed in the department of Microbiology of Rajshahi Medical College, Rajshahi and Virology department of Bangabandhu Sheikh Mujib Medical University (BSMMU), Dhaka, Bangladesh.

## Results

Sera from 150 recipients of recombinant HB vaccine of different age and sex who completed their vaccine either in EPI or non-EPI schedule and 40 apparently healthy non-vaccinated individuals were tested for anti-HBs antibody titer. Table-1 shows the results of anti-HBs titer among the vaccinated and non-vaccinated individuals. Out of 150 vaccinated individuals, 133(88.67%) had their anti-HBs titer in the protective level ( $\geq 10$  IU/L), while 17(11.33%) had anti-HBs titer below the protective level (<10 IU/L). All non-vaccinated individuals (100%) were found to have the anti-HBs titer <10 IU/L.

Table-1: Results of anti-HBs titer among vaccinated and non-vaccinated individuals

Study population	Anti-HBs titer (IU/L)		Total
	Protective ( $\geq 10$ IU/L)	Non-Protective (<10 IU/L)	
Vaccinated	133(88.67%)	17(11.33%)	150
Non-vaccinated	0(00.00%)	40(100.00%)	40
Total	133	57	190

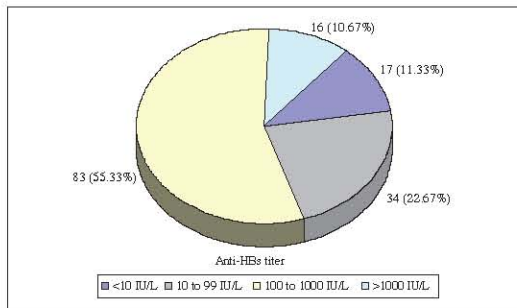
Table-2 shows the anti-HBs response among the vaccinees in terms of good-responder, hypo-responder and non-responder within 1 to 6 months of their vaccination schedule. Out of 90 vaccinees, 8(8.89%) were non-responders (anti-HBs level <10 IU/L), 21(23.33%) were hypo-responders (anti-HBs level between 10-100 IU/L) and 61(67.78%) were good-responders (anti-HBs level >100 IU/L).

Table-2: Distribution of good, hypo and non-responders among the vaccinees

Participants	Anti-HBs titer (IU/L)		
	Non-responder (<10 IU/L)	Responder	
		Hypo-responder (10-100 IU/L)	Good-responder (>100 IU/L)
Group A (n=30)	05(16.67%)	06(20.00%)	19 (63.33%)
Group C (n=30)	02(6.67%)	15(50.00%)	13 (43.33%)
Group D (n=30)	01(3.33%)	00(00.00%)	29(96.67%)
Total	8(8.89%)	21(23.33%)	61(67.78%)

Figure-1 shows anti-HBs titer among the vaccinated individuals. Out of 150 vaccinated individuals, anti-HBs titer in 17 (11.33%) individuals were with less than 10 IU/L, 34 (22.67%) had titer between 10-99 IU/L, 83 (55.33%) had titer between 100-1000 IU/L and 16 (10.67%) individuals had the titer over 1000 IU/L.

Figure-1: Anti-HBs response among the vaccinated individuals (n=150)



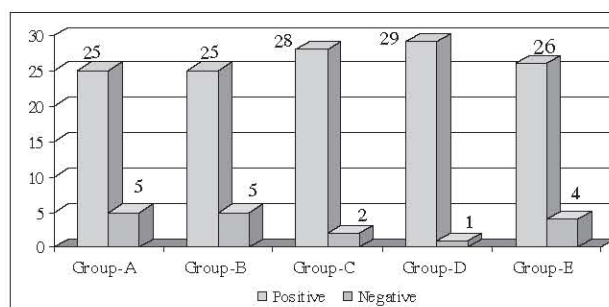
Gender wise comparison of the anti-HBs response after vaccination is shown in Table-3. Among the 85 male vaccinees, protective level of anti-HBs ( $\geq 10$  IU/L) was detected in 73(85.88%) individuals, while out of 65 female vaccinees; protective level of anti-HBs was found in 60(92.31%) individuals. Difference in antibody response between males and females was not statistically significant ( $p > 0.05$ ).

Table-3: Anti-HBs response among the male and female vaccinees

Sex	Number	Anti-HBs titer (IU/L)		Significance
		Protective ( $\geq 10$ IU/L)	Non-Protective (<10 IU/L)	
Male	85	73(85.88%)	12(14.12%)	P>0.05
Female	65	60(92.31%)	05(07.69%)	
Total	150	133(88.67%)	17(11.33%)	

Figure 2. Anti-HBs response among the different groups of vaccinated individuals was in. Each group comprised 30 individuals.

Figure-2: Anti-HBs response among the vaccinated individuals of different groups



Group A: EPI vaccinated children within 1 to 6 months of their 3rd dose.

Group B: EPI vaccinated children after 6 months of their 3rd

dose

Group C: Vaccinated adults after 1month of their 3rd dose

Group D: Vaccinated adults after 1 month of their booster dose

Group E: Vaccinated adults after 6 months of their 3rd and booster dose.

## Discussion

HBV infection is a significant health problem around the world; fortunately it is one of the oncoviruses that is vaccine preventable. HB vaccine induces anti-HBs response which can prevent HBV infection. Prevention of primary infection by vaccination is an important strategy to decrease the risk of chronic HBV infection and its subsequent complications. Studies have shown that childhood vaccination significantly reduced the rate of chronic HBV infection<sup>20</sup>. Both inactivated plasma derived vaccine and DNA recombinant vaccines are proven to be safe and efficacious. The efficacy of the recombinant vaccine is claimed to be around 95% among children and 90% among adults<sup>15</sup>. The effectiveness of vaccine has been demonstrated by observing the good humoral immune response in many countries since their implementation in EPI program and for other high risk groups<sup>21,22</sup>. Those studies were based on the development of anti-HBs titer, the protective limit of which is  $\geq 10$  IU/L, as accepted and recommended by WHO<sup>23</sup>. Further, those studies were carried out to find out the relation of anti-HBs response to age, dose, body weight, obesity, genetic factor, past HBV infection, immunodeficiency disorder, immunosuppression, cold chain factors etc. and how to improve overall immune status for successful elimination of HBV infection. The present study was designed to assess the seroconversion status by measuring the anti-HBs titer among the individuals of different age and sex, vaccinated in both EPI and non-EPI schedule. A total of 190 individuals comprising 150 vaccinated and 40 non-vaccinated persons were enrolled in this study. Vaccinated 150 individuals were divided into five groups, designated as A, B, C, D and E with each group included 30 persons. While the non-vaccinated individuals served as control for this study. In order to see the immuno-protection offered by the vaccine and to detect good responders, hypo responders and non-responders to HB vaccine, serum anti-HBs titer was measured for individuals from group A, C and D where samples were taken within one to six months of completion of their vaccination schedule. On the other hand, serum samples from group B and E were tested after six months post vaccination to see the anti-HBs titer at different time interval for ensuring immuno-protection.

Out of 150 vaccinated persons, who received 3 doses or booster doses of Hepatitis B vaccine, 133 developed seroconversion with protective level of immunity in the current study. The overall sero-protectivity rate (anti-HBs titer  $\geq 10$  IU/L) among the vaccinated individuals was found to be 88.67%, while all 40 non-vaccinated individuals who served as controls in the present study had anti-HBs titer below the protective level (<10 IU/L) (Table-1). Two separate studies conducted in South Africa and Brazil reported the antibody response among the HB vaccinated individuals as 86.80% and 90.00% respectively<sup>24,25</sup>. Further, a study conducted in Bangladesh among EPI-vaccinated children, the rate of sero-protectivity was found to be

seroconversion after HB vaccine is concerned, the results of the present study are well consistent with that of others. In the present study, among 90 vaccinated individuals (sample collected within 1 to 6 months after completion of vaccination series), 61(67.78%) were good responders, 21(23.33%) were hypo-responders and 08(8.89%) were non-responders respectively (Table-2). Several studies have documented the percentage of non-responder between 11.9% and 21% among the vaccinees in the different parts of the world<sup>27,28</sup>. The percentage of non-responder in this study is well consistent with other studies. Several studies have found serologic evidence of HBV protection for more than 10 years in 70% to 80% of those who were vaccinated<sup>29</sup>. What will happen in future to these persons shown to have protective immunity now is an unresolved issue without subsequent follow-up. Thus only long term follow up for vaccinated persons can predict their ultimate immune status. There has been no significant difference in the anti-HBs response between male and female vaccinees ( $P>0.05$ ) in the present study (Table-3). Sex related difference in immune response was not also observed in other studies<sup>24,41</sup>. So it is generally assumed that sex does not influence the humoral immune response against HB vaccination.

The present study recorded 11.33% vaccinated individuals having anti-HBs antibody titer below the protective level (Table-1).

In fact, immune response depends upon a number of both host and immunogen factors. In this relation dose is an important factor affecting the anti-HBs response. Several studies have showed that the geometric mean titer induced by 10 and 20 microgram doses do not vary between plasma derived and recombinant hepatitis B vaccines. But 10 and 20 microgram doses of recombinant B vaccine induce higher antibody titer than 2 and 5 microgram doses of the same<sup>31</sup>. In this study, children and adult received a recommended dose of 10 and 20 microgram of recombinant HB vaccine respectively and the satisfactory rate of seroconversion can be correlated with the optimum dose. Like optimum dose, route i.e. the site of inoculation is also very important for adequate immune response. Vaccine given to buttock or intradermally resulted in low antibody titer than intramuscular injection into deltoid region for the adults or outer aspect of thigh in case of children<sup>32,33</sup>. In this study, adults were given HB vaccine intramuscularly in their deltoid muscle while children received intramuscularly at the outer aspect of the thigh. These correct sites of vaccinations can also be correlated with good immunity noted in the current study. Further, the effectiveness of vaccine also depends upon proper maintenance of 'cold chain'. Hepatitis B vaccine should be stored at 2 to 8 degree Celsius to maintain its potency. The vaccines that were received by people in this study were maintained in proper cold chain. So it is assumed that maintenance of proper cold chain in this study is also a contributing factor for satisfactory immune response among vaccinees. It is also mention worthy that, all relevant history and clinical observations were noted for each of the study cases into data sheet and these records also do not indicate any factor grossly associated that can adversely affect the immune response.

The protective immunity of HB vaccine is directly related to

the development of anti-HBs titer with a minimum level of 10 IU/L is considered as protective level<sup>3</sup>. On the basis of immune response (anti-HBs titer) to HB vaccine that develops within one to six months after completion of vaccine schedule, vaccinated individuals are categorized into good-responder (titer>100 IU/L), hypo-responder (titer between 10-100 IU/L) and non-responder (titer<10 IU/L)<sup>17</sup>. Both good and hypo responder are protected against HBV infection but non-responder remains susceptible to HBV infection. Non-responders to HB vaccine can be due to both host factors and vaccine itself. Factors affecting the efficacy of vaccine are more or less ruled out in this study, but host factors other than immunosuppression which has been ruled out can be genetic one that may affect the antibody response. Certain HLA types are found among the non-responders. These are DR3, DR7, DR14 alleles especially when they are present on the extended haplotypes HLA B8-DR3-SCo1, HLA B44-DR7-FC31 and HLA Bw54-DR4-DQW4<sup>34,35,36</sup>. This genetic evaluation for non-responders was beyond the scope of this study. It is already stated that, to label a vaccinated person as non-responder, anti-HBs titer has to be determined within 1 to 6 months after completing the vaccination schedule. Out of total 17 persons found to have anti-HBs titer below protective level in this study, 9 individuals from group B and E had no post vaccination testing for labeling them as non-responders. So it is difficult to comment whether these persons were non-responder from the beginning of their vaccination or they responded initially but later on the anti-HBs titer waned off to protective level.

HBV is moderately endemic in countries like Bangladesh. Therefore immunization of infants and high risk groups is an important strategy to prevent HBV infection and to reduce the burden of chronic HBV infection. If standard vaccination practices are followed, most individuals will mount an anti-HBs response which is sufficient to prevent HBV infection<sup>37</sup>. The current study demonstrates that the over all seroconversion rate after 3 doses and booster doses of hepatitis B vaccination in both EPI and non-EPI schedule is efficacious up to 88.67%. The 11.33% those who showed anti-HBs titer below the protective level in the present study may be due reasons incurred by both host factors and vaccine itself. Persistence of protective immunity is a vital issue for any vaccine. Some persons vaccinated as infants against respiratory diseases that are more easily transmissible, such as measles, mumps, or pertussis, have been shown to lose protection from infection during adolescence, leading to recommendations for booster dose of these vaccines during adolescence<sup>38,39</sup>. If the immunity engendered by hepatitis B vaccine wanes in older adolescents, young adults and high risk groups, then HBV infection could occur in adolescents and adulthood. In fact, scientists engaged in research with HB vaccination and immunity is clearly in two schools of thought. One group strongly believes that, routine booster dose is unnecessary as immunologic memory is sufficient to prevent HBV infection among the vaccinee. While others believe that, it is better to give them a booster dose that will cause not only a boosting effect in previously responder but also may induce an immune response among a majority of non-responders shown in different parts of the world. Further, as far as the spacing between 3 doses of vaccine is concerned, the present

recommendation is that there should be at least 2 months interval between the 2nd and the 3rd dose in order to achieve the adequate immune response<sup>40</sup>. Many countries are also practicing this recommended interval in their EPI schedule. It revealed that mean titer is significantly higher in booster dose than in 3 doses recipients<sup>41</sup>. Although literature suggests that protective immunity can be achieved by 3 doses of HB vaccine but booster dose definitely enhance immune response and it is recommended specially for persons labeled as non-responders after completion of their initial vaccination schedule. There was no significant difference of anti-HBs titer between male and female. It is recommended that, all high risk groups and prospective mothers should receive HB vaccine in order to achieve the commendable success in HB vaccination for a moderately endemic country like Bangladesh.

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